Sleep and Breathing

International Journal of the Science and Practice of Sleep Medicine

Editors-in-Chief: A.H. Eliasson; Th. Penzel

► Reflects the state of the art in the international science and practice of sleep medicine
► Official Journal of the Australasian Academy of Dental Sleep Medicine (AustADSM), the European Academy of Dental Sleep Medicine (EADSM), the Japanese Academy of Dental Sleep Medicine (JADSM), and Korean Academy of Dental Sleep Medicine (KADSM)
► Presents well-chosen, well-written, and highly organized information that is useful in patient care
► 100% of authors who answered a survey reported that they would definitely publish or probably publish in the journal again

Sleep and Breathing reflects the international state of the science and practice of sleep medicine. The journal is founded on the recognition that management of sleep disorders requires a multi-disciplinary approach and diverse perspectives. Sleep and Breathing presents timely and original peer-reviewed studies on the management of the upper airway during sleep.

The journal presents cutting edge information on common sleep disorders and disruptions, including insomnia and shift work. Coverage includes patient studies, and studies that emphasize the principles of physiology and pathophysiology or illustrate novel approaches to diagnosis and treatment. In addition, the journal features articles describing patient-oriented and cost-benefit health outcomes research. It is dedicated to making the most important developments in sleep disordered breathing easily accessible to all who treat sleep apnea, presenting well-chosen, well-written, and highly organized information that is useful in patient care.

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