Chapter 2
STAT Proteins in Cancer

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Abstract  The seven members of the signal transducer and activator of transcription (STAT) family of proteins are transcription factors that are activated in response to, and mediate signaling downstream of, growth factors and cytokines. STATs are dysregulated in a broad range of cancer types. Although the genes that encode STATs are rarely mutated in cancer, constitutive phosphorylation and hence activation of STATs, particularly STAT3, is a common alteration in cancer. STAT3 and STAT5 are considered to play primarily pro-tumorigenic roles in tumor cells and within the tumor microenvironment (TME), while STAT1 has been described as a tumor suppressor (although recent publications have also revealed pro-tumorigenic functions of STAT1). In this chapter, we survey STATs in cancer, providing a general overview of STAT function and regulation in tumor cells and in immune cells within the TME.

Keywords  STAT1 • STAT3 • STAT5 • JAK/STAT • Cancer • Tumor microenvironment

2.1 Introduction

The signal transducer and activator of transcription (STAT) family comprises seven structurally similar proteins (STAT1, STAT2, STAT3, STAT4, STAT5A, STAT5B, and STAT6) that can function as both signaling proteins and transcription factors. STAT5A and STAT5B are encoded by two different genes that generate highly homologous proteins [1, 2]. Although STAT5A and STAT5B are distinct proteins with overlapping but non-redundant functions, they are often referred to collectively as STAT5.

Each STAT protein consists of six functionally conserved domains, including an SH2 domain and the C-terminal transactivation domain (TAD), which can be
phosphorylated on a conserved tyrosine residue (Tyr705 in STAT3) [3–6]. Tyrosine phosphorylation of STATs often occurs downstream of cytokine and growth factor receptors. STAT protein phosphorylation leads to STAT dimerization and translocation into the nucleus, where the STAT dimers can activate or repress transcription. Thus, phosphorylation of STATs links growth factor and cytokine signaling to gene expression.

Tyrosine phosphorylation of the TAD domain is the most well-characterized post-translational modification of STAT proteins. Serine phosphorylation of STATs also occurs and has been shown to be dysregulated in cancer [1, 4, 7–12]. Additional STAT regulatory mechanisms include ubiquitination, sumoylation, acetylation, and interactions with protein inhibitor of activated STAT (PIAS) proteins, which block STAT-DNA binding. This chapter will focus on the regulation of tyrosine phosphorylation of STATs in cancer. Recent reviews have addressed alternative STAT regulatory mechanisms [1, 3, 13–15].

2.2 Tyrosine Phosphorylation of STAT Proteins

In normal (non-transformed) cells, tyrosine phosphorylation of STAT proteins is triggered by the binding of growth factors and cytokines to their cognate receptors. Though the precise mechanism of activation is specific to each ligand/receptor complex, a common mechanism of STAT phosphorylation downstream of these receptors is by members of the Janus kinase (JAK) family of non-receptor tyrosine kinases (JAK1, JAK2, JAK3, and TYK2) [4–7, 13, 16, 17] (Fig. 2.1).

Following receptor dimerization, JAKs are recruited to and phosphorylate intracellular tyrosine residues on these receptors [4–7, 13, 16, 17]. For some receptors, phosphorylation of these sites can also be accomplished by autophosphorylation. This creates docking sites for STAT proteins, as the SH2 domains of STATs can bind the phosphorylated residues and, in turn, become phosphorylated by JAKs at the conserved tyrosine residue within the TAD. Phosphorylation at this site promotes STAT homo- or heterodimerization via reciprocal interactions between the SH2 domain of one STAT molecule and the tyrosine-phosphorylated TAD of its dimerization partner. Phosphorylated STAT dimers can be recognized by importins and transported into the nucleus [3, 7, 18], where they can activate or repress gene expression. It should be noted that, while JAKs are the primary mediators of STAT tyrosine phosphorylation downstream of cytokine and growth factor receptors, other kinases have also been shown to phosphorylate STATs.

