



Yamikani Ndasauka, Grivas Muchineripi Kayange (Eds.)

Addiction in South and East Africa

Interdisciplinary Approaches

- **Draws on interdisciplinary research to propose specific solutions to combat substance abuse and related concerns**
- **Includes a consideration of recent issues related to substance abuse, such as unemployment and illness**
- **Refuses to work from assumptions about drug and alcohol use in East Africa and instead pursues an unbiased examination of existing research**

This book explores both the existence and prevalence of addiction in South and East Africa, departing from traditional assumptions about addiction in the region. The authors employ an interdisciplinary approach to understand the actual prevalence of addiction and the forms it takes in South and East Africa. The book also addresses the perceptions and conceptualisation of addiction in the region, in addition to discussing specific issues related to drug and alcohol abuse and addiction, social media addiction, and sex addiction.

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