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Medicine : Public Health

Truswell, A. Stewart

Cholesterol and Beyond

The Research on Diet and Coronary Heart Disease 1900-2000

- **It describes all the evidence-based research on diet and coronary heart disease from 1900-2000. It is unique. It is both a part of medical history and a narrative review. The author, a physician, has had extensive involvement with research on different dietary components and plasma cholesterol. The book is easy to read and unbiased. It is not pushing any particular diet or theory.**

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