Welcome Note

The Conference will aim to deal with all aspects related to early diagnosis, treatment, and prevention of high blood pressure. The ESH report of 2006 defined it as "high normal" blood pressure. The Systolic blood pressure (SBP) of less than 140 mm Hg and diastolic blood pressure (DBP) of less than 90 mm Hg were for years considered as normal. However, mounting evidence suggests that blood pressure in the 120 to 139 mm Hg and 80 to 89 mm Hg ranges is associated with an increased risk of cardiovascular disease.

Prehypertension is associated with the metabolic syndrome and other components of the metabolic syndrome. Thus, any discussion about the approach to prehypertension must be done in context to the whole of cardio metabolic risk.

The Conference will take place in Barcelona, Spain from January 31 - February 3, 2013. It is our pleasure to invite you to participate in the 2nd International Conference on PreHypertension and Cardio Metabolic Syndrome, which will be held on the 31st of January to the 3rd of February 2013.

We hope that you will join us for what promises to be a stimulating, professional and educational event and look forward to welcoming you to Barcelona.

Yours sincerely,

Daniel A. Duprez
Hermann Haller
Basil S. Lewis
Reuven Zimlichman
Co-Chairs

Deadline for Abstract Submission: September 13th 2012
### Committees

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- Hermann Haller, Germany
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### Conference topics will include
- Metabolic Syndrome and Vitamin D
- Prediabetes - Mechanisms, Diagnosis and Management
- Pre Levels of CV Risk Factors - Boosting Risk of Events and Deciding Who Should be Treated
- Benefits of Achieving Optimal Risk Factors Level - When, How and with What?
- Prehypertension and Metabolic Syndrome in Different Populations - Epidemiologic Aspects
- Total Cardiovascular Risk Evaluation and Management
- Arterial Properties, Evaluation and Treatment in Metabolic Syndrome Patients
- Cardiac Markers of Preclinical Disease in Metabolic Syndrome Patients
- Effect of Pre Disease Risk Factors in Patients with the Metabolic Syndrome on Morbidity and Mortality
- Which Elderly Patients with Pre Disease should be Considered for Medical Treatment
- Children and Adolescents: Prehypertension and Metabolic Syndrome, Progression of Risk and Diagnosis of Disease
- The Heart, the Brain and the Kidney in Pre Disease and the Metabolic Syndrome

The full topic list can be viewed at the Conference website: [www.prehypertension.org](http://www.prehypertension.org)

### Call for Abstracts

The Scientific Committee encourages the submission of original abstracts for oral and poster presentations. All submitted abstracts will be reviewed by the Scientific Committee. If an abstract is accepted, the presenting author is required to register to attend the conference.
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