Acidum alpha-ketoglutararicum

Acidum α-ketoglutaricum, Acidum ketoglutararicum, alpha-Ketoglutararicum acidum, α-Ketoglutararicum acidum, alpha-Ketoglutaric acid, α-Ketoglutaric acid, 2-Oxoglutararic acid, 2-Oxopentanedioic acid

Important Proving Symptoms and Themes Noted by the Investigators

Mind

Vertigo
Light-headed, particularly when rising from a bed.

Head
Constriction or tightness like a band. Heat in the forehead. Heaviness of the head especially experienced in the forehead. Pulsations or throbbing in the vertex, or in the occiput and...
extending to the vertex, or from the temples and extending to the occiput. Shaking sensation in the forehead. Tension of the scalp relaxes. Dull head pain in the forehead, temples, or sides. Sharp pain in the forehead or temples. Pain in the forehead that is above the eyes. Occipital pain that extends to the neck, or the vertex, or on the sides of the occiput. Pain on the sides of the head, especially the left side, that extends to the jaws or forehead. Temple pain that is left-sided. pressing pain in the forehead, temples, left side, and occiput. Shooting pain in the forehead that extends to the nose. Stitching pain in the forehead and sides of occiput.

Eye
Dryness. Glassy appearance of the eyes. Irritation. Increased lacrimation in the wind. Pain that is aching, like a strain, burning, or stinging. Photophobia, especially in the daylight, that causes squinting. Redness.

Vision
Blurry and foggy vision.

Ear
Dull, aching pain in the ears. Stitching pain in the left ear. Sensation as if the ears were plugged up.

Nose
Congestion in the nose, a sense of fullness, or obstruction. Coryza that is constant or with fluid discharge. Discharge clear and copious, primarily from the posterior nares, excoriating, thick or thin, and white. Itching inside the nostrils. Sneezing.

Smell
Acute.

Face
Cracking sounds in the jaws when chewing. Red flushes. Heavy feeling. Itching of the cheeks and tingling under the eyes. Crinkly tension in the masseter muscles relaxes.

Mouth
Numbness of the palate. Bleeding of the gums improves when brushing the teeth.

Taste
Metallic taste in the mouth.

Throat
**Stomach**
Anxiety felt in the stomach. Increased appetite in the morning. Distension. Gurgling. Heartburn in the afternoon with a burning sensation in the throat. Nausea before or while eating, or with motion, and better lying down. Increased thirst.

**Abdomen**

**Rectum**
Constipation with straining or ineffectual urging. Diarrhea. Flatus that is difficult to release or during the stool. Improvement of hemorrhoidal itching. Sudden urging to stool especially in the afternoon.

**Stool**
Dark mucus on stool. Frequent. Offensive odor of stool. Soft and watery stool.

**Bladder**
Sudden urging.

**Urine**
Cloudy, pale urine.

**Female**
Delayed onset of menstruation. Leukorrhea that is varied: albuminous, bland, thick, or offensive. Onset of painful menses does not occur. Short menses. Diminished sexual desire.

**Larynx & Trachea**
Irritation and itching in the trachea. Tightening and tickling of the trachea that leads to bronchitis.

**Respiration**
Difficulty in inspiration associated with chest constriction.

**Cough**
Dry, rattling cough, worse during sleep. Spasmodic cough. Cough from irritation in the bronchi.

**Expectoration**
Scanty, yellow phlegm.

**Chest**
Chest tightness and constriction with raw pain or thick mucus in the chest. Perspiration in the chest area and axilla with increased irritability.
Back
Aching back pain in the cervical neck or in the dorsal region. Soreness of the back and dorsal region that is worse while lying down.

Extremities

Sleep
Chilly during sleep. Deep sleep in the daytime. Difficult or restless sleep. Falling asleep is difficult or difficulty in falling back to sleep during the night. Falling asleep early. Sleeping on the right side. Sleepiness throughout the day. Frequent waking. Sleeplessness. Waking from dreams, early, frequently, or after midnight. Weeping while sleeping.

Dreams
Dreams that are vivid or unremembered, amorous, frightful, full of anger, of being pursued, or nightmares.

Perspiration
Perspiration during sleep.

Skin
Dry, flaky skin on the forehead and chin. Red, spotted skin eruptions on the feet.

Generalities
Increased energy. Aggravated by physical exertion. Desires cold drinks, fruit, juicy things, coffee, oranges, and sour things. Flushes of heat. Relaxation of body but with alertness. Heaviness of the body. Weariness and lassitude, or improvement of the fatigue in the afternoon. Weakness that is sudden or from heat of the sun.
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