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Hall, Gregory L.

Patient-Centered Clinical Care for African Americans

A Concise, Evidence-Based Guide to Important Differences and Better Outcomes

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This title is an easy-to-read guide outlining specific differences in communication, clinical therapies, medications, protocols, and other critical approaches to the care of African Americans. The book discusses a wide range of disorders impacting African Americans and takes a comprehensive and evidence-based approach to the clinical support of providers that see African American patients. Recording the worst medical outcomes of any racial/ethnic group in America, African Americans have the highest mortality, longest hospital length of stay, worst compliance with medications and referrals, and the lowest trust of the healthcare system. Indeed, there are countless well-designed studies that validate verified differences in the clinical care of a number of pervasive diseases in African Americans, including hypertension, heart disease, kidney disease, obesity, cancer, and more. Despite the widespread acknowledgement of the existence of health disparities among racial/ethnic groups, the overall outcomes for African Americans are still the most shocking. From high infant mortality to death by almost any cause, African Americans have the worst data of any other racial or ethnic group. Patient-Centered Clinical Care for African Americans, a highly practical and first-of-its-kind title, illuminates these alarming issues and represents a major contribution to the clinical literature. It will be of significant interest to all physicians, clinicians, and allied health personnel.

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