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Professional book

Medicine : Geriatric Care

Boggatz, Thomas

Quality of Life and Person-Centered Care for Older People

- Relates available evidence from qualitative research to current gerontological theories to provide evidence-based guidelines for the person-centred care of ageing adults
- Offers a valuable guide for all practicing nurses, student nurses and healthcare professionals working with older adults
- Illustrates the need for person-centred care in various professional care settings from health promotion to palliative care
- Written by a respected expert in the field

This book explores the meaning of quality of life in care for older persons and introduces the reader to their main concerns when receiving care. Based on qualitative research, it pays particular attention to the needs and requirements of older people, considering their individual family situations, social circumstances, values and lifestyles. Person-centred care is a way of providing nursing care that puts older people and their families at the core of all decisions, seeing each person as an individual, and working together to develop appropriate solutions. Following an introduction to the concept of quality of life in old age, the book reviews essential findings from worldwide research into the experiences of older people with regard to nursing care and the impact of these experiences on their quality of life. It investigates health promotion, care provided in nursing homes and assisted living facilities, and palliative care. Each chapter includes a brief introduction to the respective field of nursing care and the problems it has to deal with, concluding with a discussion of their implications for nursing practice in the respective field of care. In closing, the evidence from qualitative research is discussed in relation to current gerontological theories.

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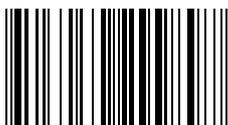
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