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Frailty and Sarcopenia in Cirrhosis

The Basics, the Challenges, and the Future

- One of the first dedicated texts on this emerging area of study in cirrhosis
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This book provides a concise yet comprehensive overview of frailty and sarcopenia in the cirrhotic patient. The text presents a personalized approach to identifying cirrhotic patients at risk of higher morbidity and mortality due to frailty and sarcopenia. It reviews current and novel diagnostic methods, while spotlighting treatment and management strategies for frailty and sarcopenia. The book also focuses on special issues associated with these syndromes, such as the effect of gender, age, and ethnicity on frailty and sarcopenia, sarcopenic obesity, and frailty and sarcopenia after liver transplantation. Future considerations are outlined in the closing chapters, including emerging pharmacological and interventional therapies for these syndromes. Written by experts in the field, *Frailty and Sarcopenia in Cirrhosis: The Basics, the Challenges, and the Future* is a valuable resource for clinicians and practitioners who treat patients with cirrhosis.

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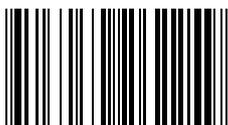
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