Sleep and Biological Rhythms
Editor-in-Chief: K. Chin

► The official English journal of the Japanese Society of Sleep Research
► Publishes original research articles dealing with sleep and wakefulness, including biological rhythms
► Basic science, medicine and social science relating to sleep and/or biological rhythms will be considered for publication

Sleep and Biological Rhythms is a quarterly peer-reviewed publication dealing with medical treatments relating to sleep. The journal publishes original articles, short papers, commentaries and the occasional reviews. In scope the journal covers mechanisms of sleep and wakefulness from the ranging perspectives of basic science, medicine, dentistry, pharmacology, psychology, engineering, public health and related branches of the social sciences.

Impact Factor: 0.655 (2017), Journal Citation Reports®

On the homepage of Sleep and Biological Rhythms at springer.com you can
► Sign up for our Table of Contents Alerts
► Get to know the complete Editorial Board
► Find submission information