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Amanda Sheffield Morris, Amy C. Williamson (Eds.)

# Building Early Social and Emotional Relationships with Infants and Toddlers

Integrating Research and Practice

- Synthesizes research on infant attachment, family relationships, caregiving practices, and social-emotional development
- Presents an integrated theory of building early relationships across disciplines, including psychology, education, family studies, and pediatrics
- Focuses on specific developmental periods from birth through three years
- Examines intervention and prevention programs focused on building early relationships

This book provides a comprehensive overview of the process of building healthy early social and emotional relationships with infants from a developmental perspective. The book synthesizes current research on the contextual influences of attachment, family relationships, and caregiving practices on social-emotional development. Chapters examine the processes of socioemotional development—particularly in relationships with parents, other family members, and peers—and identify areas for promoting healthy attachments and resilience, improving caregiving skills, and intervening in traumatic and stressful situations. Chapters also present empirically-supported intervention and prevention programs focused on building early relationships from birth through three years of age. The book concludes with future directions for supporting infant mental health and its vital importance as a component of research, clinical and educational practice, and child and family policy. Topics featured in this book include: The effect of prenatal and neonatal attachment on social and emotional development. The impact of primary relationships and early experiences in toddlerhood.

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