Contents

1 Introduction ............................................. 1
   Anne McTiernan, Linda Nebeling, and Rachel Ballard-Barbash

2 Epidemiology of Overweight/Obesity and Cancer Risk ........ 5
   Andrew G. Renehan

3 Epidemiology of Physical Activity and Cancer Risk ........... 25
   Rebecca M. Speck, Kathryn H. Schmitz, I.-Min Lee,
   and Anne McTiernan

4 Energetics and Cancer: Exploring a Road Less Traveled ....... 55
   Henry J. Thompson, Weiqin Jiang, and Zongjian Zhu

5 Calorie Restriction, Exercise, and Colon Cancer
   Prevention: A Mechanistic Perspective ...................... 69
   Connie J. Rogers, Lisa H. Colbert, Susan N. Perkins,
   and Stephen D. Hursting

6 Mechanisms Linking Obesity to Cancer Risk ................... 99
   Ikuyo Imayama, Caitlin Mason, and Catherine Duggan

7 Mechanisms Underlying the Effects of Physical Activity
   on Cancer ............................................. 143
   Andrew Rundle

8 Physical Activity, Weight Control, and Cancer Prognosis ....... 165
   Kathryn H. Schmitz, Melinda L. Irwin, and Rebecca M. Speck

Index .................................................. 183