Chapter 2
Annotated Bibliography

2.1 Overview

This annotated bibliography is an attempt to compile a comprehensive (though not exhaustive) bibliography listing published and unpublished works on elderly housing. It focuses on featuring books, journals, articles and research pertaining to housing for the older population, with emphasis on Singapore. It also contains additional citations covering global studies, which will provide insights that may be useful for a better understanding on trends in Asia, Canada, United States of America and United Kingdom. The references have been arranged in a chronological order under the following sections:

- Section 1: Singapore
- Section 2: Asia (except Singapore)
- Section 3: Canada, United States and United Kingdom
- Section 4: General (Other Regional Works).

The range of literature available reflects the importance of public housing in the provision of housing for older population in Singapore. A number of the expositions discussed housing finance and quality of life issues. It also highlights the need for a barrier-free living environment.

As alluded to earlier, provision of public housing for the ageing population in Singapore started in 1997 with the announcement by the Singapore Housing and Development Board (HDB) to build studio apartments for the elderly. The literature search highlights that various schemes have been introduced since then and adjustments made to previously established schemes as deemed necessary.

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B. Yuen and E. Soh, Housing for Older People in Singapore: An Annotated Bibliography, SpringerBriefs in Aging, DOI 10.1007/978-3-319-44754-4_2
Citations of works related to alternative forms of housing for the elderly requiring continuous care and medical attention have not been included in this bibliography though it is an area of interest in the terms of housing the elderly in Singapore. It is believed that this bibliography would serve as a good starting reference point for those interested in initiatives and discussions relating to the housing of older people in not only Singapore but also key developments in other Asian countries and other parts of the world.

2.2 Singapore

2.2.1 Books and Journal Articles


Boey discusses the implications of an ageing population on the planning of new towns by Singapore Housing and Development Board. The need for more amenities for the elderly are also covered.


This article highlights that as viable alternatives to old folks’ homes, Singapore will need a wider range of housing for the aged. Examples include smaller apartments with facilities conducive to those with impaired mobility, which could allow the aged to use the equity from their previous homes for retirement.


The author discusses the available types of specially designed homes for the ageing population, in particular, catering to the group of elderly who were financially capable to afford such an option. The article also highlights the difficulties in terms of implementation and suggests that the Government reviews policies to address this issue.


This article provides insights into the key elements of elder-friendly homes, which senior citizens would find affordable and favourable. It also reviews the housing types such as sheltered housing, congregate housing and retirement communities. It addresses arrangements that cover house sharing and granny apartments. Financial schemes such as reverse annuity mortgages and maturity loans available for older people in other countries are also highlighted.

This paper discusses the cultural factors affecting housing for older people in the three major ethnic groups of Singapore (Chinese, Indian and Malay). Highlights include the external influences that impact the changing patterns of living arrangements.


This paper examines some of the housing-finance schemes in Western countries and discusses their applicability in the context of Singapore, especially the Home Equity Conversion Scheme (HECS). It argues that among the different types of HECS, the Sale-Leaseback scheme might be the best in overcoming financial difficulties faced by many senior citizens in Singapore.


This paper reviews creative housing finance schemes in Western countries, which help the elderly afford retirement housing, and further examines the applicability of such schemes in Singapore’s socio-economic and cultural context as a means to help seniors who want purchase a purpose-built flat for the elderly.


This paper argues that with increasing population ageing, there is a need for Singapore to look at ways to better accommodate the needs of the older groups in its population. It reviews some of the initiatives and the ways in which elderly housing problems can be dealt with.


This paper provides an overview of how Singapore is addressing the housing needs of the elderly, especially the frail. Initiatives such as the congregate housing concept as well as renewal and redevelopment schemes are reviewed. The impact of the changing pattern of the extended family system on future housing needs of the elderly is also addressed.

This forum proceedings includes discussions on the living arrangement and provision of housing for the elderly in Singapore. The coverage includes the Housing and Development Board schemes and other issues like assisted living facilities and care management services.


This article provides statistics on Singapore’s old-old population, defined as those above 85, for the period from 1970 to 1999. The data includes socio-economic, housing and household categories.


This paper presents a review of the literature on the demography, housing and sources of income of older population in Singapore. The housing options available for them are reviewed. The paper posits that making changes to the home rather than new elder-friendly apartments might be a better solution to improving the quality of life of the elderly.


