Welcome Note

The Conference will aim to deal with all aspects related to early diagnosis.

Prehypertension is associated with other components of the metabolic syndrome, including insulin resistance, dyslipidemia, and left ventricular hypertrophy. The association is due to common mechanistic pathways and has implications on cardiovascular risk.

Systolic blood pressure (BP) of less than 140 mm Hg and diastolic BP less than 90 mm Hg have been considered normal for years. However, mounting evidence suggests that BP in the high reference range is associated with increased risk of cardiovascular disease. The ESH report of 2006 defined it as "high normal" BP, while the 7th report of the Joint National Committee on the Prevention, Detection, Evaluation, and Treatment of High Blood Pressure defined a new category "Prehypertension" for systolic and diastolic BP: 120 to 139 mm Hg and 85 to 89 mm Hg, respectively.

The Conference will aim to deal with all aspects related to early diagnosis.

We hope that you will join us for what promises to be a stimulating professional and educational event and look forward to welcoming you to Barcelona.

Yours sincerely,

Daniel A. Duprez, Hermann Haller, Basil S. Lewis, Reuven Zimlichman
Co-Chairs

Deadline for Abstract Submission: September 13th, 2012
Conference topics will include

- Metabolic Syndrome and Vitamin D
- Prediabetes - Mechanisms, Diagnosis and Management
- Pre Levels of CV Risk Factors - Boosting Risk of Events and Deciding Who Should be Treated
- Benefits of Achieving Optimal Risk Factors Level - When, How and with What?
- Prehypertension and Metabolic Syndrome in Different Populations - Epidemiologic Aspects
- Total Cardiovascular Risk Evaluation and Management
- Arterial Properties, Evaluation and Treatment in Metabolic Syndrome Patients
- Cardiac Markers of Preclinical Disease in Metabolic Syndrome Patients
- Effect of Pre Disease Risk Factors in Patients with the Metabolic Syndrome on Morbidity and Mortality
- Which Elderly Patients with Pre Disease should be Considered for Medical Treatment
- Children and Adolescents: Prehypertension and Metabolic Syndrome, Progression of Risk and Diagnosis of Disease
- The Heart, the Brain and the Kidney in Pre Disease and the Metabolic Syndrome

The full topic list can be viewed at the Conference website: www.prehypertension.org

Call for Abstracts

The Scientific Committee encourages the submission of original abstracts for oral and poster presentations. All submitted abstracts will be reviewed by the Scientific Committee. If an abstract is accepted, the presenting author is required to register to attend the conference.