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**Contents**

Child and School Psychology .......................................................... 2  
Emotion Regulation ............................................................................ 7  
Clinical Psychology ........................................................................... 8  
Series in Anxiety and Related Disorders ........................................ 12  
Law and Psychology .......................................................................... 13  
International and Cultural Psychology ........................................... 14  
History of Psychology ....................................................................... 15  
Health and Behavior ......................................................................... 17  
Springer Journals in Psychology ..................................................... 21  

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Identifying, Assessing, and Treating Autism at School

Stephen E. Brock, California State University, Lodi, CA, U.S.A.; Shane R. Jimerson, University of California, Santa Barbara, CA, U.S.A.; Robin L. Hansen, University of California, Sacramento, CA, U.S.A.

As the rate of autism diagnosis continues to escalate, awareness and recognition of this developmental brain disorder – as well as a demand for services – are also mushrooming. Consequently, a broad cross-section of professionals and parents are searching for the means and methods by which to identify and address the wide-ranging educational needs of the children with autism spectrum disorder. Identifying, Assessing, and Treating Autism at School provides a one-stop resource that enables school psychologists to coordinate efforts between students and parents as well as other educators, administrators, and social services providers to determine which interventions are likely to be most effective in meeting the unique needs of children with autism. This volume, designed as a practical, easy-to-use reference for school psychologists and other educational professionals:

- Makes the case for why school psychologists and their colleagues need to be more prepared, willing, and able to identify and serve students with autism.
- Identifies the causes, prevalence, and associated conditions of autism spectrum disorders.
- Provides a review of screening, referral, and diagnostic assessment processes.
- Offers much-needed guidance on conducting psychoeducational assessments.
- Reviews appropriate treatments for students with autism.

From the reviews ► This book is an invaluable resource not only for school psychologists but for other professionals and parents as well. It provides an excellent overview of the assessment and treatment of autism and related disorders and outlines with impressive clarity the interventions that can be provided for students with autism in schools. ► Robert B. Brooks, Harvard Medical School, Co-author of Raising Resilient Children

ISBN 0-387-29601-8 ► $39.95

Handbook of Resilience in Children

Sam Goldstein, Neurology, Learning and Behavior Center, University of Utah School of Medicine, Salt Lake City, UT, USA; Robert B. Brooks, Harvard Medical School, Boston, MA, and McLean Hospital, USA (Eds.)

NOW IN SOFTCOVER—Even the most significant technological and medical advances of the 21st century have been tempered by the increasing risk posed to children in the form of such stressors as poverty, victimization, and family dysfunction. To overcome such challenging societal pressures, children must become skilled in navigating through these turbulent times.

To help children overcome the everyday obstacles they face, the Handbook of Resilience in Children gathers into one volume the current scientific theory, clinical guidelines, and real-world interventions to address such issues as:

- The role of resilience in overcoming trauma, adversity, and abuse.
- The relationship between resilience and other protective factors.
- Resilience differences between boys and girls.
- Measuring and evaluating resilience in clinical practice.

From the reviews ► The Handbook of Resilience in Children provides a range of research perspectives and recommendations that can be very helpful to mental health professionals, researchers, and clinicians. Most important, the focus on resilience rather than pathology is welcome and useful. ► James P. Comer, M.D., Associate Dean, Maurice Falk Professor of Child Psychiatry, Yale Child Study Center, School of Medicine

Drs. Brooks and Goldstein have gathered several of the prime movers in the fields of psychology, education, and social work... the result is a comprehensive, detailed, transdisciplinary examination of the impact of resiliency as well as specific strategies to foster this crucial trait in children and youth. ► Richard D. Lavoie, M.A., M.Ed., Visiting Professor, Simmons College, Author of It’s So Much Work to Be Your Friend

2006. XX, 416 p. Softcover
ISBN 0-387-30333-2 ► $49.95
Handbook of Intellectual and Developmental Disabilities

John W. Jacobson*, NYS Office of Mental Retardation and Developmental Disabilities, Albany, NY *(deceased); James A. Mulick, The Ohio State University, Columbus, OH, U.S.A.; Johannes Rojahn, George Mason University, Fairfax, VA, U.S.A. (Eds.)

Clinicians, academics, administrators, and a variety of mental health providers alike need easy-to-access, reliable information that enables them to stay abreast of the numerous advances in research, assessment, treatment, and service delivery within a real-world sociopolitical framework. The Handbook of Intellectual and Developmental Disabilities is an essential resource for any professional who works with this vulnerable population. This volume examines in detail the numerous advances in the field. Its contributors comprise a panel of the leading scientist-clinicians, who offer much-needed insight and guidance into ongoing improvements in theory and practice as well as intervention and prevention. For example, the handbook:

- Opens with chapters that offer a comprehensive review of current definitions, classifications, etiology, and findings on the most prevalent conditions, including cerebral palsy, pediatric brain injury, genetic syndromes, and autism spectrum disorder.
- Provides a survey of psychological and educational service delivery systems available to people with intellectual disabilities – for example, several chapters focus on explaining how agencies work, the politics of service delivery, residential versus day treatment, and program evaluation.
- Offers a wide range of assessment and diagnostic tools and tactics, including cognitive and adaptive behavior assessments, assessing for psychopathology, developmental screening, family assessment, and forensic applications.
- Reviews the latest evidence-based prevention and intervention strategies, from social skills training to self-harm reduction to pharmacotherapy.
- Concludes with insightful chapters on the ethical issues social acceptance and advocacy.

The Handbook of Intellectual and Developmental Disabilities makes clear the far-reaching impact these disorders have on individuals, their families, and society in general. For clinicians, researchers, and advanced-level graduate students, this volume is a must-have resource and reference.

ISBN 0-387-32930-7 ➔ $89.95

Interpersonal Violence in the African-American Community

Evidence-Based Prevention and Treatment Practices


The prevalence of violence reported for the African-American community continues to pose a significant concern to society as a whole and, in particular, to those charged with reducing it. Interpersonal Violence in the African-American Community: Evidence-Based Prevention and Treatment Practices both challenges existing stereotypes of African Americans and offers concrete, state-of-the-art advice on approaches that are currently – or may soon prove to be – effective with African-American populations. The contributors offer unique insights gained through their extensive individual experiences in family violence prevention and intervention within the African-American community as well as their backgrounds in writing, teaching, training, and researching in this area. Their chapters expand the knowledge base on such topics as the:

- Most useful and appropriate assessment tools for preventing violence in this community
- Developmental effects of the child welfare system on African-American youth
- Salient aspects of the extended family on African Americans, including grandparents acting as surrogate parents
- Strengths and limitations of African-American churches in curbing domestic violence
- Effective use of spirituality in interventions
- Guidelines for evaluating prevention and intervention programs

Interpersonal Violence in the African-American Community is essential reading in a variety of professional and clinical settings – as well as graduate-level study – including social work, clinical child, school, and developmental psychology, couples and family therapy, shelters, and victim assistance programs.

ISBN 0-387-29597-6 ➔ $69.95
Mobilizing Adults for Positive Youth Development

Strategies for Closing the Gap between Beliefs and Behaviors

E. Gil Clary, College of St. Catherine, St. Paul, MN, USA; Jean E. Rhodes, University of Massachusetts, Boston, MA, USA (Eds.)

