

---

# Contents

## Part I Principles

- 1 **The Idea of Recovery** . . . . . 3  
Will D. Spaulding, Elaina Montague, Andrea Avila  
and Mary E. Sullivan
- 2 **Principles for Recovery-Oriented Inpatient Care** . . . . . 39  
Larry Davidson, Erika Carr, Chyrell Bellamy, Janis Tondora,  
Ellie Fossey, Thomas Styron, Maryanne Davidson  
and Shady Elsamra
- 3 **Sexuality and Sexual Health** . . . . . 59  
Kristin M. Hunter and Anthony O. Ahmed
- 4 **Teaching Clinicians the Practice  
of Recovery-Oriented Care** . . . . . 81  
P. Alex Mabe, Michael Rollock and Gina N. Duncan
- 5 **Shared Decision-Making** . . . . . 99  
Gina N. Duncan, Anthony O. Ahmed, P. Alex Mabe,  
Brian Anderson, Gareth Fenley and Michael Rollock

## Part II Practice

- 6 **Inpatient Treatment Planning** . . . . . 127  
Nirbhay N. Singh, Giulio E. Lancioni, Evelyn Harris  
and Alan S.W. Winton
- 7 **Psychopharmacological Treatment** . . . . . 155  
Scott Van Sant
- 8 **Cognitive Remediation in Mental Health** . . . . . 179  
Benjamin D. Hill, Channing Sofko and Anneliese C. Boettcher
- 9 **Psychiatric Services** . . . . . 203  
Jack W. Barber
- 10 **Psychological Services** . . . . . 227  
Jeff Phillips
- 11 **Mental Health Nursing Services** . . . . . 259  
Rachel E. Myers

---

<b>12 Occupational Therapy Services . . . . .</b>	<b>279</b>
Monica M. Jackman	
<b>13 Peer Support Services . . . . .</b>	<b>309</b>
Michael Franczak and Christina Dye	
<b>Part III Advocacy, Resilience and Empowerment</b>	
<b>14 Self-advocacy and Empowerment. . . . .</b>	<b>339</b>
Michael S. Shafer, Vicki Staples and Lisa St. George	
<b>15 Legal Advocacy. . . . .</b>	<b>359</b>
Donna Lee Elm and Jenny L. Devine	
<b>16 Stigma and Recovery . . . . .</b>	<b>387</b>
Kathy Bashor, Susan Junck, Colleen McGregor and Cheryl Anderson	
<b>17 Enhancing Resilience and Sustaining Recovery. . . . .</b>	<b>409</b>
Michael Franczak, Doug Barshter, John W. Reich, Martha Kent and Alex J. Zautra	
<b>18 Change and Systems Transformation. . . . .</b>	<b>439</b>
Scott Van Sant, Jack W. Barber and Nirbhay N. Singh	
<b>Index. . . . .</b>	<b>455</b>



<http://www.springer.com/978-3-319-40535-3>

Handbook of Recovery in Inpatient Psychiatry

Singh, N.; Barber, J.W.; Van Sant, S. (Eds.)

2016, XXVIII, 467 p. 6 illus., Hardcover

ISBN: 978-3-319-40535-3