Contents

Part I Introduction

1 Introduction to Severe Obesity for Psychiatrists ....................... 3
   Raed Hawa and Sanjeev Sockalingam

2 Severe Obesity: A Patient’s Perspective ...................................... 5
   Becky Smith and Catherine Laird

Part II Causes and Treatment of Obesity:
   From Genes to Integrated Care Models

3 Causes of Severe Obesity: Genes to Environment ....................... 21
   Satya Dash

4 Insecure Attachment and Trauma in Obesity
   and Bariatric Surgery ........................................................................ 37
   R.G. Maunder, J.J. Hunter, and Tho Lan Le

5 Medical Complications Resulting from Severe Obesity .......... 49
   Patti Kastanias, Karyn Mackenzie, Sandra Robinson,
   and Wei Wang

6 Overview of Medical and Surgical Treatment
   of Severe Obesity ................................................................................. 75
   Kristel Lobo Prabhu and Timothy Jackson

7 Integrated Models for Severe Obesity Management:
   Role for Psychosocial Teams ........................................................ 83
   Wynne Lundblad, Alexis M. Fertig, and Sanjeev Sockalingam

Part III Assessment of Psychosocial Domains
   in Severe Obesity Care

8 Weight-Based Stigma and Body Image in Severe Obesity ....... 93
   Stephanie E. Cassin and Aliza Friedman

9 Mood Disorders and Severe Obesity: A Case Study ............... 107
   Giovanni Amodeo, Mehala Subramaniaipillai,
   Rodrigo B. Mansur, and Roger S. McIntyre
<table>
<thead>
<tr>
<th>Chapter</th>
<th>Title</th>
<th>Authors</th>
</tr>
</thead>
<tbody>
<tr>
<td>10</td>
<td>Eating Disorders in Severe Obesity</td>
<td>Susan Wnuk, Jessica Van Exan, and Raed Hawa</td>
</tr>
<tr>
<td>11</td>
<td>Addictive Disorders in Severe Obesity and After Bariatric Surgery</td>
<td>Carrol Zhou and Sanjeev Sockalingam</td>
</tr>
<tr>
<td>12</td>
<td>Sleep and Severe Obesity</td>
<td>Elliott Kyung Lee and Raed Hawa</td>
</tr>
<tr>
<td>13</td>
<td>Psychiatric Suitability Assessment for Bariatric Surgery</td>
<td>Weronika Gondek</td>
</tr>
<tr>
<td></td>
<td>Part IV Nutrition and Psychotherapeutic Treatments in Obesity</td>
<td></td>
</tr>
<tr>
<td>14</td>
<td>Nutrition Management of Severe Obesity</td>
<td>Katie Warwick and Lorraine Gougeon</td>
</tr>
<tr>
<td>15</td>
<td>The Role of Social Support in Weight Loss Management for Morbidly Obese Individuals</td>
<td>Anna Wallwork and Lynn Tremblay</td>
</tr>
<tr>
<td>16</td>
<td>Motivational Interviewing for Severe Obesity</td>
<td>Marlene Taube-Schiff, Lauren David, and Stephanie E. Cassin</td>
</tr>
<tr>
<td>17</td>
<td>Mindful Eating for Severe Obesity</td>
<td>Susan Wnuk and Chau Du</td>
</tr>
<tr>
<td>18</td>
<td>Cognitive Behavioural Therapy for Severe Obesity</td>
<td>Stephanie E. Cassin and Molly Atwood</td>
</tr>
<tr>
<td>19</td>
<td>Behavioural Interventions for Weight Management Among Patients with Schizophrenia</td>
<td>Markus Duncan, Karen Davison, Gary Remington, and Guy Faulkner</td>
</tr>
<tr>
<td>20</td>
<td>Young Adulthood and Obesity Management: Developmental Issues and Transition of Care</td>
<td>Marlene Taube-Schiff and Shira Yufe</td>
</tr>
<tr>
<td>21</td>
<td>Technology to Promote Obesity Self-Management</td>
<td>Melvyn W.B. Zhang and Roger C.M. Ho</td>
</tr>
<tr>
<td></td>
<td>Part V Psychopharmacological Considerations</td>
<td></td>
</tr>
<tr>
<td>22</td>
<td>Choosing Psychiatric Medications for Patients with Severe Obesity and Pharmacological</td>
<td>Giovanni Amodeo, Mehala Subramaniapillai, Rodrigo B. Mansur, and Roger S. McIntyre</td>
</tr>
</tbody>
</table>
Contents

23  Psychopharmacology in Bariatric Surgery Patients................. 313
    Kathleen S. Bingham and Richard Yanofsky

Part VI  Putting It All Together: An Integrative Synthesis

24  Integrated Case Summary .................................................. 337
    Raed Hawa and Sanjeev Sockalingam

Appendix: Sample Bariatric Surgery Clinical
Assessment Measures................................................................. 343

Index........................................................................................................ 347
Psychiatric Care in Severe Obesity
An Interdisciplinary Guide to Integrated Care
Sockalingam, S.; Hawa, R. (Eds.)
2017, XII, 357 p. 18 illus., 12 illus. in color., Hardcover
ISBN: 978-3-319-42534-4