In today’s fast-paced, often-dehumanizing world, increasing positive adult involvement and influence is particularly vital. To further that goal, Mobilizing Adults for Positive Youth Development: Strategies for Closing the Gap between Beliefs and Behaviors brings together, in one concise volume, the advice and expertise of leading scholars dedicated to affecting positive youth development. The chapters in this book cover:

► Understanding the current state of youth development work; the world in which adolescents live; and the world in which adults function, as well as the context in which adults can establish adult-youth relationships and use community resources to ensure a successful youth development outcome
► Promoting individual adult involvement in adolescents’ lives to ensure positive youth development
► Mobilizing individual adults through a variety of outlets, including neighborhood and community coalitions, religious institutions, and university outreach programs
► Mobilizing a society of adults, through volunteer and other programs

Mobilizing Adults for Positive Youth Development: Strategies for Closing the Gap between Beliefs and Behaviors is a must-have volume for both practitioners and researchers – in fact, for anyone interested and involved in working toward achieving positive youth development.


2006. X, 276 p. (The Search Institute Series on Developmentally Attentive Community and Society, Volume 4) Hardcover
ISBN 0-387-29173-3 ► $49.95

Theory of Mind and Language in Developmental Contexts

Alessandro Antonietti, Olga Liverta-Sempio, Antonella Marchetti, Catholic University of Sacred Heart, Milan, Italy (Eds.)

How we think and speak is a reflection of our shared cultural and socioeconomic backgrounds. Theory of Mind and Language in Developmental Contexts blazes new trails in the study of the relationship between the theory of mind—that is, the ability to attribute mental states as the basis of behavior and social interaction—and language.

This volume examines the linguistic variables within developmental contexts, including:
► Different levels of analysis ► Intercultural differences (e.g., Western, non-Western) ► Intracultural differences (e.g., socioeconomic status) ► Conditions of development as well as typical and atypical functions ► Contexts of usage, including personal, social, and business interactions.

Each chapter focuses on issues and methodologies to provide a comprehensive overview of current studies on the relationship between the theory of mind and language. Data and working strategies are provided for clinicians, educators, and other mental health professionals. This volume is a must-have for developmental, cognitive, and clinical psychologists and researchers interested in the most up-to-date information on theory of mind and language.

The Cycle of Deviant Behavior
Investigating Intergenerational Parallelism
Howard B. Kaplan, Glen C. Tolle Jr., Texas A&M University, College Station, TX, USA

To conduct the study on criminal and antisocial behavior at the center of this volume, the authors devoted years to collecting data from a large community sample of first-generation subjects. Data were garnered throughout their early adolescence, twenties, and thirties as well as from these first-generation subjects’ biological children during their own early adolescence. The results of these studies have profound implications for future research and methodology on deviant behavior. Within the succinct, information-packed seven chapters of *The Cycle of Deviant Behavior: Investigating Intergenerational Parallelism*, the authors:

- Present an integrative theory of deviant behavior, synthesizing social stress, social control, societal labeling, and other perspectives.
- Describe the intergenerational cycle of deviant behavior.
- Identify the relationship between deviance and its significant correlates (e.g., self-rejection).
- Explain factors central to motivation toward deviant behaviors and to the continuance or discontinuance of these behaviors across generations.
- Review the literature on intergenerational parallelism and discuss the methodological limitations of current studies.

By providing multiple models of parental transmission of values and culture—and acknowledging the roles of intervening processes in life—*The Cycle of Deviant Behavior* offers well-rounded insights to a wide range of professional readers, including sociologists, criminologists, and specialists in developmental and abnormal psychology and psychiatry.

ISBN 0-387-32643-X ★ $65.00

Handbook of Adolescent Behavioral Problems
Evidence-Based Approaches to Prevention and Treatment
Thomas P. Gullotta, Child and Family Agency of Southern Connecticut, New London, CT, and Eastern Connecticut State University, Willimantic, CT, USA; Gerald R. Adams, University of Guelph, ON, Canada (Eds.)

As we enter the new millennium, promoting sound mental health and positive behavior of adolescents has undeniably taken on greater significance than ever before. To that end, more and more research is confirming what many have suspected for years: environment and community surroundings have a major affect on an adolescent’s well-being and overall mental health. And because no single causal agent triggers teenage pathology—and no one-size-fits-all treatment is available—the *Handbook of Adolescent Behavioral Problems* offers a comprehensive and integrative biopsychosocial approach to effective practice.

This volume examines not only the psychological and genetic factors underlying dysfunction, it also explores the critical roles that family members, peers, and the larger community play in an adolescent’s life. It offers current interdisciplinary perspectives on adolescent development, both functional and pathological, and provides coverage that is clear, accessible, and practical on such topics as:

- Major disorders, including depression, anxiety, schizophrenia, ADHD, PTSD, developmental delays, and conduct disorders.
- Behavior problems, such as substance abuse, sexual offenses, teen pregnancy, school failure, gambling, and gang violence.
- Best practices, reviewing what works (i.e., interventions that have been rigorously validated), what might work (i.e., those in need of further study), and what doesn’t work.
- Residential interventions as well as community treatment.
- Risk and resiliency factors.
- Ongoing and emerging pharmaceutical issues.

The *Handbook of Adolescent Behavioral Problems* provides a solid foundation for understanding the adolescent experience and the influence of the family and community as well as much-needed information on the development of evidence-based practices. It is designed to be a one-stop reference for anyone working with adolescents—developmental psychologists, clinical and school psychologists, and education specialists as well as for graduate students in these areas.

2005. XXIV, 666 p., 6 illus. Hardcover
ISBN 0-387-23845-X ★ $89.95
Clinical Assessment of Child and Adolescent Personality and Behavior

Randy W. Kamphaus, University of Georgia, Athens, GA, USA; Paul J. Frick, University of New Orleans, New Orleans, LA, USA

As demand for psychological services continues to increase, assessment of personality and behavior continues to be a central activity. And when dealing with children and adolescents, psychological assessment can present even greater challenges. Therefore, this text – now in its second edition – provides a welcome and timely review of personality and behavior in children and adolescents including the psychological knowledge base necessary for contemporary assessment practice.

The text is organized into three sections:

➤ Part I provides the psychological knowledge base necessary for modern assessment practice, including historical perspectives, measurement science, child psychopathology, ethical, legal, and cultural issues, and the basics of beginning the assessment process

➤ Part II gives a broad review of specific assessment methods accompanied by specific advice regarding the usage and strengths and weaknesses of each method

➤ Part III helps students learn to perform some of the most sophisticated of assessment practices: integrating and communicating assessment results and infusing assessment practice with knowledge of child development and psychopathology.

Designed primarily as a text for beginning graduate students, Clinical Assessment of Child and Adolescent Personality and Behavior is also useful as a “refresher” for clinicians who are looking for a good review of personality and behavior assessment information.


Clinical Assessment of Child and Adolescent Intelligence

Randy W. Kamphaus, University of Georgia, Athens, GA, USA

This volume – now in its second edition – has been completely updated to provide the most comprehensive and accessible handbook of practices and tools for the clinical assessment of child and adolescent intelligence. Designed specifically as a teaching tool, it provides students with an accessible guide to interpreting intelligence tests within the context of a child’s life circumstances and includes several devices to enhance the logical processes of assessment, beginning with test selection and concluding with the reporting of results.

In addition, Clinical Assessment of Child and Adolescent Intelligence:

➤ Stresses the importance of the interpretive process over the value of specific tests

➤ Fosters a deeper understanding of the intelligence construct

➤ Emphasizes learning by example, using valuable case studies and vignettes designed to provide students with concrete models to emulate

This edition covers all facets of intelligence testing, including detailed explanations of test interpretation, theory, research, and the full-range of testing options for preschoolers through adult clients. New chapters have been introduced on neuropsychological approaches, adolescent and adult intelligence, including coverage of WAIS-III and KAIT, and achievement and intelligence screeners have been added.


