Preface

To be occupied is a fundamental right of every person, regardless of having a dis-
ability or living in an obstructive environment. Occupational therapists encourage
and contribute to individuals’ potential to perform activities and carry out occupa-
tions at home, at school, at work, and in the community. The main expected out-
comes of applying occupational therapy interventions (OTIs) are clients’ optimal
adaptations, learning/re-learning, recovery, health, and wellness.

*International Handbook of Occupational Therapy Interventions*, Second Edition
comprehensively discusses:

- The research methodology and extensive literature reviews that constitute the
  basis of the first and second editions
- The scientific evidence with the aim of validating the suggested taxonomy of
  OTIs; the “Occupational Therapy Intervention Framework” (OTIF)
- Theoretical core knowledge that is necessary for understanding clinical praxis
- Specific evidence-based OTIs presented in 52 chapters
- Interactive clinical case studies reflecting particular OTIs

The purpose of the handbook is to outline occupational therapists’ professional
skills and activities, i.e., to provide a description of evidence-based OTIs used in
clinical praxis worldwide. The main professional roles of occupational therapists
are to:

- Manage and facilitate clients’ adaptations
- Guide/teach clients’ learning or re-learning
- Enable and maximize clients’ recovery
- Prevent clients’ occupational ill health and promote health and wellness

The handbook is an encyclopedic practical reference for:

- Students of occupational therapy who are developing their knowledge and skills
- Practicing occupational therapists who want to update and fine-tune their knowl-
edge and skills
- Members of rehabilitation and health care teams, stakeholders, and others who
want information about the praxis of occupational therapy and the role of occu-
pational therapists.
International Handbook of Occupational Therapy Interventions, Second Edition is one of many generative discourses aimed at providing education in occupational therapy and information about OTIs. Thus, it is a source for the further research and development of the occupational therapy field and practice.

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