Given the importance of tyrosine phosphorylation for STAT function and the involvement of STATs in cellular processes that are often dysregulated in cancer, it is not surprising that aberrant phosphorylation of STATs has been observed in many cancer types. Constitutive phosphorylation of STAT proteins often occurs downstream of oncogenic proteins and/or as a result of increased secretion of cytokines or growth factors in the TME. Oncogenic proteins can drive STAT phosphorylation independent of extracellular ligands, uncoupling STAT protein phosphorylation...
from growth factor/cytokine signaling, while increased secretion of cytokines or growth factors in the TME can elicit STAT protein hyperphosphorylation by activating receptors upstream of these STATs [4, 7, 13, 19–22]. Notably, these secreted factors can induce phosphorylation of STATs not only in tumor cells, but also in stromal cells and tumor-infiltrating immune cells.

### 2.3 Negative Regulators of STAT Signaling

Spatial and temporal regulation of STAT protein phosphorylation is coordinated by a number of phosphatases. While some of these phosphatases act directly on STATs, phosphatases targeting upstream molecules can also elicit downregulation of STAT
phosphorylation. Loss of expression or function of these phosphatases or other inhibitors of the JAK/STAT pathway can lead to constitutive activation of STAT proteins and contribute to the malignant phenotype [6, 19, 23–25].

Among the STAT pathway inhibitors that have been shown to be dysregulated in cancer are members of the protein tyrosine phosphatase (PTP) and suppressor of cytokine signaling (SOCS) families [3–6, 17, 19, 23–28]. Interestingly, several of the genes encoding SOCS proteins, which downregulate STAT signaling via inhibition of growth factor/cytokine receptors and members of the JAK family of protein tyrosine kinases, are STAT transcriptional targets [28–30]. This negative feedback loop is disrupted in malignant cells that exhibit hypermethylation of SOCS gene promoters [19, 25, 31].

2.4 STAT Function in the Nucleus

STAT protein dimers are transported into the nucleus by importins [3, 7, 18]. Once inside, STAT proteins can either promote or downregulate gene expression, often by cooperating with co-activators and co-repressors of transcription [1, 3, 12, 15]. Thus, STAT target gene expression can be shaped by not only the expression, phosphorylation, and nuclear translocation of STAT proteins themselves, but also by a cadre of transcriptional co-regulators.

It should be noted that, although tyrosine phosphorylation of STAT proteins plays a major role in STAT function, dimerization can occur independent of tyrosine phosphorylation, and unphosphorylated STAT proteins have also been shown to enter the nucleus and activate gene transcription, often in cooperation with other transcription factors [15, 19, 32, 33]. For example, unphosphorylated STAT3 can promote transcription of the oncogene MET in cooperation with nuclear factor kappa B (NF-KB) [32, 34].

2.5 STAT Proteins in Tumor-Infiltrating Immune Cells

The mechanisms that regulate STATs within tumor cells also govern their functions in immune cells, wherein STATs have been shown to play diverse roles in innate and adaptive immune cells in the TME. While STAT2 and STAT4 promote the anti-tumor immune response, STAT3 and STAT6 mediate immunosuppression in the TME, and STAT1 and STAT5 have been implicated in both activation and suppression of the anti-tumor immune response (Table 2.1). Thus, the roles of STAT proteins in cancer extend beyond their functions in tumor cells themselves. It is now well-established that immunosuppression in the TME contributes to tumor progression, and therapies that activate the anti-tumor immune response have demonstrated efficacy in a number of cancer types. The functions of STATs in tumor-infiltrating immune cells will be discussed alongside their tumor cell-intrinsic roles in the following sections.
2.6 STAT1

STAT1 was initially considered to function primarily as a tumor suppressor. Though studies continue to demonstrate tumor suppressive roles of STAT1, pro-tumorigenic roles of STAT1 have also been identified.