Development of Emotions and Emotion Regulation

Manfred Holodynski, Universität Bielefeld, Germany; Wolfgang Friedlmeier, Grand Valley State University, Allendale, MI, USA

The first book to examine emotional development from birth to adulthood, Development of Emotions and Emotion Regulation fills in significant gaps in the literature by integrating major developmental theories of emotion with robust research on emotion regulation in adults. Noted German psychologists Holodynski and Friedlmeier have written a work that takes on dominant theories such as the desomatization of emotion as people attain maturity, as well as more recent contextual models of emotional growth. The authors define emotion in terms of attendant expression, feeling, and physical reaction, and describe its development in terms of both universal and culture-specific contexts. This trajectory is characterized first by the origination of emotions and later the move from interpersonal to intrapersonal emotion regulation, including:

- Processes that occur during emotional development, starting with infancy
- Links between children’s emotions and communication strategies
- The key role of caregivers’ communication in the child’s emotional development
- How emotions become nuanced and individualized during the school years
- The intricate relationship between emotional development and emotion regulation as the person reaches adulthood.

Surprising and often startling in its conclusions, Development of Emotions and Emotion Regulation is sure to spark controversy among students, researchers, and practitioners in the developmental field. It may also signal a paradigm shift in the making.

2006. XIX, 265 p. (International Series in Outreach Scholarship, Volume 8) Hardcover
ISBN 0-387-23281-8 $69.95

Emotion Regulation

Conceptual and Clinical Issues

Johan Denollet, Ivan Nyklicek, Adrianus Vingerhoets, Tilburg University, Tilburg, The Netherlands (Eds.)

An increasing number of studies have been conducted on the role of expression and regulation of emotion in health. Emotion Regulation addresses the question of these studies from diverse angles while encompassing conceptual, developmental, and clinical issues. Central concepts discussed in this volume that are related to health include: coping styles and aggression, alexithymia, emotional intelligence, emotional expression and depression, emotional expression and anxiety disorders, in addition to the emotional competence in children.

Table of Contents: Emotion regulation and well-being: Introduction ▶ Coping styles and aggression: a biobehavioral approach ▶ Neurobiology and personality features of alexithymia types ▶ Alexithymia and physical health problems: A critique of potential pathways and a research agenda ▶ Twenty-five years on: Current issues in repressive coping and health ▶ How others respond to our tears: An attachment-theory perspective on the functions of adult crying ▶ Emotional intelligence and its relationships to stress, health, and well-being ▶ Emotion expression in depression: Emerging evidence for emotion context-insensitivity ▶ Emotion regulation ad the anxiety disorders ▶ Non-expression of emotions and affect dysregulation in psychiatric in-patients: Clinical assessment and treatment ▶ Emotions and sensations in eating disorders ▶ Emotional competence and health in children ▶ Crying in psychotherapy: Its meaning, assessment and management based on attachment theory ▶ The writing paradigm in the clinical context ▶ Writing for all, for some or for no-one? Some thoughts around applications and evaluations of the writing technique.

2006. Approx. 350 p. Hardcover
ISBN 0-387-29985-8 $89.95
Rational Emotive Behavioral Approaches to Childhood Disorders

Theory, Practice and Research

Albert Ellis, Albert Ellis Institute, New York, NY, USA; Michael E. Bernard, University of Melbourne, VIC, Australia (Eds.)

Since the groundbreaking first edition of Rational Emotive Behavioral Approaches to Childhood Disorders by Albert Ellis and Michael Bernard two decades ago, our understanding of the nature and treatment of children’s problems has grown considerably. Now in a completely new volume, Albert Ellis and children's REBT specialist Professor Michael Bernard have revised and updated this pioneering work to reflect both the latest in clinical practice and research.

Fourteen expert contributors (including many from the original) share with the editors a deep commitment to integrating REBT with other cognitive-behavioral methods, and to providing young people with developmentally appropriate care. Together they give readers a practical framework for conducting assessment, treatment, and prevention with individuals, clients and groups as well as in family and school settings.

Key features of this new edition include:
- Developmental considerations in using REBT with children and adolescents
- Specific chapters devoted to major disorders

With coverage this thorough, Ellis, Bernard, and collaborators have created a resource of immediate value to child and adolescent mental health practitioners including school psychologists, school counselors, school social workers, behavior therapists, and family therapists, and educators involved in helping young people overcome behavioral disorders.

2006. XIV, 474 p. Hardcover
ISBN 0-387-26374-8 ► $49.95

Treating Chronic Depression with Disciplined Personal Involvement

Cognitive Behavioral Analysis System of Psychotherapy (CBASP)

James P. McCullough, Jr., Virginia Commonwealth University, Richmond, VA, USA

For more than a century, the psychotherapist's role has been dominated by Freud's neutrality rule: don't become personally involved with patients! McCullough challenges this widely accepted dictum in a new treatment approach for the chronically depressed patient. He proposes "disciplinary personal involvement" as an alternative to therapist neutrality with chronically depressed patients, describing how this approach can be used in a contingent manner to successfully modify pathological behavior. In this new volume, Treating Chronic Depression with Disciplined Personal Involvement: CBASP, Dr. McCullough describes in detail what disciplined personal involvement is and how it is administered. The book was written during a current four-year national clinical trial sponsored by NIMH involving 910 chronically depressed outpatients being treated at eight sites in the U.S.

The following topics will be covered:
- Historical review of the psychotherapist neutrality role
- Rationale for disciplined personal involvement in the treatment of chronic depression
- Training veteran psychotherapists to administer disciplined personal involvement
- Numerous verbatim case examples presented to illustrate therapist disciplined personal involvement
- Appendix Section operationalizing the CBASP disciplined personal involvement techniques and discussing needed CBASP research

McCullough's fresh perspective and psychotherapy wisdom make this text a must read for all clinical practitioners, training clinicians in university settings, and psychotherapy researchers. Treating Chronic Depression with Disciplined Personal Involvement: CBASP offers a radically new alternative to the traditional therapeutic relationship.

2006. Approx. 330 p. 10 illus. Hardcover
ISBN 0-387-31065-7 ► $64.95
The Encyclopedia of Cognitive Behavior Therapy

Editor-in-chief: Arthur Freeman, Philadelphia College of Osteopathic Medicine, Philadelphia, PA
Associate Editors: Stephanie H. Felgoise, Philadelphia College of Osteopathic Medicine, Philadelphia, PA, USA; Arthur M. Nezu, Christine M. Nezu, Drexel University, Philadelphia, PA, USA; Mark A. Reinecke, Northwestern University, Chicago, IL, USA (Eds.)

One of the hallmarks of cognitive behavior therapy is its diversity today. Since its inception, over twenty five years ago, this once revolutionary approach to psychotherapy has grown to encompass treatments across the full range of psychological disorders. The Encyclopedia of Cognitive Behavior Therapy brings together all of the key aspects of this field distilling decades of clinical wisdom into one authoritative volume.

With a preface by Aaron T. Beck, founder of the cognitive approach, the Encyclopedia features entries by noted experts including Arthur Freeman, Windy Dryden, Marsha Linehan, Edna Foa, and Thomas Ollendick to name but a few, and reviews the latest empirical data on first-line therapies and combination approaches, to give readers both insights into clients’ problems and the most effective treatments available.

