## Contents

### Part I  The Foundation

1  **Introduction: What Is Health Promotion for Children and Adolescents?** ................................................................. 3
   Maya Rom Korin

2  **Theory and Fundamentals of Health Promotion for Children and Adolescents** ......................................................... 9
   Maya Rom Korin

### Part II  Socioecological Approach to Child and Adolescent Health

3  **Poverty and Child Health** ................................................................................................................................. 25
   Renée Wilson-Simmons

4  **Impact of Family Structure, Functioning, Culture, and Family-Based Interventions on Children’s Health** ................ 57
   Karol L. Kumpfer, Cátia Magalhães, and Sheetal A. Kanse

### Part III  Children and Adolescent Psychological Wellness

5  **Childhood Stress and Resilience** .......................................................................................................................... 85
   Andrew J. Barnes

6  **Child Mental Health: Recent Developments with Respect to Risk, Resilience, and Interventions** ....................... 99
   Eliot Goldman, Joan Stamler, Kimberly Kleinman, Sarah Kerner, and Owen Lewis

7  **Youth Suicide** ............................................................................................................................................... 125
   Adam G. Horwitz, Kiel J. Opperman, Amanda Burnside, Neera Ghaziuddin, and Cheryl A. King
8 Health Concerns Regarding Children and Adolescents with Attention-Deficit/Hyperactivity Disorder ........................................ 145
Alexandria B. Fladhammer, Adrian R. Lyde, Adena B. Meyers, Jeffrey K. Clark, and Steven Landau

Part IV Social and Behavioral Wellness in Children and Adolescents

9 Preventing Risky Sexual Behavior in Adolescents ......................... 169
Eric R. Walsh-Buhi, Sarah B. Maness, and Helen Mahony

10 Early Gender Development in Children and Links with Mental and Physical Health ......................................................... 191
May Ling D. Halim, Danielle Bryant, and Kenneth J. Zucker

11 Parameters of Preventing Substance Misuse in Adolescents ............ 215
Steve Sussman, Yue Liao, Jennifer Tsai, and Diana Fishbein

12 Violence Affecting Youth: Pervasive and Preventable ................... 235
Larry Cohen, Rachel Davis, and Anna Realini

Part V Dietary Health in Children and Adolescents

13 Pediatric and Adolescent Obesity ............................................. 265
Stephenie Wallace and Bonnie A. Spear

14 Preventing Eating Disorders in Adolescents ................................. 285
Maribel Plasencia, Salomé A. Wilfred, and Carolyn Black Becker

15 Partnering with Adolescents, Parents, Researchers, and Family Medicine Clinics to Address Adolescent Weight and Weight-Related Behaviors ......................................................... 309
Jerica M. Berge, Katharine Didericksen, Michaela Bucchianeri, Shailendra Prasad, and Dianne Neumark-Sztainer

Part VI Children and Adolescents in the Health Care System

16 Wellness Promotion in Children with Chronic Physical Illness ....... 327
Katharine Thomson and Simona Bujoreanu

17 Confidentiality in Adolescent Health Care .................................... 347
Carol A. Ford, Abigail English, Nadia Dowshen, and Charles G. Rogers

18 Foster Care System ................................................................... 371
Lindsey M. Weiler, Edward F. Garrido, and Heather N. Taussig

Index .......................................................................................... 389
Health Promotion for Children and Adolescents
Korin, M.R. (Ed.)
2016, VIII, 397 p. 11 illus., 9 illus. in color., Hardcover
ISBN: 978-1-4899-7709-0