2.6.1 STAT1 Opposes Tumor Cell Proliferation and Survival

STAT1 can oppose cell proliferation through the activation of genes that promote growth arrest and through mechanisms independent of its role as a transcription factor. Several STAT1 target genes encode proteins that negatively regulate cell cycle progression, including the cyclin-dependent kinase (CDK) inhibitors p21^{Cip1/Waf1} (gene name: CDKN1A) and p27^{Kip1} (CDKN1B) [11, 27]. STAT1 can also promote stabilization of p27^{Kip1} through transcriptional repression of the gene encoding...
S-phase kinase-associated protein 2 (Skp2), a ubiquitin ligase that tags p27\(^{Kip1}\) for proteasomal degradation [35]. In addition, serine-phosphorylated STAT1 can block progression through G1 by interacting with the cyclin D1/CDK4 complex and inducing proteasome-mediated degradation of cyclin D1 [9].

STAT1 can inhibit proliferation by repressing transcription of the proto-oncogene \(MYC\) [12, 27]. It should be noted, however, that STAT1 was recently identified as a positive regulator of \(MYC\) transcription in serous papillary endometrial cancer (SPEC) and thus acted as a driver of tumor progression in this cancer type [36]. STAT1 can promote apoptosis by activating the expression of pro-apoptotic genes and inhibiting expression of pro-survival genes [27]. On the other hand, unphosphorylated STAT1 has been shown to protect cells from apoptosis by suppressing the expression of Fas and Bad [37].

### 2.6.2 STAT1 Can Promote or Inhibit the Anti-Tumor Immune Response

Additional pro- and anti-tumorigenic roles of STAT1 have emerged from studies on STAT1 in tumor-infiltrating immune cells and in modulation of the anti-tumor immune response by tumor cells (Table 2.1, Fig. 2.2). Many functions of STAT1 in cancer are linked to its role as a mediator of type I and type III interferon signaling.

![Roles of STAT1 in tumor cells and immune cells within the TME](Fig. 2.2)

Fig. 2.2 Roles of STAT1 in tumor cells and immune cells within the TME. STAT1 is thought to act primarily as a tumor suppressor through its ability to inhibit growth and promote apoptosis of tumor cells and through its promotion of Th1-type anti-tumor immune responses (left side of figure). STAT1 can promote the activation of tumor cell-targeting Th1 cells by DCs and mediate type I interferon-induced activation of anti-tumor (M1) macrophages (M\(Φ\)) and CD8\(^{+}\) T cells. However, STAT1 can also promote expansion of immunosuppressive MDSCs and M2 polarization of M\(Φ\) (right side of figure), and can induce expression of PD-L1 on tumor cells, protecting them from T cell-mediated lysis.
T helper 1 (Th1) immune responses are characterized by the activation of the Th1 subset of CD4+ T cells, which can drive anti-tumor immune responses by releasing pro-inflammatory cytokines such as interferon gamma (IFN-γ) that can mobilize anti-tumor macrophages and cytotoxic CD8+ T cells [13, 16, 38]. STAT1 is an important mediator of the Th1 immune response, as it promotes the expression of IL-12 (a cytokine that induces the polarization of naïve CD4+ T cells into Th1 cells) and mediates the expression of many IFN-γ-inducible genes [13, 16, 39]. Among these genes are those encoding class I major histocompatibility complex (MHC) and co-stimulatory molecules, which are required for effective antigen presentation to and activation of anti-tumor T cells by dendritic cells (DCs) [2, 7, 33]. This implicates STAT1 in the anti-tumor immune response.

STAT1 can antagonize the anti-tumor immune response by inducing expression of the gene encoding programmed death-ligand 1 (PD-L1), an immune checkpoint molecule [8, 40, 41]. PD-L1 expressed on tumor cells engages the inhibitory receptor programmed death-1 (PD-1) on activated natural killer (NK) and T cells in the tumor microenvironment, thereby protecting tumor cells from NK- and T-cell-mediated destruction [8, 41]. A recent study identified activation of the JAK2/STAT1 axis in response to epidermal growth factor (EGF) and interferon gamma (IFN-γ) in head and neck cancer cells [8]. In this system, inhibition of JAK2 abrogated STAT1-dependent expression of PD-L1 and enhanced the ability of NK cells to lyse tumor cells [8].