This book chapter assesses how policies are addressing the housing finance problems faced by the elderly in Singapore. This is an age group with more women than men who have been less financially active and hence, ill-prepared to deal with such issues. Surveys conducted in 1994 and 1995 provide the data for analysing how well the elderly are taking to the schemes implemented for their benefit.


This paper highlights possible financial-aid schemes available for modifying the homes of older citizens in Singapore’s public housing estates. Options discussed include sale-leaseback, roll-up deferred loan, extending the existing flat-upgrading programme to include home modifications and a shared appreciation scheme with financial institutions.


This paper examines the possible improvements to make existing public housing more elder-friendly. The paper also considers the ability of older Singaporeans to pay for housing and explores possible financing methods that could support payment for housing adaptations.

This paper examines the how the Singapore Central Provident Fund, the national compulsory retirement savings scheme, has had profound influence in shaping housing consumption and on personal wealth and asset mix in retirement.


This article gives an insight on one of the efforts in housing for the aged, Tampines 3-in-1 family centre, which conducts inter-generational programming to re-engage three generations. The centre organises activities to bring together diverse groups of people such as pre-schoolers, primary school students and senior adults in a family-type setting so that they can keep themselves busy with each other’s company while their caregivers are at work.


This article assess the viability of reverse mortgages as a retirement financing instrument that can help asset-rich and cash-poor Singaporeans unlock equity from their homes to supplement retirement income.


Issued by Singapore’s building authority, the book serves as the Universal Design guide for the building industry in Singapore. The move towards Universal Design has been gaining acceptance in Singapore so as to cater to the growing greying population. The recommendations are applicable to many types of buildings.


The paper asserts that changing socio-economic configurations in the East Asian countries have given rise shifts in family living arrangements, as co-residence of ageing parents with their adult children, which has been previously prevalent becomes increasing less so. It suggests that the state would need to take on a greater role in welfare provision.


This paper examines the impact of age-segregated housing on the quality of life of older adults in Singapore. It reviews the relevant literature and analyses the results
of survey data from 390 elderly respondents in high-rise public housing studio apartments. Age segregation is shown to adversely affect the quality of life of the elderly residents in the studio apartments.


This article argues that Singapore has the means and capabilities to forge a modern multi-tier social security system. At the individual level, individuals and their families are faced with risks when providing finance for healthcare, retirement and short-term income support.


This paper compares different ways to monetise housing assets in Singapore. These include the Lease Buyback Scheme, subletting, downsizing and reverse mortgage.


This paper investigates the sociocultural and personal factors that contribute to the elderly’s “physical and social isolation”, their coping strategies and preferred living arrangements. It studies a group of older Chinese Singaporeans (aged 65 and older) who live alone. Despite the potential difficulties in living alone, some of the elderly may actually prefer to live alone, something which they are more accustomed to.


This paper examines the relationship between “living arrangements and social networks outside the household” among elderly men and women. It investigates the correlation between living arrangements and the signs of depression experienced by the elderly, with varying strengths of social networks.


This article reports on the statistics of Singapore’s resident population aged 65 and older. Detailed profiles include, but are not limited to, marital status, education, language most frequently spoken at home and living arrangement. The profiles are based on data from Singapore Population Census 2010.

This paper explores various issues concerning public housing in Singapore as the population ages. The author examines the current high density model and proposes some new ideas to counter the challenges of high rise, high density development, consumerism and branding. These include aging in place, environmentalism and sustainability, and mobility.


The report seeks to surface the problems, concerns and coping strategies of seniors living alone in Singapore. Additionally the research looks into role of senior activity centres, as these centres serve to bring services and activities into the neighbourhoods to reach the elderly.


This paper explores the influence of Singapore’s public housing estates on the social lives of the resident older population, in particular, their effect on social isolation. It argues that public housing has positive effects for this group when there is daily participation in public neighbourhood events.


This code contains the latest requirements for elder-friendly routes and corridors. Since it began in 1990, the code has been constantly updated to be comparable with international standards and the evolving needs of the local community. This is the 5th edition of the code.

Wu, W. N. (2013). Housing: How should Singapore’s Housing and Development Board (HDB) help Older People Monetise their Housing Assets and Age in Place? Singapore: Lee Kuan Yew School of Public Policy.

This paper explores how the elderly can get cash from their housing assets in the context of Singapore’s rapidly ageing population. It also discusses the difficulty of ensuring that the elderly remain income self-sufficient in retirement.


