Historically, there have been several useful references created on topics related to carpal tunnel syndrome. The publications that we have reviewed during our careers in hand surgery have certainly contributed to our knowledge and understanding of carpal tunnel syndrome. Despite previous excellent publications on this subject matter, we felt that many aspects of previous publications might be improved. This conclusion was reached not only by our own personal opinion but also from comments made by colleagues in practice, as well as residents and fellows in training. The chapters of this book are all written by surgeons whom we hold in the highest regard as teachers and mentors of our generation.

Our target readership is for anyone who has an interest in caring for and treating patients with carpal tunnel syndrome. We believe this update, to what has previously existed as a reference on carpal tunnel syndrome, will be of use to residents, fellows, practicing clinicians, and perhaps even patients afflicted with the disease. The book has been organized to allow for easy searching of specific subject matter related to carpal tunnel syndrome. It reviews many contemporary surgical techniques and treatments for challenging issues related to carpal tunnel syndrome. We wish to thank all of those who helped bring this project to completion.

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