# Contents

1 **Introduction** .......................................................... 1  
F. Michael Gloth, III

2 **Pain, Pain Everywhere...Almost** .............................. 5  
F. Michael Gloth, III

3 **Assessment** .......................................................... 15  
F. Michael Gloth, III

4 **AGS 2009 Guidelines for Pharmacological Management of Persistent Pain in Older Adults** .......................... 27  
F. Michael Gloth, III

5 **Spirituality as an Adjunct to Pain Management** ............ 35  
Cristina Rosca Sichitiu and Thomas Mulligan

6 **The Role of Rehabilitation in Managing Pain in Seniors** .................. 45  
Mark J. Gloth and Richard A. Black

7 **Pharmacotherapy of Pain in Older Adults: Nonopioid** ........... 57  
Mary Lynn McPherson and Tanya J. Uritsky

8 **Pharmacotherapy of Pain in Older Adults: Opioid and Adjuvant** .......................................................... 83  
Mary Lynn McPherson and Tanya J. Uritsky

9 **Interventional Strategies for Pain Management** .................. 105  
Kulbir S. Walia, Frederick W. Luthardt, Maneesh C. Sharma, and Peter S. Staats

10 **Pain Management in Long-Term Care** .......................... 131  
Susan L. Charette and Bruce A. Ferrell
<table>
<thead>
<tr>
<th>Chapter</th>
<th>Title</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>11</td>
<td>The Politics of Pain: Legislative and Public Policy Issues</td>
<td>147</td>
</tr>
<tr>
<td></td>
<td>F. Michael Gloth, III</td>
<td></td>
</tr>
<tr>
<td>12</td>
<td>The Internet and Electronic Medical Records to Assist with Pain Relief</td>
<td>165</td>
</tr>
<tr>
<td></td>
<td>F. Michael Gloth, III</td>
<td></td>
</tr>
<tr>
<td>13</td>
<td>Navigating Pain Care: Trials, Tribulations, and Triumphs and Resources to Help</td>
<td>177</td>
</tr>
<tr>
<td></td>
<td>Micke Brown and Amanda Crowe</td>
<td></td>
</tr>
<tr>
<td>14</td>
<td>Suggestions for Change: Education, Policy, and Communication</td>
<td>195</td>
</tr>
<tr>
<td></td>
<td>F. Michael Gloth, III</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Index</td>
<td>205</td>
</tr>
</tbody>
</table>
Handbook of Pain Relief in Older Adults
An Evidence-Based Approach
Gloth, III, F.M. (Ed.)
2011, X, 210 p., Hardcover
ISBN: 978-1-60761-617-7
A product of Humana Press