Welcome Note

It is our pleasure to invite you to participate in the 2nd International Conference on Prehypertension and Cardio Metabolic Syndrome, which will take place in Barcelona, Spain from January 31 - February 3, 2013.

Prehypertension is associated with other components of the metabolic syndrome (e.g., obesity, glucose intolerance, dyslipidemia). This association is due to common mechanistic pathways and has implications on cardiovascular risk. Systolic blood pressure (BP) of less than 140 mm Hg and diastolic BP less than 90 mm Hg were for years considered as normal. Mounting evidence suggests that BP in the high reference range is associated with an increased risk of cardiovascular disease. The ESH report of 2006 defined it as “high normal” and the seventh report of the Joint National Committee on the Prevention, Detection, Evaluation and Treatment of High Blood Pressure defined a new BP category for systolic and diastolic BP: Prehypertension is associated with an increased risk of cardiovascular disease. The ESH report of 2006 defined it as “high normal” and the seventh report of the Joint National Committee on the Prevention, Detection, Evaluation and Treatment of High Blood Pressure defined a new BP category for systolic and diastolic BP.

The Conference will aim to deal with all aspects related to early diagnosis, including innovative technologies and treatments and will bring together professionals from the fields of Hypertension, Diabetes, Lipidology, Cardiology, Nephrology, Endocrinology, Internal Medicine, Family Practice and Pharmacology. We hope that you will join us for what promises to be a stimulating professional and educational event and look forward to welcoming you to Barcelona.

Yours sincerely,

Daniel A. Duprez
Hermann Haller
Basil S. Lewis
Reuven Zimlichman
Co-Chairs

www.prehypertension.org
Conference topics will include

- Metabolic Syndrome and Vitamin D
- Prediabetes - Mechanisms, Diagnosis and Management
- Pre Levels of CV Risk Factors - Boosting Risk of Events and Deciding Who Should be Treated
- Benefits of Achieving Optimal Risk Factors Level - When, How and with What?
- Prehypertension and Metabolic Syndrome in Different Populations - Epidemiologic Aspects
- Total Cardiovascular Risk Evaluation and Management
- Arterial Properties, Evaluation and Treatment in Metabolic Syndrome
- Cardiac Markers of Preclinical Disease in Metabolic Syndrome Patients
- Effect of Pre Disease Risk Factors in Patients with the Metabolic Syndrome on Morbidity and Mortality
- Which Elderly Patients with Pre Disease should be Considered for Medical Treatment
- Children and Adolescents: Prehypertension and Metabolic Syndrome, Progression of Risk and Diagnosis of Disease
- The Heart, the Brain and the Kidney in Pre Disease and the Metabolic Syndrome

The full topic list can be viewed at the Conference website: www.prehypertension.org

Call for Abstracts

The Scientific Committee encourages the submission of original abstracts for oral and poster presentations. All submitted abstracts will be reviewed by the Scientific Committee. If an abstract is accepted, the presenting author is required to register to attend the conference.
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