The book is divided into five parts, synergistic relationships among nutrition, oral, and systemic health, between oral and systemic health, between nutrition and oral health, and between select diseases/conditions with nutrition and oral health interfaces and nutrition and oral medicine education and practice. Chapters examine the research and practice relative to the topic as well as address contemporary and proposed practices as appropriate. Several screening and education tools are included in the appendices for our readers to use for educational purposes. We hope our colleagues in oral, allied, and primary health and education and practice and students in the fields of nutrition/dietetics and dentistry as well as other disciplines whose research, practice, and education includes nutrition and oral medicine find the text a valuable resource.

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