- Common disorders and conditions: anxiety, depression, OCD, phobias, sleep disturbance, eating disorders, grief, anger
- Essential components of treatment: the therapeutic relationship, case formulation, homework, relapse prevention
- Treatment methods: dialectical behavior therapy, REBT, paradoxical interventions, social skills training, stress inoculation, play therapy, CBT/medication combinations
- Applications of CBT with specific populations: children, adolescents, couples, dually diagnosed clients, the elderly, veterans, refugees
- Emerging problems: Internet addiction, chronic pain, narcolepsy pathological gambling, jet lag

The Encyclopedia of Cognitive Behavior Therapy capably fills practitioners’ and educators’ needs for an idea book, teaching text, or quick access to practical, workable interventions.

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Handbook of Homework Assignments in Psychotherapy
Research, Practice, and Prevention
Nikolaos Kazantzis, Massey University at Albany, Auckland, New Zealand; Luciano L’Abate, Georgia State University, Atlanta, Georgia, USA (Eds.)

The process of psychotherapy is essentially a means of helping patients to help themselves. As such, psychotherapy is not limited to the relatively brief in-session consultation time with the practitioner. Rather, patients’ engagement in therapeutic activities between sessions has become an important part of the therapy process. Such activities, often termed ‘homework’, are central to ensuring that therapeutic goals are reached.

The Handbook of Homework Assignments in Psychotherapy is the first resource for the practicing clinician that addresses the role of homework across major therapeutic paradigms and complex clinical problems. It opens with a series of practice-oriented chapters on the role of homework in different psychotherapies (acceptance and commitment, client-centered, constructivist, cognitive-behavioral, experiential, family, interpersonal, psychodynamic) written by an international team of expert psychotherapy practitioner-researchers. Then, experienced practitioners present strategies, examples, and formulated assignments for use with different populations (couples, families, older adults) and complex problems (chronic depression, chronic pain, eating disorders, obsessions and compulsions, personality disorders, psychosis, sexual dysfunction, substance abuse, traumatic brain injury). The Handbook closes with three chapters by leading psychotherapy theoreticians, researchers, and practitioners that critique the available research evidence for homework, integrate the recommendations for using homework in practice, and also provide directions for homework’s role in prevention.

Each chapter presents:
► A brief overview of the approach
► Review of existing empirical support
► Recommendations for practice
► Illustration of homework’s role in practice and prevention through detailed case studies
► Individualized use of homework, rather than a collection of “one-size-fits-all” assignments

Novice and seasoned psychotherapists from all training backgrounds will find useful ideas in this volume. The Handbook ably complements many current teaching psychotherapy texts in graduate and residency programs by offering real-world expertise in a core feature of therapy. Researchers, too, will find new insights on the value of between-session assignments and future directions for study as our understanding of homework’s role in psychotherapy continues to evolve.

From the reviews ► This handbook brings together top experts in the field who in turn shed light on the many dimensions of using homework as a successful psychotherapeutic intervention. The Handbook is an excellent resource for practicing psychotherapists who want to learn practical and meaningful ways in which to use homework effectively. Psychotherapists-in-training will find the information presented a useful resource throughout their training and beyond. There is an excellent coverage of how homework can be effectively use across theoretical approaches and client populations ► Nicholas Ladany, Ph.D., Department of Education and Human Services, Lehigh University, Bethlehem, Pennsylvania, USA.

2006. Approx. 600 p. Hardcover
ISBN 0-387-29680-8 ► $79.95
Practitioner's Guide to Evidence-Based Psychotherapy

Jane E. Fisher, William T. O'Donohue, University of Nevada, Reno, NV, USA (Eds.)

I haven't seen this disorder in ages—what's the latest treatment? What measures are most useful in assessing this problem? Her coverage allows so few visits—can we get anything done? Are there any useful self help materials or websites? How do I know this will work? Designed to bring ready answers from scientific data to real life practice, The Practitioner's Guide to Evidence-Based Psychotherapy is an accessible, authoritative reference for today's clinician. The Guide, organized alphabetically for quick reference, distills vast amounts of proven knowledge and strategies (across the lifespan as well as across the DSM) into a user friendly, hands-on reference. Chapters are written by leading experts, focusing on appropriate assessment and empirically supported therapies. Here are solid guidelines for what to rule out, what works, what doesn't work and what can be improved for a wide range of mental health problems, including:

► ADHD, learning disabilities, autism spectrum disorders
► Bedwetting, feeding disorders, school refusal, thumb sucking
► Bipolar disorder, obsessive-compulsive disorder, PTSD
► Child abuse and domestic violence
► Dysthymia, depression, suicidal thoughts
► Erectile and orgasmic disorders
► Smoking, gambling, substance abuse
► Stress, chronic pain, insomnia

Developed with the frontline clinician's time and cost constraints firmly in mind, the Practitioner's Guide to Evidence-Based Psychotherapy allows readers to understand the best assessment and treatment options. This resource is designed to help clinical psychologists, clinical social workers, psychiatrists and counselors achieve the maximum in service to their clients. Concise and up-to-date, it also serves as an excellent student guide.

From the reviews ► Evidence-based practice is important and will soon be a requisite. This book is the best resource for a wide variety of helpful information concerning treatments that work. I have never seen such a comprehensive useful compendium. It is a must read for all practitioners interested in quality

► Nicholas A. Cummings, Ph.D., Sc.D., former President, American Psychological Association; President, Cummings Foundation for Behavioral Health; Distinguished Professor, University of Nevada

This book boldly sets out the tasks and agendas and provides useful guidelines for scientists, practitioners, and policymakers. While philosophically sophisticated, it is a very practical book, a must-read for students, researchers, applied workers, and those involved in the management of healthcare ► Gerald C. Davison, Ph.D., President, Society of Clinical Psychology (Division 12 of APA) Chair, Council of Graduate Departments of Psychology Professor and Chair Department of Psychology Interim Dean, University of Southern California

2006. Approx. 960 p. Hardcover
ISBN 0-387-28369-2 ► $64.95

Tic Disorders, Trichotillomania, and Other Repetitive Behavior Disorders

Behavioral Approaches to Analysis and Treatment

Douglas Woods, University of Wisconsin-Milwaukee, USA; Raymond Miltenberger, North Dakota State University, Fargo, USA (Eds.)

Now in softcover for the first time, the most comprehensive guide to behavioral treatment for these prevalent yet understudied disorders. As upsetting as they are to clients, tics, trichotillomania, and oral-digital habits such as thumb-sucking and nail-biting tend to be resistant to traditional forms of therapy. The repetitiveness of their actions, however, makes these dissimilar disorders particularly receptive to behavioral treatment. Editors Woods and Miltenberger have assembled 22 therapist/researchers to create a state-of-the-art resource for clinicians challenged by clients with repetitive behavior disorders (RBDs). This book contains:

► Clear rationales for why behavioral methods are so effective for these disorders
► Guidelines for direct and indirect assessment
► Interventions for related RBDs, including bruxism, rumination, pica, and stuttering
► A separate chapter on treating RBDs in persons with developmental disorders
► Contact information for advocacy and educational groups

Recent studies have established the effectiveness of behavioral treatment for these disorders, and the re-issue of this book will continue to bring this important modality to the fore. While it is especially geared toward practitioners, the contributors have made Tic Disorders relevant to researchers and sufficiently accessible to be recommended to patients and their families as well.

