## Contents

### Part I  General Aspects of Treatment Complications

**Introduction** .................................................. 3  
Stefan G. Hofmann and Michael W. Otto

**A Case Formulation Approach to Resolve Treatment Complications** ... 7  
Bethany A. Teachman and Elise M. Clerkin

**Helping Exposure Succeed: Learning Theory Perspectives on Treatment Resistance and Relapse** .......... 31  
Mark B. Powers, Bram Vervliet, Jasper A.J. Smits, and Michael W. Otto

**Therapeutic Alliance and Common Factors in Treatment** ............... 51  
Daniella M. Halperin, Meara L. Weitzman, and Michael W. Otto

**Combined Cognitive Behavioral and Pharmacologic Treatment Strategies: Current Status and Future Directions** .......................... 67  
Jasper A.J. Smits, Hannah E. Reese, Mark B. Powers, and Michael W. Otto

**Cultural Considerations and Treatment Complications** .......................... 83  
Stuart J. Spendlove, Carolyn T. Jackson, and Joaquin P. Borrego, Jr.

### Part II  Avoiding Treatment Failures: Disorder-Specific Perspectives

**Avoiding Treatment Failures in Panic Disorder** ............................ 103  
Heather W. Murray, R. Kathryn McHugh, and Michael W. Otto

**Avoiding Treatment Failures in Obsessive Compulsive Disorder** ........... 125  
Luana Marques, Anne Chosak, Dieu-My Phan, Jeanne Fama, Shana Franklin, and Sabine Wilhelm

**Avoiding Treatment Failures in PTSD** ........................................ 147  
Claudia Zayfert and Jason C. DeViva

**Avoiding Treatment Failures in Social Anxiety Disorder** ................... 169  
Stefan G. Hofmann, J. Anthony Richey, Anu Asnaani, and Alice T. Sawyer
Avoiding Treatment Failures in Generalized Anxiety Disorder .......................... 185
Evelyn Behar and T.D. Borkovec

Avoiding Treatment Failures in Specific Phobias ............................................ 209
Georg W. Alpers

Part III Treatment Complications in Special Populations

Resolving Treatment Complications Associated with Comorbid
Depression ............................................................................................................... 231
Christen M. Deveney and Michael W. Otto

Resolving Treatment Complications Associated with the
Presence of Comorbid Personality Disorders ...................................................... 251
Matthew K. Nock, Tara L. Deliberto, and Michael Hollander

Resolving Treatment Complications Associated with Comorbid
Anxiety and Substance Use Disorders ................................................................. 271
Elizabeth K. Reynolds, Matthew T. Tull, Idit Shalev, and C.W. Lejuez

Resolving Treatment Complications Associated with Comorbid
Eating Disorders ..................................................................................................... 291
Carolyn Black Becker, Claudia Zayfert, and Elizabeth M. Pratt

Resolving Treatment Complications Associated with Comorbid
Medical Conditions ............................................................................................... 317
Joseph Greer, Jessica Graham, and Steven Safren

Resolving Treatment Complications in Children and Adolescents .................. 347
Jamie A. Micco and Jill T. Ehrenreich

Index .................................................................................................................... 371
Avoiding Treatment Failures in the Anxiety Disorders
Otto, M.; Hofmann, S.G. (Eds.)
2010, XIV, 405 p., Hardcover