
Preface



Cicatrices, often commonly referred to as scars, are an invariable companion of humans. There are few people in our imperfect world without a scar on the body. Our skin undergoes an endurance test on a day-to-day basis throughout our life. Common injuries, cuts, burns, accidents, surgeries and inflammatory skin diseases constitute an incomplete list of reasons for scarring. Supposing 1 of 1,000 residents across Europe and the United States has a 4-cm wound treated; the total length of these wounds would be more than 40,000 km, a value equivalent to the length of the equator. This is happening on a daily basis.

Scar appearance varies depending on multiple factors: depth and mechanism of wound, localization, adequacy of treatment, and other factors. The common thing about scars is that they leave an imprint on the soul. Apart from physical pain, scars may cause an inferiority

complex and undermine self-confidence to the extent psychological aid is required, with some neglected cases ending in suicide.

Scar treatment and correction involve a lasting and assiduous process that does not always produce quick and expected results. This is why the scar issue does not receive sufficient interest. Even highly professional surgeons may often be heard saying, "Let's just wait a year or so, and then we'll see!" and after this time span, the same doctor says, "It is hard to do anything about it." Scars can and should be treated within the first hours after injury, and 95 % of cases do not require surgical treatment. I learned this by my own experience when treating over 3,500 patients with scars of different origin.

Our goal is to make the scar unseeable or less conspicuous and erase the scar-related unpleasant memories.

I would be happy to make my humble contribution to the development of scar treatment and correction with this book and help my colleagues and patients.



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