

# Contents

1	<b>Epidermolysis Bullosa (EB) – the Condition</b> .....	1
	<i>Hedwig Weiß and Florian Prinz</i>	
1.1	<b>Definition</b> .....	2
1.2	<b>Pathology of EB</b> .....	2
1.2.1	EB Simplex (EBS) .....	3
1.2.2	Junctional EB (JEB) .....	4
1.2.3	Dystrophic EB (DEB) .....	4
1.3	<b>The Most Common Sub-Types and Their Signs and Symptoms</b> .....	6
1.4	<b>The Most Common Cutaneous and Extracutaneous Complications</b> .....	8
1.5	<b>Diagnosis</b> .....	10
1.6	<b>Therapy</b> .....	10
2	<b>Motor Development in Early Childhood</b> .....	11
	<i>Florian Prinz</i>	
2.1	<b>Motor Development Screening</b> .....	12
2.1.1	Typical Development of Motor Ability .....	12
2.1.2	Assessment of Children with EB .....	15
2.1.3	Parental Questionnaire Focusing on the Early Motor Development .....	18
2.2	<b>Results from Motor Development Screening</b> .....	19
2.3	<b>Occupational Therapy</b> .....	22
2.3.1	Advising Parents .....	22
2.3.2	OT Intervention Focusing on the Early Motor Development .....	22
3	<b>Treatment of the Tactile, Vestibular and Proprioceptive Perception</b> .....	27
	<i>Florian Prinz</i>	
3.1	<b>Hypotheses Concerning Perception</b> .....	28
3.1.1	The Relevance of Tactile, Vestibular and Proprioceptive Perception to Child Development ..	28
3.2	<b>Assessment of Perception</b> .....	29
3.2.1	Clinical Observation of Children with EB – Considerations .....	30
3.2.2	Useful Additions for Children with EB .....	31
3.3	<b>Assessment Results</b> .....	33
3.3.1	Discussion of the Results .....	33
3.4	<b>Occupational Therapy</b> .....	34
3.4.1	Occupational Therapy Intervention Focusing on the Development of Perception .....	34
4	<b>Development of Hand Functions</b> .....	41
	<i>Florian Prinz</i>	
4.1	<b>Development of Prehension (Grasp)</b> .....	42
4.2	<b>Assessment of Children with EB</b> .....	44
4.3	<b>Assessment Results</b> .....	46
4.4	<b>Occupational Therapy</b> .....	46

## Contents

5	<b>Graphomotor Skills</b> .....	49
	<i>Florian Prinz</i>	
5.1	<b>Development of Pencil Grasp and of Drawing Skills</b> .....	50
5.2	<b>Assessment of Children with EB</b> .....	51
5.2.1	Graphomotorische Testbatterie .....	51
5.2.2	Observation of Drawing and Writing .....	52
5.2.3	The Mann-Zeichen-Test .....	53
5.3	<b>Assessment Results</b> .....	53
5.4	<b>Occupational Therapy</b> .....	55
5.4.1	Occupational Therapy Intervention Focusing on Drawing and Graphomotor Skills .....	55
6	<b>Independence in Everyday Life and Provision of Assistive Devices</b> .....	59
	<i>Hedwig Weiß and Florian Prinz</i>	
6.1	<b>Assessment of Children with EB</b> .....	60
6.1.1	Parental Questionnaire Focusing on the Coping Skills of Children with EB in Everyday Life..	62
6.2	<b>Occupational Therapy Intervention Focusing on Everyday Life and Use of Assistive Devices</b> .....	71
6.2.1	Self-Care .....	71
6.2.2	Mobility/Locomotion .....	80
6.2.3	Leisure/Hobbies .....	83
6.2.4	Kindergarten (Nursery)/School/Work .....	86
6.2.5	Barrier-Free Living .....	90
7	<b>Client-Directed Therapy Using the COSA</b> .....	95
	<i>Florian Prinz</i>	
7.1	<b>Client-Directed Practice</b> .....	96
7.2	<b>What is COSA?</b> .....	96
7.2.1	Contents and Structure of the COSA .....	96
7.3	<b>Client-Directed Assessment and Therapy for Children with EB Using the COSA</b> .....	99
7.3.1	Additions to the Intended Meaning Reference Guide for Children with EB .....	99
7.3.2	Additional Items for Children with EB .....	100
7.3.3	Formulating Goals .....	101
8	<b>Rehabilitation of the Hand</b> .....	103
	<i>Hedwig Weiß</i>	
8.1	<b>Pathophysiology of the Hand</b> .....	104
8.2	<b>Contractures and Deformities</b> .....	104
8.2.1	Fingers .....	105
8.2.2	Thumb .....	107
8.2.3	Palm and Arches of the Hand .....	108
8.2.4	Wrist .....	108
8.2.5	Interdigital Spaces .....	109
8.2.6	Causes of Contractures and their Relevance to Daily Life .....	110

