# Contents

1 Movement Integration: What Is It and Why Should We Do It? .............................................. 1  
   Mary Brady, Stacia C. Miller and Suzanne F. Lindt

2 Decreasing Perceived Barriers and Enhancing Facilitators of Movement Integration .............................. 19  
   Hildi M. Nicksic

3 Using This Textbook to Effectively Plan for Movement Integration .............................................. 35  
   Suzanne F. Lindt, Stacia C. Miller and Hildi M. Nicksic

4 Integrating Movement in the Language Arts .............................................. 47  
   Krysta Woods, Christina Janise McIntyre, Emily Reeves and Pamela Whitehouse

5 Lesson Plans for Moving in the Language Arts Classroom .............................................. 73  
   Christina Janise McIntyre and Emily Reeves

6 Movement in the Science Classroom .............................................. 107  
   Tonya D. Jeffery, Kimberly Moore and Tommye Hutson

7 Lesson Plans for Moving in the Science Classroom .............................................. 127  
   Tonya D. Jeffery and Kimberly Moore

8 Movement in the Social Studies Classroom .............................................. 161  
   Angel Cartwright and Christopher Freeman

9 Lesson Plans for Moving in the Social Studies .............................................. 189  
   Angel Cartwright and Christopher Freeman

10 Movement in the Mathematics Classroom .............................................. 201  
   Dittika Gupta and Sarah Cobb
Moving INTO the Classroom
A Handbook for Movement Integration in the Elementary Classroom
Miller, S.C.; Lindt, S.F. (Eds.)
2018, X, 283 p. 35 illus., Softcover
ISBN: 978-981-10-6423-4