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Pradeep Kumar Misra

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This book provides a comprehensive and balanced description of learning and teaching by connecting it to secondary and higher education teachers' experiences and practices in day-to-day life. Woven around research conducted by educationists, psychologists, and practitioners around the globe, this book presents key concepts and addresses significant discussions and concerns with regard to learning and teaching in the present age. Seeking to help teachers understand learners' learning needs, preferences, and styles and manage their teaching plans, priorities, and practices accordingly, it details the main ideas and emerging practices related to learning and teaching in a very easy to 'read, understand, and practice' way. The first five chapters approach learning from different perspectives, while the next six explain in detail how to practice teaching to maximize learning outcomes. Combining the traditional textbook-style approach of content description with a self-learning approach based on various real-world situations and activities related to both learning and teaching, this textbook is particularly valuable for teachers in school education, higher education, and teacher education. This book is also an essential resource for fulfilling teachers' continuing professional development requirements. Although intended for teachers worldwide, the book especially helps teachers in South Asian countries to improve learning outcomes in their classrooms and, subsequently, the quality of their education systems.

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