

# Preface

Thoracic outlet syndromes being neurogenic-arterial, venous, or caused by the presence of a cervical rib or other anomalies affect mostly young people comprising from teenagers to middle-aged people, most of them in their productive years and fully active physically, either at work or in sports. Throughout the years, many approaches and treatments have been proposed to deal with this problem. However, most of the information regarding thoracic outlet is found only as journal articles or short chapters included in regular surgery textbooks. Currently a textbook dedicated to thoracic outlet syndromes to help physicians involved in caring for these patients does not exist. This book presents in a comprehensive format, the newest state of the art where the physicians encountering this entity can refer to in consultation to properly treat these patients using the resources that modern medicine offers. This is more relevantly shown in the chapter dedicated to the venous thoracic outlet syndrome in which the interventional radiologist and the surgeon together are the combination team that will provide 100 % cure for that problem. The book offers the newer surgical approaches that have been developed during the past 25 years. Some of the techniques described in the section dedicated to the neurogenic syndrome are modification of operations that were proposed previously but were not fully effective and left many patients suffering with permanent disability. A compendium of the proper management of these patients that cannot be found in isolated reports of literature is presented offering the most acceptable and effective methods to handle thoracic outlet syndromes.



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