An additional mechanism by which STAT1 promotes tumor immune evasion is through the induction of myeloid-derived suppressor cells (MDSCs) [27, 42, 43]. MDSCs are a heterogeneous class of immature myeloid cells that share the ability to suppress both innate and adaptive immune cells, thereby impeding the anti-tumor immune response [42]. Immunosuppressive cytokines trigger the expansion of MDSCs, and STAT1 has been shown to promote their accumulation within tumors [27, 43].

STAT1 has also been implicated in immune suppression mediated by another subset of cells of the myeloid lineage: tumor-associated macrophages (TAMs). Macrophages in the tumor microenvironment tend to be polarized toward the immunosuppressive type 2 (M2) phenotype. These TAMs oppose the anti-tumor immune response and are associated with poor prognosis in cancer [44–46]. STAT1 has been implicated in the expansion of M2-polarized macrophages in mouse mammary tumors [44] and in the immunosuppressive functions of M2 TAMs [47]. STAT1 has also been shown to promote M1 macrophage polarization, which is thought to promote the anti-tumor immune response [45, 46].

Overall, the evidence suggests that whether STAT1 functions as a tumor promoter or suppressor is context-specific [27, 33]; i.e., while STAT1 functions as a tumor suppressor by inhibiting tumor cell proliferation and survival in many cancer types, tumor-promoting roles of STAT1 have also been identified (for example, in serous papillary endometrial cancer) [36]. In addition, while STAT1 is a critical mediator of the Th1 response and thereby promotes anti-tumor immunity, it can also effect immunosuppression through expansion of MDSCs and upregulation of the immune checkpoint molecule PD-L1 on tumor cells.
2.7 STAT3

In contrast to STAT1, the functions of STAT3 identified in cancer thus far have been almost exclusively pro-tumorigenic. STAT3 is well-established as a proto-oncogene [3, 48], and constitutive activation of STAT3 has been observed in a broad range of cancer types. In addition, ample evidence implicates STAT3 in suppression of the anti-tumor immune response.

2.7.1 STAT3 Promotes Tumor Cell Proliferation, Survival, Invasion, and Metastasis

Like the other STAT proteins, STAT3 is rarely mutated in cancer. However, STAT3 is phosphorylated downstream of a number of oncogenes, including EGFR [49–51], Src [19, 51, 52], and c-MET [19, 51]. Secretion of STAT3-activating growth factors and cytokines, such as IL-6, and hypermethylation of or loss-of-function mutations in the genes encoding negative regulators of STAT3 signaling, such as SOCS3 or the phosphatases PTPRD and PTPRT, are additional mechanisms by which STAT3 can be constitutively phosphorylated in cancer [4, 23, 24, 31].

The pro-tumorigenic functions of STAT3 stem in part from its ability to activate genes that promote proliferation, protect cells from apoptosis, stimulate angiogenesis, and drive invasion and metastasis [3, 13, 22, 33]. STAT3 target genes that induce cell proliferation include those encoding cyclin D1 (CCND1) and c-Myc (MYC) [4, 13, 15, 32, 33, 48, 53, 54]. Tumor cell survival can be enhanced by STAT3-mediated expression of the genes BCL2, BCL2L1, and BIRC5, which encode the anti-apoptotic proteins Bcl-2, Bcl-xL and Survivin, respectively [4, 5, 10, 13, 15, 16, 32, 33, 54]. STAT3 promotes angiogenesis in part by activating transcription of the gene encoding vascular endothelial growth factor (VEGF). VEGF, in turn, can promote activation of STAT3 [4, 10, 15, 55, 56]. Additional mediators of STAT3-induced angiogenesis are the matrix metalloproteinases MMP-2, MMP-7, and MMP-9, which degrade the extracellular matrix and basement membrane, facilitating angiogenesis and tumor cell invasion and metastasis [13, 16, 33, 56, 57]. STAT3 also induces epithelial–mesenchymal transition (EMT), a transdifferentiation program that has been shown to enable metastasis, by promoting expression of the EMT-associated transcription factors Snail (SNAI1), Twist (TWIST1), and ZEB1 (ZEB1) [56, 58–62].

