Welcome Note

The 2nd International Conference on Prehypertension and Cardio Metabolic Syndrome
January 31 - February 3, 2013, Barcelona, Spain

Systolic blood pressure (BP) of less than 140 mm Hg and diastolic BP of less than 90 mm Hg were for years considered as normal. Mounting evidence suggests that BP in the high reference range is associated with an increased risk of cardiovascular disease. The ESH report of 2006 defined it as “high normal” and the seventh report of the Join National Committee on the Prevention, Detection, Evaluation and Treatment of High Blood Pressure defined a new BP category “Prehypertension” for systolic and diastolic BP: 120 to 139 mm Hg and 85 to 89 mm Hg, respectively.

The Conference will aim to deal with all aspects related to early diagnosis, treatment and management of patients with prehypertension. The role of pharmacological and non-pharmacological treatments will be thoroughly discussed. The meeting will also provide an overview of the latest research on the association between prehypertension and other components of metabolic syndrome, including obesity, glucose intolerance and dyslipidemia.

We hope that you will enjoy your stay in Barcelona and look forward to welcoming you to the Conference on Prehypertension and Cardio Metabolic Syndrome, which will take place in Barcelona, Spain from January 31 - February 3, 2013.

Yours sincerely,

Daniel A. Duprez
Hermann Haller
Basil S. Lewis
Reuven Zimlichman
Co-Chairs

Deadline for Abstract Submission: September 13th, 2012

www.prehypertension.org
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Conference topics will include

• Metabolic Syndrome and Vitamin D
• Prediabetes - Mechanisms, Diagnosis and Management
• Pre Levels of CV Risk Factors - Boosting Risk of Events and Deciding Who Should be Treated
• Benefits of Achieving Optimal Risk Factors Level - When, How and with What?
• Prehypertension and Metabolic Syndrome in Different Populations - Epidemiologic Aspects
• Total Cardiovascular Risk Evaluation and Management
• Arterial Properties, Evaluation and Treatment in Metabolic Syndrome
• Cardiac Markers of Preclinical Disease in Metabolic Syndrome Patients
• Effect of Pre Disease Risk Factors in Patients with the Metabolic Syndrome on Morbidity and Mortality
• Which Elderly Patients with Pre Disease should be Considered for Medical Treatment
• Children and Adolescents: Prehypertension and Metabolic Syndrome, Progression of Risk and Diagnosis of Disease
• The Heart, the Brain and the Kidney in Pre Disease and the Metabolic Syndrome

The full topic list can be viewed at the Conference website:
www.prehypertension.org

Call for Abstracts
The Scientific Committee encourages the submission of original abstracts for oral and poster presentations. All submitted abstracts will be reviewed by the Scientific Committee. If an abstract is accepted, the presenting author is required to register to attend the conference.

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