

Preface

To be occupied is a fundamental right of every person, regardless of having a disability or living in an obstructive environment. Occupational therapists encourage and contribute to individuals' potential to perform activities and carry out occupations at home, at school, at work, and in the community. The main expected outcomes of applying occupational therapy interventions (OTIs) are clients' optimal adaptations, learning/re-learning, recovery, health, and wellness.

International Handbook of Occupational Therapy Interventions, Second Edition comprehensively discusses:

- The research methodology and extensive literature reviews that constitute the basis of the first and second editions
- The scientific evidence with the aim of validating the suggested taxonomy of OTIs; the “Occupational Therapy Intervention Framework” (OTIF)
- Theoretical core knowledge that is necessary for understanding clinical praxis
- Specific evidence-based OTIs presented in 52 chapters
- Interactive clinical case studies reflecting particular OTIs

The purpose of the handbook is to outline occupational therapists' professional skills and activities, i.e., to provide a description of evidence-based OTIs used in clinical praxis worldwide. The main professional roles of occupational therapists are to:

- Manage and facilitate clients' adaptations
- Guide/teach clients' learning or re-learning
- Enable and maximize clients' recovery
- Prevent clients' occupational ill health and promote health and wellness

The handbook is an encyclopedic practical reference for:

- Students of occupational therapy who are developing their knowledge and skills
- Practicing occupational therapists who want to update and fine-tune their knowledge and skills
- Members of rehabilitation and health care teams, stakeholders, and others who want information about the praxis of occupational therapy and the role of occupational therapists.

International Handbook of Occupational Therapy Interventions, Second Edition is one of many generative discourses aimed at providing education in occupational therapy and information about OTIs. Thus, it is a source for the further research and development of the occupational therapy field and practice.

Ingrid Söderback
Nacka, Sweden



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