The paper investigates the living and housing satisfaction levels of poor elderly Singaporean households residing in social housing. The study reports very low levels of life satisfaction of this group and suggests that home modification that meet the needs of the elderly will significantly improve their life. It presents an
argument that the government should finance and undertake home modifications for these needy elderly, who would not otherwise be able to afford them.


The HDB Sample Household Surveys (SHS) are large scale surveys conducted every five years to gather residents feedback on their level of satisfaction with their flats, access to estate facilities, and sense of belong to their community, etc.


This article highlights the changing demographics of Singaporeans by focusing on household living arrangement between 1990 and 2010. The data are derived from the Singapore Population Census (1990, 2000 and 2010) and the General Household Surveys (1995 and 2005) collated by the Singapore Department of Statistics.


This research is initiated and commissioned by the Council of Third Age. It focuses on three aspects of ageing well, namely, employability, lifelong learning and social gerontology. It reviews the initiatives implemented to achieve these ends.


This paper considers the social and emotional dimensions of the older population. It contains the results of the Perception and Attitudes towards Ageing and Seniors (PATAS) study concluded in early 2014. Findings include constituents of successful ageing, aids to achieve successful ageing, outlook on ageing and future intentions.


This paper examines Housing and Development Board studio apartments (SAs) as an alternative form of housing for the elderly in Singapore who live independently. It weighs the benefits of the SAs, including how it provides an option for the elderly to downsize to a smaller apartment, strengthening their financial security. The study
also looks into how the provision of elderly friendly features and activity centres can help to support elderly living alone.


This paper reports a research to investigate the correlation between the elderly’s psychosocial wellbeing and the various elements of an age-friendly community. It found that friendships formed in these spaces and convenience of amenities contribute to older people’s perception of their current residences. The authors called for integrated urban design to improve the elderly’s psychosocial wellbeing.


More than 85 % of Singaporean households live in public housing. Many use their Central Provident Fund (retirement) savings to pay the mortgage when buying public housing, which also serves as an investment for their silver years after retirement. This article discusses the outcomes and systemic contradictions of such a system and related housing policy.


This paper investigates the association of living alone with mortality among older persons, and finds positive association between the two, independently of marital, health and other variables.


This paper looks into three aspects—self-care management, social support and use of social services—of coping strategies that the elderly who live alone in studio apartments employ, and finds that they fare better in them than those who live with others.

### 2.2.2 Dissertations and Theses (Unpublished)


This thesis examines findings from two surveys and case studies from old age homes in Singapore that showed that programmes, facilities, services and planning
are crucial to designing housing for the elderly. It proposes to maintain and integrate the roles and accommodation of the elderly in the community through appropriate site planning and design.


This thesis discusses the relocation of the elderly within the Singapore public housing (HDB) environment, without separating them from others in the community. It explains what infill design could do to the public housing community.


This thesis examines the demand for private condominium housing for the elderly as the demographic of Singapore society changes. It identifies various types of services that could be offered including the provision of warden (residential counsellor), medical services, housekeeping and laundry services, security services and emergency services, social, recreational and education services and transportation services.


This study explores Singaporeans’ preferences for housing arrangements and features for the elderly within a condominium setting for the more affluent individuals. It proposes an age-integrated approach as opposed to age-segregation. A survey was conducted to find out respondents’ preferred style of living and environment as well as the required facilities, services and recreational activities.


This thesis explores programmes that could be implemented to assist the frail and low-income elderly who wish to age in place in the community with appropriate support services without moving into institutions. The writer argues that such programmes could only be successful when they are locally conceived and designed to meet not just the environmental needs of the elderly residents but also address their social psychological issues at the same time.

Loh, Y. C. M. (1997). *The private housing needs of the elderly in Singapore*. Department of Real Estate, School of Design and Environment, National University of Singapore.

This thesis examines private housing needs of the elderly and concludes that such needs differ from those offered by the public sector. A survey was done on 150 elderly private housing residents. The survey found that factors such as floor
placement, facilities, home size are among the main needs to be met by private housing developers.


This thesis reviews the studio flat scheme first mooted in February 1997. The study found that with the increasing number of elderly who appreciate independent living, the better designed studio flats with elder-friendly features are well received. The elderly who would not consider the studio flats are often deterred by price, flat size and lack of financial security.