ISBN 0-387-32566-2 ► $35.00
About the Series
Series in Anxiety and Related Disorders

Series Editor: Martin M. Antony, Anxiety Treatment and Research Centre, St. Joseph's Hospital, Ontario, Canada

Anxiety disorders are among the most prevalent of psychological disorders, affecting about 20% of the population. Additionally, there are a number of other conditions considered to be closely related to anxiety disorders (including some personality disorders) even though they do not have an official anxiety diagnosis. This new Series in Anxiety and Related Disorders is devoted to the range of problems that are anxiety related, and to bringing evidence-based knowledge to their treatment. Designed to fill existing needs, these volumes will encompass different formats including texts, handbooks, and clinical guides. It is the intent of the series to reflect topics of current relevance to which it will bring empirical clarity as well as clinical insight.

Acceptance- and Mindfulness-Based Approaches to Anxiety
Conceptualization and Treatment
Susan M. Orsillo, Suffolk University, Boston, MA, USA; Lizabeth Roemer, University of Massachusetts, Boston, MA, USA (Eds.)

For many years, cognitive-behavioral techniques have been at the forefront of treatment for anxiety disorders. More recently, strategies rooted in Eastern concepts of acceptance and mindfulness have demonstrated some promise in treating anxiety, especially in tandem with CBT. Now, with Acceptance- and Mindfulness-Based Approaches to Anxiety, thirty expert clinicians and researchers present a comprehensive guide to integrating these powerful complementary approaches—where they match, when they differ, and why they work so well together.

Chapter authors clearly place mindfulness and acceptance into the clinical lexicon, establishing links with established traditions, including emotion theory and experiential therapy. In addition, separate chapters discuss specific anxiety disorders, the current state of treatment for each, and practical ways of integrating acceptance and mindfulness approaches into therapy.

Among the book’s highlights:
► A detailed conceptual framework for combining acceptance-based and cognitive-behavioral approaches ► Clinically valid definitions of acceptance and mindfulness, explaining their compatibility with more goal-driven and problem-solving therapies ► Discussion on how acceptance and mindfulness can be accurately assessed ► Demonstrations of three specific methods—Acceptance and Commitment Therapy, Mindfulness-Based Stress Reduction, and Dialectical Behavioral Therapy skills training—as used in treating clients with anxiety disorders. ► Treatment models for generalized anxiety disorders, obsessive-compulsive disorder, PTSD, social anxiety, and panic disorder ► A specific chapter on applications of acceptance-based therapies for childhood anxiety disorders ► Future directions for bettering our understanding of how these therapies work

As the growing number of cases shows, anxiety remains a major clinical disorder, and practitioners need ready access to ideas and interventions. This book creates a forum inspiring future innovations and current best practice.
Psychological Knowledge in Court
PTSD, Pain, and TBI

Gerald Young, York University, Toronto, ON, Canada;
Andrew W. Kane, Andrew W. Kane & Associates, S.C.,
Milwaukee, WI, USA; Keith Nicholson, Toronto Western
Hospital, Toronto, ON, Canada (Eds.)

PTSD, pain syndromes, traumatic brain injury: these
three areas are common features of personal injury
cases, often forming the cornerstone of expert testi-
mony. Yet their complex interplay in an individual
can make evaluation—and explaining the results in
court—extremely difficult.

Psychological Knowledge in Court focuses on
this triad separately and in combination, creating a
unique guide to forensic evaluations that fulfills both
legal and clinical standards. Its meticulous review of
the literature identifies and provides clear guidelines
for addressing core issues in causality, chronicity, and
assessment, such as:
► Are there any definable risk factors for PTSD?
► How prevalent is PTSD after trauma?

► How do patients’ emotions relate to their pain
experience?
► Are current pain assessment methods accurate
enough?
► What is the role of pre-existing vulnerabilities in
traumatic brain injury?
► What exactly is “mild” TBI?

The editors and contributors explore psychological
sequelae across traumatic events as diverse as
auto accidents and sexual assault, cogently discuss
confounding factors, and pinpoint evidence law that
every practitioner should know to be effective on the
stand.

Both mental health and legal professionals will
benefit from this forward-looking resource. Its inte-
grative and nuanced coverage makes it vital reading
for all those who are involved in these kind of legal
proceedings.

2006. XV, 412 p. 12 illus. Hardcover
ISBN 0-387-25609-1 ► $64.95

Interrogations, Confessions, and Entrapment

G. Daniel Lassiter, Ohio University, Athens, OH, USA (Ed.)

Coerced confessions have long been a staple of
TV crime dramas, and have also been the subject
of recent news stories. The complexity of such
situations, however, is rarely explored even in the
scientific literature.

Now in softcover, Interrogations, Confessions,
and Entrapment remains one of the best syntheses
of the scientific, legal, and ethical findings in this
area, uncovering subtle yet powerful forces that	only compromise the integrity of the criminal
justice system. Editor G. Daniel Lassiter identi-
fies the exposure of psychological coercion as an
emerging frontier in legal psychology, citing its
roots in the "third degree" approach of former times,
and noting that its techniques carry little scientific
validity. A team of psychologists, criminologists,
and legal scholars asks—and goes a long way toward
answering—important questions such as:
► What forms of psychological coercion are involved
in interrogation?
► Are some people more susceptible to falsely
confessing than others?
► What are the effects of psychological manipulation
on innocent suspects?
► Are coercive tactics ever justified with minors?
► Can jurors recognize psychological coercion and
unreliable confessions?
► Can entrapment techniques encourage people to
commit crimes?
► What steps can law enforcement take to minimize
coercion?

Throughout this progressive volume, readers will
find important research-based ideas for educating
the courts, changing policy, and implementing
reform, from improving police interrogation skills
to better methods of evaluating confession evidence.
For the expert witness, legal consultant, or student of
forensic psychology, this is material whose relevance
will only increase with time.

2004. Approx. 290 p. (Perspectives in Law & Psychology,
Volume 20) Softcover
ISBN 0-387-33151-4 ► $49.95
Indigenous and Cultural Psychology

Understanding People in Context

Uichol Kim, Chung-Ang University, Seoul, Korea; Kuo-Shu Yang, National Taiwan University, Taipei, Taiwan (Eds.)

Indigenous and Cultural Psychology surveys psychological and behavioral phenomena in native context in various developing and developed countries, with particular focus on Asia. An international team of 28 experts clarifies culture-specific concepts (such as paternalism and the Japanese concept of amae), models integrative methods of study, and dispels typical misconceptions about the field and its goals. The results reflect culturally sound frames of reference while remaining rigorous, systematic, and verifiable.

- Scientific and philosophical bases of indigenous psychology
- Comparisons of indigenous, cultural, and cross-cultural psychologies
- Socialization, parent-child relationship, and family
- The private and public self: concepts from East Asia, Europe, and the Americas
- Interpersonal relationships: concepts from East Asia, Europe, and the U.S.
- Factors promoting educational achievement and organizational effectiveness in Asia

Handbook of Multicultural Perspectives on Stress and Coping

Paul T. P. Wong, Lilian C. J. Wong, Trinity Western University, Langley, BC, Canada (Eds.)