Another key function of STAT3 is mediating resistance to cancer therapy, including, but certainly not limited to, the EGFR-targeted monoclonal antibody cetuximab [63], the Src-family kinase inhibitor dasatinib [64], and chemotherapy [20, 65]. In a recent paper, feedback activation of STAT3 was found to mediate resistance to a number of oncogene-targeted therapies [66]. The authors first identified a STAT3-activating feedback loop in an EGFR-mutant non-small cell lung cancer (NSCLC)
cell line (PC-9) treated with the EGFR tyrosine kinase inhibitor (TKI) erlotinib. In these cells, erlotinib treatment led to the secretion of molecules that induced tyrosine phosphorylation of STAT3. Exposing erlotinib-naïve PC-9 cells to conditioned medium from erlotinib-treated cells could induce resistance to erlotinib, and knockdown of STAT3 abrogated this effect, demonstrating that inhibition of EGFR could paradoxically drive STAT3 activation and induce STAT3-mediated drug resistance through secretion of STAT3-activating factors. Feedback activation of STAT3 via this mechanism was subsequently observed in many other oncogene-addicted cancer cell lines treated with an inhibitor targeting their driver oncogene. Thus, cumulative evidence supports activation of STAT3 as a common mechanism of resistance to cancer therapy and suggests that targeting STAT3 is a rational strategy to overcome resistance, as has been suggested previously [63, 65, 66].

The STAT3-activating feedback loop reported by Lee and colleagues was identified in the absence of immune cells, but highlights the paradigm of secreted factors in the tumor microenvironment inducing STAT3 phosphorylation within tumor cells [25, 67]. These secreted factors, which may be tumor-, stroma-, and/or immune cell-derived, can also effect STAT3 activation in tumor-infiltrating immune cells, thereby promoting tumor immune evasion.

2.7.2 Activation of STAT3 in Immune Cells in the TME Dampens the Anti-Tumor Immune Response

Activation of STAT3 in tumor cells can promote expression of the genes encoding the immunosuppressive cytokines IL-6, IL-10, and vascular endothelial growth factor (VEGF), which can promote the continued activation of STAT3 in tumor cells in an autocrine or paracrine manner [16, 55, 68]. These cytokines can also drive activation of STAT3 within tumor-infiltrating innate and adaptive immune cells, thereby promoting immunosuppression in the TME [16, 68] (Table 2.1, Fig. 2.3).

Like STAT1, STAT3 can promote the expansion of MDSCs in the TME [16, 42, 68]. Tumor-derived S100A9 protein, the expression of which is promoted by STAT3, drives accumulation of MDSCs [42, 69]. Moreover, STAT3 mediates the immunosuppressive functions of MDSCs by inducing their production of the T cell-suppressive enzymes arginase-I and indoleamine 2,3-dioxygenase (IDO) [70, 71]. STAT3 has also been shown to mediate the secretion of pro-angiogenic factors by MDSCs [16, 22].