This thesis reviews the feasibility and benefits of congregate housing for the elderly as an option to institutional homes. Benefits listed include purpose-built environment, which provided facilities and support for everyday needs and opportunities for more social interaction. The proposal is supported by three case studies in existing neighbourhoods.


The study reviewed alternative housing options such as granny flats, multi-generational flats and studio apartments and concluded that they are not popular with the elderly. Recommendations highlight home modifications for the elderly as a preferred approach to meet the wish of those preferring to age in place. The elderly may need financial assistance for home modifications. The government could assist by offering reverse mortgage or provide subsidies to the elderly.


This thesis reviews the Studio Apartment scheme introduced by the Housing and Development Board in late 1997. The study concludes that there are merits to the scheme in terms of financial, social and community, and design aspects. The developer has to be mindful of potential problems such as the lack of support services, homogenous nature in terms of age groups of the residents, lack of social interaction and community involvement, security issues and financing the construction of these apartments.

This thesis appraises the housing stock of flats built by 2003 and concluded that they are not built to cope with the changing demographics of an ageing population as most are constructed during the 1970–1980s to fulfill the need of an increasing population then. To enable the seniors to age in place, the writer proposes housing alternatives that incorporate universal design, social memories and the sense of history and security in a mixed development such as residential and commercial developments at Robertson Quay, Singapore.


This thesis reveals that using home equity through reverse mortgage scheme as a second source of retirement savings other than their Central Provident Fund savings has not been well received. The main reason being that many elderly homeowners prefer to stay on in their existing home and thus, having a lower or higher level of equity have no/little impact on their choice of retirement home.


This thesis attempts to find out if the housing choices available then are sufficient to serve the needs of the elderly generation. Among the options available, the Studio Apartments are preferred. Factors influencing the older person’s housing choice include: home ownership, security, independence, freedom and confidence, and community bonding.


This thesis reviews the implementation of elder-friendly features in one-room rental flats. These features are well received as they improve the living conditions, allow the residents to age in place and maintain their independence. The writer proposes to introduce such projects to other public house types to improve the living conditions of older residents.


This thesis assesses the suitability of the neighbourhood as a communal social space for the ageing population by studying two neighbourhoods in Singapore—Toa Payoh and Tampines. While most have deemed housing as a successful endeavour
in Singapore, the writer argues that these neighbourhoods have failed to meet the developmental needs of the current older population and do not function effectively as a supportive social system.


This thesis proposes an alternative type of elderly housing option by creating an environment that allows the fit older resident to volunteer at the daycare and nursing wing. This not only eases the strain on stretched nursing care for the elderly but also would create a sense of independence for the fit elderly, encouraging them to form meaningful relationships with peers and benefit psychologically. The writer proposes to achieve these through architectural design, which would allow communal areas to be “porous”, fostering circulation and services as well as allow environmental control.


This thesis examines the inherent problems of standalone Studio Apartments for the elderly and proposes an ‘integrative living environment’ that would encourage elderly interaction with family and peers. Although standalone Studio Apartments design features are elder-friendly, they tend to segregate the older adults from their extended families and pose security problem for the elderly. Independent living should not be mistaken as segregated living. Good health-promoting environment for the elderly should encourage independence and dignity, integration and participation, and care for the elderly within their living precincts.


This thesis identifies five major factors that affect housing affordability among the older population. The study reveals that each factor affected the affordability of various property types for the elderly differently. The five factors are: purchase price, mortgage terms, amount of cash used to top up monthly mortgage repayments, cash used for down payment and whether all the Central Provident Fund savings in one’s Ordinary Account have been used up for monthly mortgage repayments.

Patt, C. P. (2004). *Satisfaction level of the elderly in Housing and Development Board main upgrading programme*. Department of Building, School of Design and Environment, National University of Singapore.

This thesis reviews the provision of features under the Housing and Development Board main upgrading programme among elderly occupants. It reveals that the elderly residents are satisfied with the elder-friendly features within the flats, block
and vicinity. The upgrading programme allows the older person to continue to live in a familiar home setting while being provided with elder-friendly facilities and support.


This thesis examines the Studio Apartment scheme announced in 1997. While residents express satisfaction with the scheme, the study proposes changes to the scheme such as modifying the criteria to allow more elderly to be eligible should they prefer to live on their own, allow lease terms to be extended, pro-rate the remaining term of leases and refund the amount to the family members and allow single elderly persons to purchase these flats.