In recent years, Western psychologists have recognized that their prevailing views of psychology do not always translate worldwide. The Handbook of Multicultural Perspectives on Stress and Coping was created to address this realization. This volume moves beyond simple comparisons of behaviors in other countries by clarifying critical concepts in stress and coping, analyzing and synthesizing vast amounts of global data, and identifying constructs and methodologies necessary for meaningful cross-cultural research. Forty-five contributors present studies of stress, survival, and resilience as cultures evolve and countries interact, including:

- Personal transformation as a coping strategy
- Psychological skills that enhance intercultural adjustment
- Individual versus collectivist values in coping
- Buddhist and Taoist traditions in coping
- The cumulative effects of historical, environmental, and political stressors on nations in the Middle East

Specific cross-cultural perspectives, from Latino-American families to Canadian aboriginal peoples to minority university students

From the reviews

The editors have assembled a diverse array of competent scholars from many cultural traditions to address key issues in the literature, and thus provided us readers with the necessary guidance for future comparative research in this fundamental topic area. — Michael Harris Bond, Ph.D., President, International Association of Cross-Cultural Psychology

At last, with the publication of the Handbook, the days of understanding coping without considering cross-cultural factors are over. — C. R. Snyder, Ph.D., Wright Distinguished Professor of Clinical Psychology, University of Kansas, Lawrence
The Bifurcation of the Self

Robert W. Rieber, Fordham University, NY, USA

For more than a hundred years, dissociative states, sometimes referred to as multiple personality disorder, have fascinated the public as well as scientists. The precise nature of this disorder is a controversial one, dividing clinicians, theorists, and researchers. Challenging the conventional wisdom on all sides, Robert Rieber’s *The Bifurcation of the Self* traces the clinical and social history of dissociation in a provocative examination of this widely debated phenomenon.

At the core of this history is a trio of related evolutions—hypnosis, concepts of identity, and dissociation—beginning with nineteenth-century “hysterics” and culminating in the modern boom in Dissociative Identity Disorder (DID) diagnoses and the parallel rise in childhood abuse/repressed memory cases. Rieber does not argue the non-existence of DID; rather he asserts that it is a rare disorder exaggerated by dissociation advocates and exploited by the media. In doing so, he takes on some of the most difficult questions in the field:

- How crucial is memory to a person’s identity?
- Can two or more autonomous personalities actually exist in the same body?
- If trauma causes dissociation, why aren’t there more DID cases?
- Why are DID cases prevalent in some eras but not in others?
- Does dissociative disorder belong in the DSM?

The book is rigorously illustrated with two centuries’ worth of famous cases including Christine Beauchamp, Ansel Bourne, Eve Black/Eve White, and most notably the woman known as “Sybil”, whose story is covered in depth with newly revealed manuscripts. And Rieber reviews the current state of DID-related controversy, from the professionals who feel that the condition is underreported to those who consider it a form of malingering, so that readers may draw their own conclusions.

ISBN 0-387-27413-8 ► $69.95

Phenomenology and Psychological Science

Historical and Philosophical Perspectives

Man Cheung Chung, University of Plymouth, Plymouth, UK; Peter Ashworth, Sheffield Hallam University, Sheffield, UK (Eds.)

Phenomenological studies of human experience are a vital component of caring professions such as counseling and nursing, and qualitative research has had increasing acceptance in American psychology. At the same time, the debate continues over whether phenomenology is legitimate science, and whether qualitative approaches carry any empirical validity. Ashworth and Chung’s *Phenomenology and Psychological Science* places phenomenology firmly in the context of psychological tradition. And to dispel the basic misconceptions surrounding this field, the editors and their seven collaborators trace the evolution of phenomenological philosophy (including the work of Sartre and Heidegger) and its parallel impact on psychological science, revealing key points of compatibility:

- The phenomenological roots of mainstream psychology
- Controversies within phenomenology on the nature of consciousness
- Existentialist currents in contemporary psychology
- The value of qualitative methods in science-based practice
- Applications of phenomenology in case conceptualization and therapy
- Possibilities for qualitative-based research

The unique presentation of its subject makes this volume a source of considerable interest for readers involved in theoretical and historical psychology. It will also prove to be important reading for the professional or advanced student concerned with the search for meaning that unites philosophy and psychology.

2006. Approx. 180 p. (History and Philosophy of Psychology) Hardcover
ISBN 0-387-33760-1 ► $59.95
History of Psychiatry and Medical Psychology

Edwin Wallace, Columbia, South Carolina, USA; John Gach, Randallstown, Maryland, USA (Eds.)

This book chronicles the conceptual and methodological facets of psychiatry and medical psychology throughout history. Many of these are pertinent to issues in general medicine, psychiatry, psychoanalysis, and the social sciences today. Section One, “Periods,” chronicles the prehistory and history of the field from embryonic psychiatry (antiquity, Middle Ages, Renaissance, Enlightenment) through the emergence of psychiatry as a medical specialty (romantic or early-19th-century German psychiatry, descriptive psychiatry and psychiatric nosology, psychoanalysis, biological psychiatry, liaison psychiatry, and psychopharmacology). Section Two, “Key Topics and Concepts,” explores the history of major psychiatric disorders such as depression, schizophrenia, psychosomatic disorders, the influence of neurology of psychiatry, the evolution and transformation of mental institutions, and the psychoanalytic movement in the United States. Section Three, “Epilogue,” is a philosophical treatment of psychiatry as a medical specialty. Where appropriate, contributors have had access to each other’s developing essays and have cooperated with each other and with the editors to minimize redundancy and enhance the book’s coherence and integration. The divergent emphases and interpretations among some of the contributors will interest the serious student of history as much as the convergences because the former point to the necessity for further exploration and analysis.

2006. Approx. 455 p. Hardcover
ISBN 0-387-34707-0 ► $89.95

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The Self-Marginalization of Wilhelm Stekel
Freudian Circles Inside and Out
Jaap Bos, Utrecht University, The Netherlands and Leendert Groenendijk, Vrije Universiteit, Amsterdam, The Netherlands
With Contributions by Sturm Johan and Paul Roazen

As both an early disciple of and influence on Freud, Wilhelm Stekel enjoyed a unique position within the analytic movement. More recently, he has been notable more for his ostracism from Freud’s sphere and little else. The Self-Marginalization of Wilhelm Stekel brings a fresh perspective on Stekel, revealing the complex, symbiotic bond between mentor and follower in its many social, interpersonal, and psychological forms.

In addition to shedding light on a famous outsider, this biography is set in a dual context of the formative years of psychoanalysis and Freud’s relationships with his colleagues: comparisons and contrasts abound with Adler, Jung, and other, revered exiles from Freudian circles. At the same time, each chapter defines and identifies a particular aspect of the marginalization process, including self-marginalization, the relationship of marginals to the mainstream, and the value of marginalization in the construction of identity.

The Self-Marginalization of Wilhelm Stekel peels back layers of history to create a singular addition to our knowledge of the origins of psychoanalysis. Psychologists, social scientists, and readers interested in the history of science will find this book an illuminating glimpse into the lives and legacies of the first psychoanalysts.

2006. 200 p. Hardcover
ISBN 0-387-32699-5 ► $75.00
Alcohol Problems in Adolescents and Young Adults
Epidemiology, Neurobiology, Prevention, and Treatment
Marc Galanter New York University School of Medicine, NY, USA (Ed.)

Alcohol continues to be the substance of choice for today’s youth, leading to serious physical, psychological, and social consequences. Alcohol Problems in Adolescents and Young Adults ably addresses this growing trend. The latest entry in the Recent Developments in Alcoholism series, it comprehensively presents a wide-ranging clinical picture of teen drinking - epidemiology, neurobiology, behavioral phenomena, diagnostic and assessment issues, prevention and treatment data - in a developmental context. Fifty expert contributors display the scientific rigor, practical wisdom, and nuanced analysis that readers have come to expect from previous volumes.
Among the subjects studied in depth:
► Initiation of alcohol use/abuse
► Risk and protective factors for alcohol dependence
► High-risk adolescent populations
► Drinking habits of college students
► Long-range consequences of teenage drinking
► Family, school, and community-based prevention programs
► Treatment of comorbid substance and psychiatric disorders

Clinicians, researchers, and policy makers will find this a bedrock source of evidence-based knowledge, whether one’s goal is choosing an age-appropriate assessment tool for eighth graders, preventing drinking among high school students, or understanding the alcohol-friendliness of campus culture. Here is a critical resource for all professionals dedicated to helping youngsters grow up sober.

