Preface

Female Puberty: A Comprehensive Guide for Clinicians is the first edition of what I hope will be many editions over the years to come. As Editor, I am honored to have had the opportunity to participate in the planning, initiation, development, writing, editing, and coordination of this project. This book addresses an area of need that will prove to be useful not only for Obstetrician Gynecologists, but also for Reproductive Endocrine Specialists, Pediatricians, Pediatric Specialists, Family Practitioners, and Allied Health Professionals.

Puberty is a topic that transcends all of these practitioner groups, and, because of careful planning and thoughtfulness with regard to the chapter contents herein, I believe this book addresses puberty comprehensively. From the basics to the complexities of puberty, encompassing psychosocial development to pubertal nuances in highly specialized populations, this book answers many questions and thoroughly reviews the literature to date.

In each chapter, the author has completed or is currently completing Pediatric and Adolescent Gynecology Fellowship Training in the Department of Obstetrics and Gynecology at Baylor College of Medicine in Houston, Texas. I am thrilled to have been able to involve each one of them in a special part of this book based on their areas of interest, focus of education, or research attention.

As authors, we hope to stimulate others’ interest in this basic and yet complex topic of female puberty, with the goal of improving health care knowledge in order to address reproductive health problems in girls, adolescent females, and young women worldwide. We are especially excited to offer this book both in print as well as in an online accessible format. We encourage you to explore both options and to utilize this book for future reference for many years to come.

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