This thesis reviews the implementation of the Selective En-bloc Redevelopment Scheme with mixed flat types including Studio Apartments, which are undertaken to enable the asset-rich-cash-poor elderly residents to have more cash in hand for their retirement needs. However, such a move appears to run counter to the principles of ageing in place as the elderly residents have to relocate. The author proposes to utilise the open car park space to allow the formation of a close-knit community involving the elderly and encourage ageing in place.

Neo, Y. T. (2007). *Smart homes in relation to the demand and needs of the elderly*. Department of Real Estate, School of Design and Environment, National University of Singapore.

This thesis surveys the needs of the elderly with regards to Smart Homes and their receptiveness to stay in such homes. The study found that the key factors influencing the decision of the elderly include comfort, medical, facilities available, convenience, emergency and security.


This thesis examines the elderly’s preference and choice of housing options for their retirement. The study shows that the factors of savings, current residential property owned and relationship with children influence decisions. The study also reviews private property owners, whether they might consider buying HDB flats in their retirement. It proposes that modifications be done to the flats to cater to the physical needs of the elderly and to consider provision of medical services in the public housing precincts.

This thesis analyzes the impacts of aging population in Singapore and how these affect the elderly’s public housing options by 2030, taking into consideration their income power and preference for housing types. With the increase in income among retirees, there is greater demand to implement policies and programmes that are sensitive to the needs of these older residents.


This thesis reviews the effectiveness of the Singapore Government’s senior housing policies as well as the design of housing for the elderly. It shows that there is a lack of understanding on the financial options available for the elderly to finance their own flats and more can be done to the design of the living quarters of the elderly, to make them more elder-friendly.


This thesis assesses the planning of spaces within Singapore’s public housing estate for the anticipated increase of older population. The writer opined that current housing programmes to introduce age-friendly features or even *en bloc* schemes to renew the estate are inadequate in meeting the community life needs of the aging community. Probable solutions lay in delocalising the town centre, adding medical, educational and recreational facilities and creating facilities activity nodes for the elderly to encourage ageing in place.


This thesis examines whether the Lease Buyback housing policy has met the needs of the needy elderly. Four concerns and the rigid criteria pertaining to subletting and the option to sell are highlighted. It suggests that the Singapore Government re-examine and fine-tune current approaches and regulations, terms and conditions, to be more flexible.

Neo, S. K. (2011). *Exploring the housing needs of the elderly in Singapore*. Department of Real Estate, School of Design and Environment, National University of Singapore.

This thesis investigates the needs of an ageing population in Singapore through a qualitative study. It concludes that the current supply of housing options did not meet the expected housing needs and recommends improvements in government
housing policies, housing options and provision of facilities and amenities in housing estates.

**Tan, T. S. (2011).** *Integrated habitat: Community living with the elderly: Crossroad for the third age, integrating the third age.* Department of Architecture, School of Design and Environment, National University of Singapore.

This thesis proposes integrating the well educated elderly residents through a new design approach, the concept of insertion. This, Tan said, could be achieved by introducing a link bridge that runs through the various types of housing in the neighbourhood and common facilities with communal deck spaces for the elderly to mingle. Another design element is to introduce a new and alternative living environment of an integrated habitat, which would allow the elderly residents to interact and participate in community or family activities in a familiar environment setting.

**Koh, M. C. C. (2012).** *Home away from home : A new model of care home for elderly with dementia.* Department of Real Estate, School of Design and Environment, National University of Singapore.

This thesis identifies the needs of elderly with dementia and proposes a holistic solution within a Care Home for the care of such people in the community, encouraging integration and rehabilitation of the elders and the community.

**Syamilah, B. (2012).** *Evaluation of existing public housing conditions and policies for elderly in Singapore.* Department of Real Estate, School of Design and Environment, National University of Singapore.

This thesis reviews the policies that are in place for the elderly since the introduction of the Studio Apartment scheme to the Lease Buy Back Scheme (in 2009) and gives insights to their effectiveness in improving the housing conditions of the elderly. The writer proposes four other schemes to improve the housing conditions of the older population: shared ownership, elderly rental scheme, deferred payment, loan and free shuttle service to bring older persons to the amenities.

**Goh, J. (2013).** *Elderly housing options and quality of life of elderly Singaporeans.* Department of Real Estate, School of Design and Environment, National University of Singapore.

