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# Behavioral Diabetes

## Social Ecological Perspectives for Pediatric and Adult Populations

- **Comprehensively reviews behavioral factors in diabetes prevention and management**
- **Uniquely utilizes an ecological framework and takes a lifespan perspective**
- **Boasts chapters written by prominent and international psychologists and physicians, with several international authors**

This book presents an up-to-date review of behavioral factors in diabetes management across the lifespan: an update on medical management, epidemiology, and prognosis, and utilize an ecological framework to address various aspects of diabetes management for children and adults on the individual, social, community and medical system, and policy levels. The individual level examines biobehavioral and neuroendocrine factors for their role in the etiology of diabetes, as well as various demographic factors involved in health disparities, and specific psychological issues including distress and quality of life, depression and anxiety, eating disorders, and intervention approaches. Zooming out, the social level addresses the role of social support and family influences as well as group and family interventions to promote more effective diabetes management. The community level addresses medical system factors including the patient-physician relationship and transition programs, as well as community and school-based prevention programs. Finally, chapters also address how the policy level impacts diabetes management considering the role of health care, insurance, and school and workplace policy. Topics featured in this book include: Neuroendocrine and biobehavioral influences on diabetes Eating disorders in individuals with diabetes Family influences and family therapies for children and adults with diabetes Depression and anxiety in children and adults with diabetes Behavioral Diabetes is a must-have resource for researchers, graduate students and fellows, as well as clinicians, therapists, and other practitioners involved in diabetes management across the lifespan. A secondary audience comprises individuals working in the community and policy levels, including but not limited to health care and medical systems administrators, as well as school and workplace policymakers. "This book is a comprehensive overview of the extremely important topic of behavioral diabetes."

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