STAT3 further promotes immunosuppression in the TME by driving M2 polarization of TAMs and inhibiting dendritic cell (DC) maturation. Activation of STAT3 in TAMs inhibits secretion of pro-inflammatory cytokines and promotes secretion of immunosuppressive cytokines (such as IL-6 and IL-10) that activate STAT3 in DCs [13, 16, 21, 45, 68, 72–74]. STAT3 inhibits the functional maturation of DCs, impeding their ability to activate T cells to mount an effective anti-tumor immune response [13, 21, 45, 68, 72–75].
Activation of STAT3 in naïve CD4⁺ T cells can promote their differentiation into Th17 cells, a T-cell population associated with tumor progression [33, 68, 76, 77]. In addition, STAT3 is implicated in the expansion and immunosuppressive functions of regulatory T cells (Treg) [78]. STAT3 promotes M2 polarization of macrophages (MΦ) and inhibits maturation of DCs. STAT3 can also promote differentiation of Th17 and Treg cells and mediate their secretion of IL-17 and IL-22, and IL-10 and TGF-β, respectively. Collectively, activation of STAT3 in tumor-infiltrating immune cells facilitates immunosuppression in the TME.

2.8 STAT5

STAT5 is often implicated in hematologic malignancies, where it is activated downstream of the oncogenic fusion protein BCR-ABL (in chronic myelogenous leukemia (CML)) and as a result of activating mutations in JAK proteins [1, 16, 18, 19]. In solid tumors, cytokines often drive activation of STAT5 [19]. Compared to STAT3, relatively little is known about the role of STAT5 in the anti-tumor immune response. While expression of a constitutively active STAT5 mutant in CD8⁺ T cells was shown to promote their ability to lyse tumor cells in an immunocompetent mouse model of melanoma [79], suggesting that STAT5...
can promote the anti-tumor immune response, STAT5 can also mediate IL-2-induced differentiation of Tregs, known antagonists of the anti-tumor immune response [13, 16, 78].

### 2.9 STAT2, STAT4 and STAT6

The remaining STAT proteins (STAT2, STAT4, and STAT6) have not been as extensively studied in the context of cancer, but functions for each of these proteins in tumor cells and/or immune cells in the TME have nonetheless been identified.

STAT2 and STAT4 participate in Th1 anti-tumor immune responses. STAT4 mediates IL-12-induced expression of IFN-γ [16, 80], while STAT2, operating as a heterodimer with STAT1, promotes expression of IFN-γ-stimulated genes [16, 81].

Evidence suggests that STAT6 primarily mediates pro-tumorigenic functions through its promotion of tumor cell proliferation and survival, particularly in hematologic malignancies [16, 82, 83], and through suppression of the anti-tumor immune response. STAT6 is activated in response to the cytokines IL-4 and IL-13 and mediates the immunosuppressive effects of these cytokines [82]. STAT6 promotes M2 polarization of macrophages and the expansion of MDSCs in the TME [16, 42, 84, 85]. In addition, STAT6 impairs CD8+ T cell tumor infiltration by inducing downregulation of very late antigen-4 (VLA-4, or integrin α4β1), which mediates migration of T cells into tumors [16, 86].

### 2.10 Conclusion

STAT biology is complex, and both pro- and anti-tumorigenic effects have been described for each STAT protein. STATs play roles in tumor cells as well as other cells in the TME, including tumor-infiltrating immune cells. As such, any attempt to utilize STAT inhibitors must consider the effects of these inhibitors on immune cells as well as on the tumor cells. Modulation of STAT activity in tumor-infiltrating immune cells does not appear to be a side effect of STAT inhibitors; rather, this may be critical for their anti-tumor efficacy. For example, STAT3 inhibitors would be predicted to exert their anti-tumor effects by both abrogating expression of STAT3-regulated genes in tumor cells themselves and antagonizing STAT3-mediated immunosuppression in the TME. Indeed, the anti-tumor efficacy of the STAT3 antisense oligonucleotide AZD9150 is currently thought to stem primarily from its ability to enhance the anti-tumor immune response [87]. STAT5 inhibitors are also in development for cancer treatment, and the bromodomain and extra-terminal (BET) family bromodomain inhibitor JQ1, which inhibits STAT5, has been shown to impact both tumor and immune cells [88–90]. Thus, administering STAT inhibitors, particularly inhibitors of STAT3, may be a promising way to target both tumor cells and the TME and elicit an effective anti-tumor therapeutic response.
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