This is a comparative analysis that assesses the impact of age-integrated and age-segregated housing. It found that residents in age-segregated housing experienced a lower quality of life than those in age-integrated housing as they felt marginalised. Proposed solutions include incorporating independent Studio Apartment as part of the housing mix.

This thesis explores the feasibility of a retirement village as a housing option for ageing citizens. A survey was conducted on newly aged citizens (defined as those from 50 to 65 years old). It looked at various factors affecting the willingness of the elderly to live in a retirement village. The results show that the notion is more acceptable among the more educated, high-income or single respondents. However, the actualisation may fall short due to a lack of supply by developers.

Low, X. Y. J. (2013). *Why does the perception of the Silver Housing Bonus Scheme differ amongst the elderly?* Department of Real Estate, School of Design and Environment, National University of Singapore.

This thesis investigates the causes of the low take-up rate of the Silver Housing Bonus Scheme among the elderly. The result shows that the desire to bequest their house to their children (bequest motive), housing type and location are factors behind the low take-up.


This thesis reports on a survey of 404 respondents (aged 50 and older) for their views on the option of a retirement village. The result reveals that many respondents are not in favour of the option due to a lack of understanding (“low awareness and poor understanding”) of the concept of a retirement village. The preference is to stay with their nuclear family and age in place, with the necessary home modifications done to their existing homes. However, when the survey results are extrapolated, they reveal that there is actually enough demand.

Lee, L. F. (2014). *Collaborative housing as an alternative lifestyle in Singapore, kick-starting with middle income new retirees*. Department of Real Estate, School of Design and Environment, National University of Singapore.

This thesis proposes a new type of collaborative housing community project, which would allow the newly retired to age in place as an alternative housing option. Differing from the existing housing options for the elderly, it would be a private endeavour that is ground-up, targeting the middle-income retirees who are downsizing (or right-sizing) after their retirement.


This thesis evaluates three generations of public housing on whether they meet the needs of the ageing residents. The study concludes that the Housing and Development Board estates are not built specifically for the elderly and the older estates need much retrofitting in order to provide the amenities needed. It suggests
that in planning for future estates, the planner should consider the changing profile of the residents over time to ensure elder-friendly and barrier-free designs are incorporated during the design phase.


This thesis evaluates the current condition of existing public spaces and their impact on the elderly based on the Salutogenic model. The study uses post-occupancy evaluation, looking at comprehensibility, manageability and meaningfulness. Results of the study show that the public space does well in comprehensibility and manageability but lacks meaningful stimulation to the elderly.


This thesis evaluates public housing options, whether they sufficiently meet the need of ageing in place and psychological support for the elderly. The study focuses on the priorities for accessibility for essential services and facilities, and the barriers to convenience at public spaces. It concludes with suggestions on how the designs can be improved to incorporate barrier-free design concept to improve the well-being of the elderly.


This thesis has proposed introducing farming activities into the housing estate as a means to encourage active ageing among senior citizens. Through such activities, the elderly could develop a sense of identity, connect to a social network, engage in physical activities and maintain mental health. They could also sell the produce as a source of financial support. Site design and linkages are proposed to allow the integration of studio apartments and housing blocks to enable the elderly to age in place.


This thesis introduces co-housing, a new housing option and living arrangement for elderly citizens. This housing option encourages the elderly to take responsibility in their social life while maintaining a support and collaborative network. Residents in the community would provide mutual support to one another and this active social experience is promising to achieve slower ageing and higher quality of life. Some 385 Singaporeans, aged 26–55, were surveyed and the results indicate favourable sentiments to introduce co-housing into Singapore.
2.2.3 News Reports

This section provides updates by the local media on a range of topics related to housing for the elderly and ageing population including measures taken to cater to the needs of these groups.


Various groups of people including welfare organisations, representatives of homes for the aged and public housing residents supported the suggestion by then Minister for National Development, Mr. Lim Kim San, to plan for suitable housing for old folks in housing estates to allow them to continue to live independently but near their loved ones.


Minister for Labour, Mr. Ong Pang Boon called for more homes for the ageing population in the next 10 years, to meet the demand from urban renewal and those older folks who have no children of their own to look after them.


Minister for National Development, Mr. Teh Cheang-Wan stated that the Government would consider building studio apartments for the elderly in future.


Minister for National Development, Mr. Teh Cheang-Wan announced that the Government was studying the possibility of building studio apartments together with larger four- and five-room flats.