2006. XXI, 456 p. (Recent Developments in Alcoholism, Volume 17) Softcover
ISBN 0-387-29215-2 ► $49.95

Drug and Alcohol Abuse, Sixth Edition
A Clinical Guide to Diagnosis and Treatment
Marc A. Schuckit, University of California Medical School, San Diego, CA, USA

Marc Schuckit’s Drug and Alcohol Abuse has been a clinical mainstay for over a quarter century. Now the author’s trusted expertise is available in a new Sixth Edition, thoroughly revised for content, updated references, and streamlined for increased usefulness. Schuckit combines his experience as practitioner, researcher, and teacher to give professionals and students across the medical and mental health disciplines a working knowledge of drug-related pathology, beginning with pharmacology, drug mechanisms, and genetic factors. And the Sixth Edition is as accessible as its predecessors, striking the right comfort level for the classroom or the emergency room.
► Clinical/emergency orientation suited to both chronic misuse and acute situations
► Coverage reflects current trends in alcohol, drug, and multidrug use, abuse, and dependence
► Concise chapters for quick reference
► Updated bibliography—approximately 80% of citations are post-2000
► Diagnostic information reflects upcoming changes to the DSM
► Latest strategies in treatment (psychological and pharmacological) and rehabilitation

This new edition offers expanded knowledge of a wide-ranging problem and a growing and clinically important population, and authoritative suggestions for effective care.

ISBN 0-387-25732-2 ► $69.95
Facing the Complexities of Women’s Sexual Desire

Vera Sonja Maass, Living Skills Institute, Inc., Indianapolis, IN, USA

This book focuses on a specific problem that is frequently encountered in the office of sex and family therapists, as well as health psychologists and primary care physicians: women’s sexual desire or lack thereof. Written from the perspective of the sex therapist, the book covers both research and clinical interventions. First several theoretical considerations are explored. Treatment issues are addressed in terms of both pharmaceutical and non-pharmaceutical approaches. Case histories demonstrate the application of a particular model within a practical cognitive-behavioral treatment approach. The book outlines the factors that contribute to the decline in sexual desire in women of various ages. The process of in-depth exploration of the contributing factors and search for increased sexual pleasure and desire is a comprehensive one, including various steps, which are described in detail. These steps can be undertaken with the help and guidance of a professional therapist in the field or by the woman herself.

Table of Contents ➤ Preface ➤ Acknowledgements ➤ List of Tables ➤ PART I: Background and Explanations ➤ Influence on Women’s Sexual Experiences ➤ Desire-Phase Problems and the Search for Explanations ➤ Bio-Ethological and Social-Psychological Explanations ➤ PART II: The Women in Context ➤ Searching for Sexual Identity ➤ Symptom Manifestation Within Relationships ➤ Women’s Relationships to Power ➤ Intra-Personal Considerations Relevant to Sex Therapy ➤ PART III: Toward Resolution ➤ Developments in Sexology and Sex Therapy ➤ Cognitive Behavioral Factors Relevant to Treatment ➤ CODA: A Practical Cognitive-Behavioral Treatment Approach ➤ Learning From the Past - Thoughts for the Future ➤ Appendix (A, B) ➤ References ➤ Author Index ➤ Subject Index

2006. Approx. 300 p. Hardcover
ISBN 0-387-33168-9 ➤ $49.95

Behavioral Consultation and Primary Care
A Guide to Integrating Services

Patricia Robinson, Mountainview Consulting Group, Inc., Zillah, Washington, USA; Jeff Reiter, Community Health Centers of King County, Redmond, California, USA

The Primary Care Behavioral Health (PCBH) model is fast emerging as the future of integration between mental health and primary care services. As the first book to detail the model, Behavioral Consultation and Primary Care: A Guide to Integrating Services explains in hands-on terms how to achieve truly integrated care. From starting up a new PCBH service to evaluating its outcome, clinicians and medical administrators alike will find much of value here.

Written by two veteran Behavioral Health Consultants (BHCs), the Guide offers a wealth of practical advice for all levels of therapists entering primary care. Every detail of BHC work is discussed, ranging from key job competencies to proven strategies for navigating challenging new terrain. Detailed case examples also bring theory to life for a wide variety of common clinical problems.

Real-world features designed to help establish a service and ease the transition from specialty mental health to primary care: Specific administrative recommendations for setting up a BHC office, scheduling patients, billing, and staffing ➤ Start-up checklist, chart note templates, handouts for generating referrals, and other valuable tools ➤ Chapters outlining the therapeutic approaches and assessment methods best suited to BHC work ➤ Creative strategies for influencing that new colleague—the primary care provider—Case examples to illustrate typical consultations with children, adults, and older adults, as well as innovative group approaches ➤ Tips for handling ethical concerns unique to the PCBH model, and professional and personal challenges unique to the primary care setting ➤ CD of reproducible patient handouts to help patients get the most out of consultations

The authors’ lively and engaging style is accessible to a wide range of professionals, so seasoned practitioners and neophytes—as well as the administrators who hire them—will find this material totally accessible. In addition to assisting professionals in the field, the Guide is perfectly suited for use in a variety of graduate classes and residency training programs.

2006. Approx. 400 p. Hardcover
ISBN 0-387-32971-4 ➤ $59.95
Pediatric Gastrointestinal Disorders
Biopsychosocial Assessment and Treatment
Carin L. Cunningham, Rainbow Babies & Children’s Hospital, Cleveland, OH, USA; Gerard A. Banez, Strongsville, OH, USA

A child presents with weight loss, fatigue, and stomach pain. Is the diagnosis psychological, as in an eating disorder? Might it be medical, as in a GI disorder? Could it be both? A young adolescent is assessed to have a gastrointestinal disorder. Do you take puberty into account when planning treatment? Complex overlapping of physical and psychological symptoms is a hallmark of cases such as these - and a major factor in making diagnosis and intervention difficult.

In Pediatric Gastrointestinal Disorders: Biopsychosocial Assessment and Treatment, authors Cunningham and Banez pool their considerable expertise to give practitioners working with children a state-of-the-art, biopsychosocial grounding in this challenging area of practice:
► In-depth overview of pediatric gastrointestinal disorders, their prevalence and etiology
► Descriptions of the most common disorders (including irritable bowel syndrome, recurring abdominal pain, rumination disorder, and fecal incontinence), with their typical psychological and behavioral symptoms
► Conceptual and theoretical perspectives informing the authors’ biopsychosocial approach
► Reviews of empirically-based, clinically sound assessment and treatment strategies
► Case studies applying this knowledge in real-world detail, demonstrating collaborations between clinicians, patients, and families

Its lucid presentation, level of detail, and commitment to integrative care make this book an important resource for children’s practitioners in both the medical and mental health fields. By featuring examples ranging from toddlers to teens, the authors have modeled a continuum of developmentally appropriate treatment.

2006. Approx. 175 p. Hardcover
ISBN 0-387-25611-3 ► $49.95

Chronic Pain and Family
A Clinical Perspective
Ranjan Roy, University of Manitoba, Winnipeg, MB, Canada

Chronic pain affects every facet of a patient’s life, and nowhere is this more evident than in the complex arena of family life. Chronic Pain and Family: A Clinical Perspective examines typical family issues associated with prolonged illness, offering realistic ways to approach them in therapy. Informed by current practice and his own experience, noted author/clinician Ranjan Roy brings fresh insights to common pain scenarios and therapeutic impasses, and provides a framework for assessing marital and family relationships when chronic pain is a defining factor. Clinicians will get not only a clearer understanding of sensitive issues, but also effective strategies for engaging clients without turning them off.

