Breath odors are a common and disturbing condition affecting some 25% of the adult population. Caregivers (dentists, family practitioners, ENT specialists, gastroenterologists, etc.) encounter patients with breath odor complaints in their daily practice. However, diagnosis and management of breath odors are barely taught in dental and medical faculties.

Academic research on breath odors dates back almost a century. During the 1960s, Joseph Tonzetich (University of British Columbia) and colleagues introduced gas chromatography techniques, and since then, continual growth has been seen in this field. The wealth of scientific data that has accumulated warrants a concise textbook summarizing the current status of breath research, and its implications for clinical diagnoses and management strategies. We hope that the current text will help fill this gap, that researchers, students and clinicians will find it informative and helpful, and that the data presented here will be shared in medical and dental curricula.

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