The Government announced plan to provide smaller flats on lower floors for the aged. This would enable them to keep close to their adult offspring living in the same HDB block.

The Straits Times. (1993, October 5). 6,500 HDB residents aged above 50 years live by themselves in their flats. *The Straits Times, Singapore.*

The Housing and Development Board (HDB) revealed that there are about 6500 public housing residents aged 50 and older who live alone. Besides community based care and support services, the HDB plans to refurbish one-room apartment for the elderly.

Acting Minister for Community Development, Mr. Abdullah Tarmugi announced that the Government is collaborating with welfare organisations to establish a new style housing for elderly destitute for free.


Mr. Lim Boom Heng, National Trade Union Congress (NTUC) Secretary General, shared that the NTUC is considering developing retirement village for the elderly. Such villages, he said, would be located near Housing and Development Board estates.


The National Trade Union Congress announced that a new cooperative would be established within a year to build retirement village. A typical development will be about 100–200 apartments, equipped with support services.


The Ministry of National Development announced that it would include six more blocks of one-room apartments to the Government’s apartment improvement programme for the elderly. The Housing and Development Board will provide support hand bars in toilets and corridors.

The Straits Times. (1996, June 29). Five more blocks of one-room rental flats to be refurbished for elderly residents. *The Straits Times, Singapore.*

Mr. Lim Hng-Kiang, Minister for National Development, announced that the Government would extend the Government’s apartment improvement programme for the elderly to five more blocks of one-room apartments.


The Cost Review Committee recommended that the Government implement measures to facilitate reverse mortgages. The intention of reverse mortgages was to make elderly financially more independent.


The National Trade Union Congress announced plans to launch a reverse mortgage scheme in January 1997. Under such a scheme, the elderly aged 60 and older who own private property will be able to use their property as collateral in return for monthly payments.

Minister for National Development, Mr. Lim Hng-Kiang, stated that the Government was studying how studio apartments could be incorporated into public housing programme in new towns.


Hong How Corporation and a Chinese clan association proposed to build an apartment project for the elderly based on the retirement village concept.


The National Trade Union Congress (NTUC) announced that it was considering building retirement villages for middle and higher income senior citizens. The retirement village is likely to comprise studio apartments of about 300 square feet in size.

The Straits Times. (1997, September 2). More flats to be made elderly friendly. HDB to spend $43m to retrofit six blocks of one-room flats. *The Straits Times, Singapore.*

The Parliament Secretary of National Development announced that the Housing and Development Board would spend S$43 million to retrofit six blocks of one-room apartments as part of its on-going project to make them elder-friendly.


A survey conducted by the Singapore Press Holdings Research and Information Department revealed that two in five Singaporeans worry about housing needs in their old age, especially the lower income group.


Minister for National Development, Mr. Lim Hng-Kiang, announced that the Housing and Development Board would build affordable studio apartments for the elderly; 580 apartments located at four sites would be available for Singaporean aged 55 years and above.


Minister for National Development, Mr. Lim Hng-Kiang, announced that the Housing and Development Board would build 650 studio apartments in a pilot
project. The concept differed from previous schemes such as multi-tier family scheme that encouraged the elderly to live with their families.


The Housing and Development Board unveiled its new studio apartments for the elderly. The flats are equipped with elder-friendly features such as “non-slip flooring, lever taps and large electrical switches”.


Parliament Secretary (National Development), Mr. Koo Tsai-Kee, announced that the Housing and Development Board new studio apartments for the elderly are selling well; 160 applications have been received within two weeks since its launch.

**The Straits Times. (1998, June 7). Government to build more studio apartments. The Straits Times, Singapore.**

Minister for National Development, Mr. Lim Hng-Kiang noted that the pilot studio apartments have been well received and the Government plans to build more studio apartments with improved measures.


Parliament Secretary (National Development), Mr. Koo Tsai-Kee announced that six blocks of Housing and Development Board one-room apartments would be refurbished with elder-friendly features.

**The Straits Times. (1999, February 26). Flats for elderly may be cheaper. The Straits Times, Singapore.**

The Housing and Development Board announced that prices of its studio apartments for the elderly are likely to be cheaper. However, no details are provided.


The Housing and Development Board announced that prices of its studio apartments for the elderly are reduced by 25 %, translating to savings of between S$16,800 and S$20,000 per unit.