## Contents

8.2.7	Pathological Changes to the Joints Due to Contractures .....	110
8.3	<b>Radiological Changes</b> .....	111
8.4	<b>Surgical Procedures</b> .....	112
8.5	<b>Occupational Therapy Process</b> .....	113
8.6	<b>Occupational Therapy Intervention</b> .....	114
8.7	<b>Occupational Therapy Assessment</b> .....	114
8.7.1	Assessment Form for the Hand – Using the AO Neutral-0 Method .....	114
8.7.2	Assessment Form for the Hand – Range of Motion/Sensibility/Pain/Grip forms/Dexterity ..	116
8.7.3	Assessment Form for the Hand – Longitudinal Growth and Pseudosyndactyly .....	120
8.7.4	Assessment Form for the Hand – Abduction of the Digits .....	121
8.8	<b>Occupational Therapy</b> .....	122
8.8.1	Aims of Intervention .....	122
8.8.2	Bandaging and Compression Gloves .....	122
8.8.3	Splinting for Contracture Prophylaxis .....	122
8.8.4	Types of Splint for Contracture Prophylaxis .....	124
8.8.5	Exercises to Prevent Deformities .....	126
8.9	<b>Postoperative Occupational Therapy after Digital Separation</b> .....	135
8.9.1	Aims of Treatment .....	135
8.9.2	Postoperative Splinting .....	135
8.9.3	Postoperative Problems .....	139
8.9.4	Assessment Form for the Hand – Sensibility .....	139
8.9.5	Training of Sensibility .....	141
8.9.6	Treatment of Scars .....	142
8.9.7	Treatment of Oedema .....	143
8.9.8	Manual Therapy .....	143
8.9.9	Functional Exercises after Operative Digital Separation .....	144
8.9.10	Bandaging to Prevent MCP Flexion and Ulnar Deviation .....	148
9	<b>Rehabilitation of the Foot</b> .....	151
	<i>Hedwig Weiß</i>	
9.1	<b>The Foot in People with DEB</b> .....	152
9.2	<b>Comparison of Hand and Foot</b> .....	153
9.3	<b>Anatomy and Function of the Foot</b> .....	153
9.3.1	The Cuneiform Principle .....	153
9.3.2	The Spiral Principle .....	154
9.3.3	The Transverse Arch .....	155
9.3.4	How DEB Affects these Principles .....	155
9.4	<b>The Pelvis and the Axes of the Legs</b> .....	156
9.4.1	The Pelvis .....	156
9.4.2	The Axes of the Legs .....	157
9.5	<b>The Development of the Foot and the Axes of the Legs During Growth</b> .....	157
9.5.1	The Newborn .....	157
9.5.2	The Infant .....	157

## Contents

9.5.3	The Toddler .....	158
9.5.4	The Schoolchild .....	158
9.5.5	Considerations Relating to the Foot Positions and Leg Axes in People with EB .....	159
9.6	<b>Malpositions of the Foot</b> .....	160
9.6.1	Pes (Talipes) Valgus/Varus .....	160
9.6.2	Fallen Arches, Pes Planus (Flatfoot), Pes Planovalgus .....	160
9.6.3	Pes Excavatus (High-Arched Foot) .....	161
9.6.4	Pes Transversoplanus (Splayfoot) .....	162
9.6.5	Considerations Relating to the Foot in People with DEB .....	162
9.7	<b>Assessment</b> .....	163
9.8	<b>Exercises</b> .....	167
9.8.1	Exercises for the Perception of the Feet .....	167
9.8.2	General Functional Exercises .....	170
9.8.3	Mobilisation .....	172
9.8.4	Functional Exercises for the Malpositions of the Foot .....	173
9.8.5	Bandaging .....	177
10	<b>Conclusion</b> .....	179
	<i>Hedwig Weiß and Florian Prinz</i>	
	Literature .....	184
	Subject Index .....	186



<http://www.springer.com/978-3-7091-1138-3>

Occupational Therapy in Epidermolysis bullosa  
A holistic Concept for Intervention from Infancy to Adult  
Weiß, H.; Prinz, F.  
2013, XIII, 190 p., Hardcover  
ISBN: 978-3-7091-1138-3