As the field of Otolaryngology grows, the depth and breadth of information that we are responsible for as otolaryngologists have also expanded. Along with the many recent advances in the subspecialties of Head and Neck, Plastics, Otology, Laryngology, Rhinology, and Pediatrics, we must also know Allergy, Sleep Medicine, Trauma, and the fundamentals of Fluid Balance, Nutrition, and those Systemic diseases that so frequently manifest in the head and neck region. The Board examination is designed to verify our grasp of this ever-increasing body of knowledge.

When we studied for our Board exam, we spent hours poring over textbooks, searching the Internet for answers we could not find in those books and then going back to those sources over and over as the review books we were using would remind us, but not inform us, of something more in depth that we had forgotten by those last few weeks leading up to the exam.

We found ourselves in need of a different kind of study guide. We wished for a directed review book to use as our source; brief enough to get through in the 1–2 weeks leading up to the exam, yet in depth enough so we would not need to go back to another source for more information.

As a result, we have compiled this review guide. It covers all the topics noted above. We have asked experts in all subspecialties to serve as section editors, and we thank them for their excellent contributions. We hope it serves future residents and fellows in those crucial weeks leading up to the exam, and that it consolidates the years of training they have gone through to join our specialty.

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