The purpose of this short monograph is to introduce a powerful way to think about quantum field theories. This conceptual framework is Wilson’s version of the renormalization group. The only prerequisites are a basic understanding of QFTs along the lines of a standard introductory course: the Lagrangian formalism and path integral, propagators, Feynman rules, etc.

The discussion begins with the simplest theories of scalar fields and then tackles gauge theories. Finally, theories with supersymmetry are briefly considered because they are a wonderful arena for discussing the renormalization group as there are a few key properties that one can prove exactly. For this reason the last chapter will provide a very basic description of some of the features that SUSY theories have with regard to the renormalization group, although the discussion of SUSY itself will necessarily be very rudimentary.

I apologise in advance to those who have pioneered this subject as I have not attempted to make a comprehensive list of references. The references that are given are intended to point the reader to sources which do have comprehensive lists.

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