



2015, XV, 153 p. 9 illus.

Printed book

Softcover

54,99 € | £49.99 | \$69.99

^[1]58,84 € (D) | 60,49 € (A) | CHF

60,50

eBook

44,02 € | £39.99 | \$54.99

^[2]44,02 € (D) | 44,02 € (A) | CHF

48,00

Available from your library or

springer.com/shop

MyCopy ^[3]

Printed eBook for just

€ | \$ 24.99

springer.com/mycopy

Carmen Knudson-Martin, Melissa A. Wells, Sarah K. Samman (Eds.)

Socio-Emotional Relationship Therapy

Bridging Emotion, Societal Context, and Couple Interaction

Series: AFTA SpringerBriefs in Family Therapy

- Presents a new, sociocultural-focused model of relationship therapy
- Places relationship quality at the center of therapy
- Uses real case examples to analyze current trends in relationships
- Examines the implications of gender and gender roles in relationships and relationship therapy

This path-breaking volume introduces Socio-Emotional Relationship Therapy for clinical work with troubled couples. Practice-focused and engaging, it integrates real-world knowledge of the intersections of gender, culture, power, and identity in relationships with empirical findings on the neurobiology of attraction. Case examples detail the process of therapists in the moment as they develop both their clinical skills and their understanding of the social contexts fueling couples' difficulties. Applications of the method, which can be used with same-sex couples as well as heterosexual ones, are shown in addressing infidelity, tapping into partners' spirituality, and modeling and encouraging mutual respect and support. Among the topics covered: Undoing gendered power in heterosexual couple relationships. Interpersonal neurobiology, couples, and the societal context. How gender discourses hijack couple therapy—and how it can be avoided. How SERT therapists develop interventions that address the larger context. Building a circle of care in same-sex couple relationships. Couple therapy with adult survivors of child abuse: gender, power, and trust. Socio-Emotional Relationship Therapy opens out practical new possibilities for marriage and family therapists, clinical psychologists, social workers, and counselors seeking ideas for more meaningful couples work.

Lifelong 40% discount for authors



Order online at springer.com / or for the Americas call (toll free) 1-800-SPRINGER / or email us at: customerservice@springernature.com. / For outside the Americas call +49 (0) 6221-345-4301 / or email us at: customerservice@springernature.com.

The first € price and the £ and \$ price are net prices, subject to local VAT. Prices indicated with [1] include VAT for books; the €(D) includes 7% for Germany, the €(A) includes 10% for Austria. Prices indicated with [2] include VAT for electronic products; 19% for Germany, 20% for Austria. All prices exclusive of carriage charges. Prices and other details are subject to change without notice. All errors and omissions excepted. [3] No discount for MyCopy.