Contents

1 Editor’s Introduction ........................................... 1
   Laura Simich

2 What Is Resilience and How Does It Relate to the Refugee Experience? Historical and Theoretical Perspectives ............... 7
   Wade E. Pickren

3 Social Determinants of Refugee Mental Health .................... 27
   Farah N. Mawani

4 The Debate About Trauma and Psychosocial Treatment for Refugees ........................................... 51
   Clare Pain, Pushpa Kanagaratnam and Donald Payne

5 Reflections on Using a Cultural Psychiatry Approach to Assessing and Fortifying Refugee Resilience in Canada ................................. 61
   Lisa Andermann

6 Personal and Social Forms of Resilience: Research with Southeast Asian and Sri Lankan Tamil Refugees in Canada ...................... 73
   Morton Beiser

7 Social Support in Refugee Resettlement ........................................... 91
   Miriam J. Stewart

8 Newcomer Youth Self-Esteem: A Community-Based Mixed Methods Study of Afghan, Columbian, Sudanese and Tamil Youth in Toronto, Canada ............................................................ 109
   Nazilla Khanlou, Yogendra B. Shakya, Farah Islam and Emma Oudeh

9 Newcomer Refugee Youth as ‘Resettlement Champions’ for their Families: Vulnerability, Resilience and Empowerment ................................. 131
   Yogendra B. Shakya, Sepali Guruge, Michaela Hynie, Sheila Htoo, Arzo Akbari, Barinder (Binny) Jandu, Rabea Murtaza, Megan Spasevski, Nahom Berhane and Jessica Forster
<table>
<thead>
<tr>
<th>Chapter</th>
<th>Title</th>
<th>Authors</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>The Program Model of the Canadian Centre for Victims of Torture</td>
<td></td>
<td></td>
</tr>
<tr>
<td>11</td>
<td>The Role of Settlement Agencies in Promoting Refugee Resilience</td>
<td>Biljana Vasilevska</td>
<td>167</td>
</tr>
<tr>
<td>12</td>
<td>Mental Healthcare Policy for Refugees in Canada</td>
<td>Kwame J. McKenzie, Andrew Tuck and Branka Agic</td>
<td>181</td>
</tr>
<tr>
<td>13</td>
<td>Supporting Human Trafficking Survivor Resiliency through</td>
<td>Lauren Pesso</td>
<td>195</td>
</tr>
<tr>
<td></td>
<td>Comprehensive Case Management</td>
<td></td>
<td></td>
</tr>
<tr>
<td>14</td>
<td>Migrant Mental Health, Law, and Detention:</td>
<td>Chelsea Davis</td>
<td>211</td>
</tr>
<tr>
<td></td>
<td>Impacts and Alternatives</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Refuge and Resilience
Promoting Resilience and Mental Health among Resettled Refugees and Forced Migrants
Simich, L.; Andermann, L. (Eds.)
2014, XVIII, 226 p. 3 illus., Hardcover
ISBN: 978-94-007-7922-8