I write this book to commemorate all my patients at Pathways to Housing from 2005 to 2011—not only those who recovered, because they all welcomed me into their lives and invited me to share in their efforts toward recovery. Its purpose is threefold: (1) to illustrate my view of the success of some of them with those efforts; (2) to suggest to policy-makers how outreach psychiatry can bridge the gap between institutional treatment or homelessness and stability in the community; and (3) to invite fellow psychiatrists at any stage of their careers to enter this work and improve on it.
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