Preface

*Health Issues in Women with Multiple Sclerosis* is the first text entirely focused on key concepts that are uniquely applicable to our female patients with MS. This book is a result of intense collaboration between physicians and scientists from across the globe. All the contributors share a passion for helping women with this chronic (and as yet incurable) neurologic condition live their lives to the fullest potential. This comprehensive reference guide covers a full range of subjects – from genetics, to pregnancy, to menopause and end of life care, all of which are reviewed from the perspective of women’s health and within the bounds of our current knowledge as healthcare professionals. I have been focused on the subject of women’s health for a number of years, and have felt a clear lack of such a compendium for healthcare providers from varied disciplines in this matter. I am indebted to Dr. Sadovnick for undertaking this enormous project with me, to all our colleagues who contributed to this effort, and to my mentors, Dr. Howard Weiner, Dr. Rohit Bakshi, and Dr. Tanuja Chitnis, for their unwavering support and guidance over the last 15 years of my professional carrier. To my biggest fans and ever inspiring sources of energy – Stepan, Samuel, Katya, and Dmitry – thank you!

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