## Contents

**Introduction** .......................................................... 1  
Juan A. Mercado

**Part I  Psychology and Philosophy for the Business Firm**

**How Close Are Contemporary Ideas on Human Flourishing and the Classical Philosophy of Man?** ............................ 11  
Juan A. Mercado

**Time, Story, Corporate Self-Understanding, and Personal Accomplishment** ............................................. 37  
Robert A. Gahl, Jr.

**Creating Better Human Motivation Theories for Personal Flourishing in Organizations** ................................. 49  
Manuel Guillén

**Part II  Contemporary Contributions to the Comprehension of Human Activity**

**Institutional Ethics as a Condition for Personal Development** .......................... 69  
Luis Manuel Calleja and Juan A. Mercado

**Flow: Flourishing at Work** ........................................... 91  
Alberto Ribera and Lucía Ceja

**Mindfulness and Its Impact on Ethical Behavior in Companies** .......................... 121  
José Luis Guillén and Joan Fontrodona
Part III Contemporary Contributions to Fostering Personal Flourishing in Organizations

Coaching for the Development of the Human Person: History and Anthropological Foundations ........................................ 143
  Federica Bergamino

Team Building, Virtue, and Personal Flourishing in Organizations .................................................. 171
  Brian T. Engelland

Index ................................................................. 191
Personal Flourishing in Organizations
Mercado, J.A. (Ed.)
2018, XII, 195 p. 7 illus., Hardcover
ISBN: 978-3-319-57701-2