## Contents

Critical Mindfulness of Psychology’s Mindlessness .......................... 1  
Sayyed Mohsen Fatemi

The Construct of Mindfulness Amidst and Along Conceptions of Rationality ........................................... 25  
Mihnea Moldoveanu

On the Way to Mindfulness: How a Focus on Outcomes  
(Even Good Outcomes) Prevents Good Outcomes ................................. 45  
Maja Djikic

Understanding Confidence: Its Roots and Role in Performance .......... 55  
Rosabeth Moss Kanter and Daniel P. Fox

Irrational Attachment (Why We Love What We Own) ....................... 69  
Dan Ariely, Matt Trower and Aline Grüneisen

Mindful Dissent .................................................................................. 91  
Stuart Albert

Psychobiography as a Means to Understanding Langer’s  
Contributions to Psychological Science ........................................... 101  
Jack Demick

Mindfulness in Action: The Emergence of Distinctive  
Thought and Behavior ................................................................. 129  
Robin R. Vallacher, Matthew S. Jarman and Steven S. Parkin

Priming the Mind to See Its Double: Mindfulness in a New Key .......... 145  
Louise Sundararajan and Sayyed Mohsen Fatemi

Langerian Mindfulness and Optimal Sport Performance .................... 159  
Amy L. Baltzell and John M. McCarthy

Health and the Psychology of Possibility ......................................... 173  
Deborah Phillips and Francesco Pagnini