Electronic submission of manuscripts via E-Mail is preferred. For the processing of accepted papers, electronic versions are essential. Manuscripts must be accompanied by a covering letter which states that the work is original in that it has not been published before or submitted for publication elsewhere, and will not be submitted elsewhere before a decision has been taken as to its acceptability by Somnologie/Somnology. Manuscripts must contain a statement to the effect that human studies have been examined by the appropriate ethics committee and have therefore been performed in accordance with the ethical standards laid down in the Declaration of Helsinki, and that informed written consent was obtained from the subjects or their surrogates if required by institutional review board. If the work involves experimentation on living animals, authors must provide evidence that it was performed in accordance with local ethical guidelines. Manuscripts will be peer reviewed by two or more referees. The editors are endeavoured to have the expert opinion finished within 8 weeks from the date of receipt of the manuscript. Correspondence will be made with the first-named author or with the corresponding author given with the corresponding address. Upon acceptance of your manuscript, you will receive a copyright transfer form to be returned within 7 days to the editor. All required forms are also available online at www.springer.com/11818.

References Only articles cited in the text are to be listed. They should be arranged alphabetically by the first author’s name and numbered sequentially. Only the reference number should appear in the text (in parentheses).


Citations of books should include the surname of the author or authors, followed by initials, year of publication, the full title, edition, publishers and place of publication.


Figures If the author wants to re-use previously published material he is responsible to provide a permission by the copyright holder. Double presentation of the same information in tables and figures should be avoided. Short, clear legends make additional description in the text unnecessary. The author is responsible for obtaining either from the patient or his legal representative permission for the reproduction of figures in which a patient can be recognized. For general advice on the delivery of image files please refer to the Technical Instructions on our website and in certain issues of the journal. Colour illustrations will be accepted up to the discretion of the editors/the publisher.

Offprints Offprints may be ordered at cost price when the page proofs are returned. Steinkopf will supply the corresponding author with one complimentary copy of the relevant issue and the pdf-file.

Electronic files Please observe our technical instructions (which are available on our website and in certain issues of the journal) for the composition of your manuscript files.