## Contents

### Part I  Psychosocial Factors at Work in the Asia Pacific

1. **The Context of Psychosocial Factors at Work in the Asia Pacific**  
   Maureen F. Dollard, Akihito Shimazu, Rusli Bin Nordin, Paula Brough, and Michelle R. Tuckey  
   3

2. **National Status of Psychosocial Factors at Work in Japan, Korea, Australia, and China**  
   Norito Kawakami, Jungsun Park, Maureen F. Dollard, and Junming Dai  
   27

### Part II  Innovations in Method for Workplace Health and Safety

3. **Cultural Distinctiveness in Response Bias**  
   Noboru Iwata  
   55

4. **Timing in Methods for Studying Psychosocial Factors at Work**  
   Christian Dormann and Bart van de Ven  
   89

5. **Momentary Measurement of Psychosocial Factors**  
   Kazuhiro Yoshiuchi  
   117

6. **A Multi-level Study of Psychosocial Safety Climate, Challenge and Hindrance Demands, Employee Exhaustion, Engagement and Physical Health**  
   Yulita, Mohd Awang Idris, and Maureen F. Dollard  
   127

7. **Comparing the Impact of Occupation-Specific and Generic Work Characteristics**  
   Paula Brough and Amanda Biggs  
   145

8. **Enacting Job Demands and Resources: Exploring Processes and Links with Individual Outcomes**  
   Carolyn M. Boyd and Michelle R. Tuckey  
   161
Part III Psychosocial Risks in the Asia Pacific

9 Dominant Culture and Bullying; Personal Accounts of Workers in Malaysia
   Sharon Sam Mee Kwan, Michelle R. Tuckey, and Maureen F. Dollard
   .......................................................... 177

10 Australian and Japanese Differences in Predispositions to Anger: Looking at Targets of Interpersonal Anger in the Workplace
   Sarven S. McLinton and Maureen F. Dollard
   .......................................................... 201

11 Work Addiction in Japanese Workers
   Nobuko Matsuoka and Akihito Shimazu
   .......................................................... 217

12 Mental Health of the Unemployed in Japan
   Miho Takahashi and Anthony H. Winefield
   .......................................................... 231

Part IV Physical Health Risks at Work

13 Using Evidence to Improve the Management Work-Related Musculoskeletal Disorders
   Jodi Oakman
   .......................................................... 255

14 Psychosocial Influences on Occupational Health and Safety Decision Making
   Valerie J. O’Keeffe and Michelle R. Tuckey
   .......................................................... 275

Part V Work-Life Balance

15 Malaysian Model of Work-Family Interface: Similar or Different from the West?
   Zaiton Hassan, Maureen F. Dollard, and Anthony H. Winefield
   .......................................................... 293

16 Work-Family Conflict and Worker Wellbeing in China
   Jian Li and Peter Angerer
   .......................................................... 309

17 Work-Life Enrichment
   Paula Brough, Zaiton Hassan, and Michael O’Driscoll
   .......................................................... 323

Part VI Interventions in Workplace Health and Safety

18 Effects of a Stress Management Intervention Program on Self-Perceived Depression, Anxiety, and Stress Among Hotel Employees: A Quasi-experimental Study
   Cindy Biding and Rusli Bin Nordin
   .......................................................... 339

19 Organisational Interventions
   Amanda Biggs, Andrew Noblet, and Amanda Allisey
   .......................................................... 355
20 National Benchmarking and Standards for Psychosocial Factors .............................................. 377
Tessa S. Bailey and Maureen F. Dollard

Part VII Conclusion

21 Psychosocial Factors at Work in the Asia Pacific: Final Thoughts and Future Research Directions .............................................. 389
Paula Brough, Maureen F. Dollard, and Michelle R. Tuckey
Psychosocial Factors at Work in the Asia Pacific
Dollard, M.F.; Shimazu, A.; Bin Nordin, R.; Brough, P.; Tuckey, M.R. (Eds.)
2014, XI, 396 p. 36 illus., Hardcover
ISBN: 978-94-017-8974-5