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Journal of Behavioral Medicine

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- ▶ Devoted to furthering understanding of physical health and illness through the knowledge and techniques of behavioral science
- ▶ Presents prevention, treatment, and rehabilitation applications
- ▶ Coverage spans all areas of behavioral medicine research: psychology, psychiatry, sociology, epidemiology, anthropology, health economics and biostatistics

The *Journal of Behavioral Medicine* is a broadly conceived interdisciplinary publication devoted to furthering understanding of physical health and illness through the knowledge and techniques of behavioral science. A significant function of the journal is the application of this knowledge to prevention, treatment, and rehabilitation. The contents span all areas of behavioral medicine research: psychology, psychiatry, sociology, epidemiology, anthropology, health economics, public health, general medicine, and biostatistics.

Coverage includes effects of psychological stress on physical functioning; sociocultural influences on health and illness; adherence to medical regimens and health maintenance behavior (e.g. exercise, nutrition); the study of appetitive disorders (alcoholism, smoking and obesity) that pose physical risk; behavioral factors in the prevention and treatment of HIV/AIDS; pain, self-regulation therapies and biofeedback for somatic disorders; and brain-behavioral relationships that influence physiological function.

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