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- Embraces a holistic approach to human nutrition, considering population and public health and clinical contexts, as well as links between eating patterns and the environment.
- Focuses on rigor of methods used for assessment of nutrition and dietary exposures and outcomes.
- Considers study protocols for controlled trials and cohort studies, and welcomes research taking advantage of natural experiments.

Nutrition Journal provides a global platform to disseminate innovative surveillance, epidemiologic, and intervention research relevant to human nutrition. Embracing a holistic approach, the journal considers population and public health as well as clinical contexts, methodologic advances to improve measures used in nutrition research (e.g., for assessing intake), study protocols, and studies shedding light on links between eating patterns and the environment.

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