Mindfulness

Editor in Chief: Nirbhay N. Singh

Special Section: Implementation and Dissemination of Mindfulness-Based Interventions

Guest Editors: Johannes Michalak, Johannes Mander & Thomas Heidenreich

Call for Papers

The past decades have seen a rapidly growing interest in mindfulness-based interventions (MBI). The efficacy of MBIs, e.g. for relapse prevention in depression or psychological adaption to cancer, has been demonstrated in a number of high quality clinical trials in research setting. However, studies on effectiveness as well as on implementation or dissemination of MBIs in health care settings are relatively sparse. Thus, a number of highly relevant research questions remain largely unanswered to date: what is the effectiveness of MBIs in naturalistic settings? What are effective ways to develop dissemination paths for MBIs? To what extent and in what forms are MBIs currently applied in the health care systems of different countries? What are feasible formats to deliver MBIs? Are there effective alternatives to the classical eight-week format to apply mindfulness with integrity? What standards should be addressed if mindfulness is integrated into individual therapy setting?

The purpose of this special section is to solicit high quality research papers that advance scientific understanding regarding the implementation and dissemination of MBIs. Preferred contributions are original research papers, however there is scope for including a small number of theoretical papers (i.e., systematic reviews or papers discussing standards for the implementation and dissemination of MBIs).

Submission Process

All special section submissions will be subjected to the journal’s standard peer-review procedures. When submitting a paper, the appropriate special section designation should be selected from the ‘article type’ drop-down menu that appears during the online submission process. Likewise, the cover letter should specify that the manuscript is intended for the special section on Implementation and Dissemination of Mindfulness-Based Interventions. For detailed submission guidelines, please see: http://www.springer.com/psychology/cognitive+psychology/journal/12671

Submission Deadlines

Enquiries regarding the suitability of manuscripts for the special section should be directed to Johannes Michalak (johannes.michalak@uni-wh.de), Johannes Mander (johannes.mander@zpp.uni-hd.de) and/or Thomas Heidenreich (thomas.heidenreich@hs-esslingen.de). Authors wishing feedback on first drafts should send their manuscript by email to the Guest Editors no later than the 15th April 2018. The deadline for submission of manuscripts (i.e., for subsequent peer-review) using the journal’s online submission system (https://www.editorialmanager.com/mifu/default.aspx) is the 15th June 2018.
Manuscripts may be submitted at any time before this date and accepted papers will appear as advance online publications prior to featuring in the print issue.