

# Contents

<b>1</b>	<b>The Disease of Obesity</b> . . . . .	<b>1</b>
	Viorica Ionut and Richard N. Bergman	
<b>2</b>	<b>The Health Burden of Obesity</b> . . . . .	<b>19</b>
	Eugenia A. Lin, Gillian M. Barlow and Ruchi Mathur	
<b>3</b>	<b>Psychosocial Morbidity and the Effect of Weight Loss</b> . . . . .	<b>43</b>
	Julie Merrell Rish and Leslie J. Heinberg	
<b>4</b>	<b>Dietary and Lifestyle Strategies for Weight Loss</b> . . . . .	<b>61</b>
	Jennifer Arussi	
<b>5</b>	<b>Physical Activity and Writing an Exercise Prescription</b> . . . . .	<b>77</b>
	Alexis Peraino	
<b>6</b>	<b>The Doctor’s Tool Kit: Pharmacotherapy for the Patient with Obesity</b> . . . . .	<b>91</b>
	George A. Bray and Donna H. Ryan	
<b>7</b>	<b>Roux-en-Y Gastric Bypass: Procedure and Outcomes</b> . . . . .	<b>111</b>
	Seth Felder and Scott Cunneen	
<b>8</b>	<b>Sleeve Gastrectomy: Procedure and Outcomes</b> . . . . .	<b>125</b>
	Allison M. Barrett and Miguel A. Burch	
<b>9</b>	<b>Laparoscopic Adjustable Gastric Banding: Procedure and Outcomes</b> . . . . .	<b>139</b>
	Brandice Durkan and Monali Misra	
<b>10</b>	<b>Perioperative Care of the Surgical Patient</b> . . . . .	<b>155</b>
	Patchaya Boonchaya-Anant, Amanda G. Powell and Caroline M. Apovian	
<b>11</b>	<b>Surgical Complications of Weight Loss Surgery</b> . . . . .	<b>181</b>
	Margaret E. Clark, Robert B. Lim, Souheil W. Adra and Daniel B. Jones	

**Erratum to: The Clinician’s Guide to the Treatment of Obesity . . . . .** E1  
Adrienne Youdim

**Index . . . . .** 203



<http://www.springer.com/978-1-4939-2145-4>

The Clinician's Guide to the Treatment of Obesity

Youdim, A. (Ed.)

2015, XIX, 205 p. 24 illus., 18 illus. in color., Softcover

ISBN: 978-1-4939-2145-4