Coverage includes:
► Meanings of pain in relationships
► “Who Does What?”: exploring changes in family roles
► Resistance to treatment: why it occurs and how to work through it
► Health concerns and other burdens on well spouses and children
► Sexuality, domestic abuse, and other “silent” issues
► Case examples demonstrating therapy step-by-step with a range of couples and families

For therapists and social workers who deal with this growing population of patients, Chronic Pain and Family: A Clinical Perspective stands at a unique intersection of pain/disability and family resources. Roy’s recognition of the family’s changing demographics together with his synthesis of clinical knowledge make the book suitable for graduate-level courses as well.

ISBN 0-387-29648-4 ► $59.95
Empathy in Patient Care: Antecedents, Development, Measurement, and Outcomes

Mohammadreza Hojat, Jefferson Medical College, Philadelphia, PA, USA

Human beings are designed by evolution to form meaningful interpersonal relationships through verbal and nonverbal communication. This principle is the same whether the individual is male or female; an infant, a child, an adolescent, or an adult; or healthy or sick. The theme that empathic human connections are beneficial to the body and mind underlies all 12 chapters of this book, in which empathy is viewed from a multidisciplinary perspective that includes evolution; neuropsychology; clinical, social, developmental, and educational psychology; and health care delivery and education. Some theoretical aspects of antecedents, development, and outcomes of empathy are discussed, and relevant studies and empirical findings are presented in support of the theoretical discussion.

The Health of Sexual Minorities: Public Health Perspectives on Lesbian, Gay, Bisexual and Transgender Populations

Ilan Meyer, Mary E. Northridge, Columbia University, New York, NY, USA (Eds.)

Some books break myths. Others break silences. A few break new ground. The Health of Sexual Minorities achieves all three aims. The first book of its kind, this resource offers a multidimensional picture of lesbian, gay, bisexual and transgender (LGBT) health across clinical and social disciplines to give readers a full and nuanced understanding of these diverse populations. Here are real-world matters of definition and self-definition (including sexual identity, gender identity, and anti-identity), meticulous analyses of stressor and health outcomes, an extensive coverage of research methodology concerns, and critical insights into the sociopolitical context of LGBT individuals’ health and lives.

► Developmental issues across the life course
► Human rights and ethical issues
► Global perspectives of LGBT health
► Physical and mental health issues
► Issues and concerns of racial/ethnic minority groups

► Health concerns of lesbian and bisexual women
► Prejudice and homophobia as social stressors
► A comprehensive review of quantitative and qualitative research methodology
► Tobacco, alcohol, and substance use issues
► The current state of LGBT health care and strategies for improvement
► The impact of the HIV/AIDS epidemic on LGBT communities

The Health of Sexual Minorities is an advanced-level text whose scope and accessibility makes it useful to a broad audience. Over 50 contributors have made this a work of crucial importance to public health and health care professionals and biomedical and social science researchers. The Health of Sexual Minorities encourages clear thinking, informed practice, and effective, progressive policy for improved health and well-being of LGBT individuals and communities.
<table>
<thead>
<tr>
<th>Journal Title</th>
<th>Editor-in-Chief</th>
<th>University/Location</th>
<th>ISSN (print)</th>
<th>ISSN (electronic)</th>
<th>Journal no.</th>
</tr>
</thead>
<tbody>
<tr>
<td>American Journal of Dance Therapy</td>
<td>Co-editors: Cathy Appel, LCSW, ADTR, MFA, Dr. Deborah J. Welsh</td>
<td>Full Circle Center for Creative Arts Therapy and Mental Health Counseling, Syracuse, NY (USA)</td>
<td>0894-9085 (print)</td>
<td>1573-6563 (electronic)</td>
<td>10942</td>
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<tr>
<td>Clinical Psychology And Social Work</td>
<td></td>
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<td>0894-9085 (print)</td>
<td>1573-6563 (electronic)</td>
<td>10942</td>
</tr>
<tr>
<td>Child and Adolescent Social Work Journal</td>
<td>Editor: Dr. Thomas K. Kenemore, Chicago State University, Illinois (USA)</td>
<td></td>
<td>0738-0151 (print)</td>
<td>1573-2797 (electronic)</td>
<td>10560</td>
</tr>
<tr>
<td>Clinical Social Work Journal</td>
<td>Editor: Dr. Carolyn Saari, Loyola University, Chicago, IL (USA)</td>
<td></td>
<td>0091-1674 (print)</td>
<td>1573-3343 (electronic)</td>
<td>10615</td>
</tr>
<tr>
<td>Cognitive Therapy and Research</td>
<td>Editor-in-Chief: Dr. Rick E. Ingram, University of Kansas, KS (USA)</td>
<td></td>
<td>0147-5916 (print)</td>
<td>1573-2819 (electronic)</td>
<td>10608</td>
</tr>
<tr>
<td>Contemporary Family Therapy</td>
<td>Editor-in-Chief: Dr. William Nichols, International Family Therapy Association (USA)</td>
<td></td>
<td>0892-2764 (print)</td>
<td>1573-3335 (electronic)</td>
<td>10591</td>
</tr>
<tr>
<td>International Journal for the Advancement of Counselling</td>
<td>Editor: Dr. Gary L. Hermansson, Massey University, Palmerston North, New Zealand</td>
<td></td>
<td>0165-0653 (print)</td>
<td>1573-3246 (electronic)</td>
<td>10447</td>
</tr>
<tr>
<td>Journal of Adult Development</td>
<td>Editor-in-Chief: Dr. Jack Demick, Butler Hospital, Providence, RI (USA)</td>
<td></td>
<td>1068-0667 (print)</td>
<td>1573-3440 (electronic)</td>
<td>10804</td>
</tr>
<tr>
<td>Journal of Contemporary Psychotherapy</td>
<td>Editor: James C. Overholser, Case Western Reserve University, Cleveland, OH (USA)</td>
<td></td>
<td>0022-0116 (print)</td>
<td>1573-3564 (electronic)</td>
<td>10789</td>
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<tr>
<td>Journal of Cross-Cultural Gerontology</td>
<td>Editor-in-Chief: Dr. Margaret A. Perkinson, Washington University, St. Louis, MO (USA)</td>
<td></td>
<td>0169-3816 (print)</td>
<td>1573-0719 (electronic)</td>
<td>10823</td>
</tr>
<tr>
<td>Journal of Family Violence</td>
<td>Editors-in-Chief: Dr. Michel Hersen, Pacific University and Vincent B. Van Hasselt, Nova Southeastern University</td>
<td></td>
<td>0885-7482 (print)</td>
<td>1573-2851 (electronic)</td>
<td>10896</td>
</tr>
<tr>
<td>Journal of Gambling Studies</td>
<td>Editor-in-Chief: Dr. Jon E. Grant, M.D., Brown University Medical School, Providence, RI (USA)</td>
<td></td>
<td>1050-5350 (print)</td>
<td>1573-3602 (electronic)</td>
<td>10899</td>
</tr>
<tr>
<td>Journal of Psychopathology and Behavioral Assessment</td>
<td>Editor-in-Chief: Dr. Patricia B. Sutker, Texas Tech University, TX (USA)</td>
<td></td>
<td>0882-2689 (print)</td>
<td>1573-3505 (electronic)</td>
<td>10862</td>
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