Welcome Note

The Conference will aim to deal with all aspects related to early diagnosis, systolic blood pressure (SBP) of less than 140 mm Hg and diastolic blood pressure (DBP) of less than 90 mm Hg were for years considered as normal. Mounting evidence suggests that SBP in the high reference range is associated with an increased risk of cardiovascular disease. The ESH report of 2006 and the Seventh Report of the Joint National Committee on the Detection, Evaluation, and Treatment of High Blood Pressure defined it as “high normal”.

Prehypertension is associated with other components of the metabolic syndrome, i.e., obesity, glucose intolerance, and dyslipidemia. The association is due to common mechanistic pathways and has implications for cardio metabolic risk.

Prehypertension must be done in context to the whole patient, with early diagnosis, innovative technologies, and treatments. The goal is to prevent the progression of prehypertension to hypertension, with a focus on lifestyle modifications, including diet, exercise, and weight loss. The Conference will aim to deal with all aspects related to early diagnosis, and will bring together professionals from the fields of Hypertension, Diabetes, Lipidology, Cardiology, Nephrology, Endocrinology, Internal Medicine, Family Practice, and Pharmacology.

We hope that you will join us for what promises to be a stimulating professional and educational event and look forward to welcoming you to Barcelona.

Yours sincerely,

Daniel A. Duprez
Hermann Haller
Basil S. Lewis
Reuven Zimlichman
Co-Chairs
Conference topics will include

- Metabolic Syndrome and Vitamin D
- Prediabetes - Mechanisms, Diagnosis and Management
- Pre Levels of CV Risk Factors - Boosting Risk of Events and Deciding Who Should be Treated
- Benefits of Achieving Optimal Risk Factors Level - When, How and with What?
- Prehypertension and Metabolic Syndrome in Different Populations - Epidemiologic Aspects
- Total Cardiovascular Risk Evaluation and Management
- Arterial Properties, Evaluation and Treatment in Metabolic Syndrome
- Cardiac Markers of Preclinical Disease in Metabolic Syndrome Patients
- Effect of Pre Disease Risk Factors in Patients with the Metabolic Syndrome on Morbidity and Mortality
- Which Elderly Patients with Pre Disease should be Considered for Medical Treatment
- Children and Adolescents: Prehypertension and Metabolic Syndrome, Progression of Risk and Diagnosis of Disease
- The Heart, the Brain and the Kidney in Pre Disease and the Metabolic Syndrome

The full topic list can be viewed at the Conference website: www.prehypertension.org

Call for Abstracts

The Scientific Committee encourages the submission of original abstracts for oral and poster presentations. All submitted abstracts will be reviewed by the Scientific Committee. If an abstract is accepted, the presenting author is required to register to attend the conference.
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