

Preface

The book *Acupuncture for Pain Management* features practical information for incorporating acupuncture into the practice of pain medicine. It is written for clinicians interested in integrating acupuncture into pain management.

Part I sets the foundation for practicing acupuncture. It includes the history of acupuncture, basic theories and pattern discrimination in Traditional Chinese Medicine, mechanisms of acupuncture analgesia, common acupuncture practices, peri-operative acupuncture, acupuncture pain research, and auricular acupuncture. Part II addresses acupuncture Qi flow, point measurement, the twelve acupuncture principal meridians and extrameridian points. Part III presents the practical aspects of acupuncture pain management for common pain and related conditions, including headache, facial pain, vertigo, toothache, neck pain, chest pain, epigastric pain, abdominal pain, dysmenorrhea, upperback pain, scapular pain, low back pain, sacroiliac joint pain, coccygeal pain, shoulder pain, elbow pain, wrist pain, hip pain, knee pain, ankle pain, heel pain, insomnia, nausea, vomiting, sedation, and dizziness. The editors and authors have worked to ensure that these chapters reflect the need for acupuncture pain management. It is our hope that this book will provide clinicians with a sound foundation in acupuncture and the practical aspects of acupuncture pain management.

The authors, Drs. Yuan-Chi Lin, Yue-Pang Mok, Lynn Rusy, Shu-Ming Wang, Eric Hsu, Tat Leang Lee, and Yung-Fong Sung, are the founding instructors for the American Society of Anesthesiologists (ASA) acupuncture workshop, which was organized and established at the 2002 ASA annual meeting. This book is also an international collaborative effort, with contributions from Drs. Francisco Lozano, Tat Leang Lee, Z Zheng, Jen-Hwey Chiu, Jaung-Geng Lin, Kuen-Bao Chen, and Yu-Chen Lee.

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I am blessed to have the most loving and compassionate family. I shall always treasure the values, education, and inspiration I received from my late father, Dr. Chen-Chuan Lin, and my mother, Mrs. Chu-Niang Lin-Sung. I thank the constant encouragement, wisdom and strength I received from my four brothers. Finally, I am most grateful to my wonderful wife, Eva, and my children, Katerina and Josephina, for their unwavering support and unconditional love.

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