**The Straits Times. (1999, May 2). Next: studio apartments for elderly. The Straits Times, Singapore.**

National Trade Union Congress (NTUC) Chief, Mr. Lim Boon Heng, revealed that the NTUC is considering building studio apartments for the elderly.
President of Real Estate Developers’ Association of Singapore, Mr. Daniel Teo proposed that the Singapore Government reserve some 99-years leasehold land for private housing for the elderly when it resumes its land sales in 2000.


An investor group, Group Associates, has bought a 43,648 square feet piece of land at Jalan Loyang Besar to build a low-rise retirement village for senior citizens. The project is said to model after retirement villages in the United States and Australia.


A 946-year lease for a plot of land at Loyang has been bought by European investors specialising in retirement villages. The plot of land, measuring 43,648 square feet, is sold at S$15 million.


NTUC Choice Homes has bought land in Simei to develop housing units for different households. They are exploring building studio apartments for the elderly, adopting a cradle-to-grave strategy.


Between 1993 and 1998, the percentage of residents aged 65 and older has increased from 5.7 to 7.2%. Facilities liked by the elderly residents include the convenience of nearby shops, market, hawker centres as well as covered linkways. They would like to have more pedestrian crossings, bus stops and bicycle stands as well as lift in multi-storey carparks as they find it difficult to cross overhead bridges or use stairs.

The Straits Times. (2000, September 1). Scheme for elderly to let flats welcomed. The Straits Times, Singapore.

The Housing and Development Board has given approval to allow elderly flat owners to rent out their entire unit on a case-by-case basis. The objective is to allow them to generate income for their retirement and to encourage them to stay with their children or other relatives.


The Housing and Development Board has upgraded three blocks of rental flats at Bendemeer Road, with handle-bars and lifts that stop on every floor to benefit the
elderly residents there. The work that took place between May and November 2005 is estimated at S$24.5 million for 304 flats.


NTUC Income announced plans to introduce a programme for active retirees to collect rent on the lease of their HDB flats or private property while they stayed abroad. The company would also assist the retirees to source for appropriate housing overseas according to their financial means.


Due to poor take-up of studio apartments for the elderly launched three years ago, the Housing and Development Board has decided to relax its criteria to allow more elderly to apply for such flats. They could be non-HDB flat owner including those who do not own homes or who owned private houses or apartments but wish to sell.


Despite the lowered criteria for the elderly to apply for HDB’s studio apartments, many are not keen to apply, as there is low investment value.


Even though the Housing and Development Board has relaxed its rules to encourage elderly people to apply for studio apartments (granny flats), not many opt to apply, as they prefer to live with families.


A writer to The Straits Times suggested extending the 30-year lease period of the Studio Apartment by another 10 years to meet the housing needs of the elderly as life expectancy tend to be longer.


The article reported that the response to the 5-year old reverse mortgages scheme is low. It is not likely that HDB flats would be added to the scheme.


The Real Estate Developers Association of Singapore (REDAS) proposed that the Housing and Development Board (HDB) offer reverse mortgages for public flats.
owners to help those who have cash flow problems. This move would effectively make the HDB take on the role of financier.


Caregivers for the elderly and disabled can now get advice on how to manage their tasks at a one-stop centre in Toa Payoh Lorong 1. The new Resource Centre is established with about S$500,000 in donations. The National Council of Social Service (NCSS) has funded its daily operation cost.


The Housing and Development Board (HDB) has adopted a new approach in providing public housing for the elderly. To allow the seniors to live alongside younger families in the same block, the HDB would incorporate studio apartments in the same three-, four- and five-room units block. This is a change from building studio apartments as separate blocks.


To cater for the decreased physical ability of the elderly, traffic light timing at two- or even three-lane roads in housing estates would have longer time to allow this group of road users to cross the roads safely.


The response to integrated studio flats introduced in 2003 has been encouraging with the take-up rate as high as 96% in some blocks. The Housing and Development Board announced that it would continue to build more studio apartments that would be integrated with other home types in the same block.


Minister for National Development, Mr. Mah Bow Tan said in Parliament yesterday that while the Government has looked at offering reverse mortgages as a means to help elderly HDB lessees with an additional source of income for their retirement needs, participation rate is low as the packages offered are not appealing.


A growing number of the elderly in Singapore who preferred peace and quiet in their twilight years, would rather live alone than face the conflicts, which can come from living with their children.

The Housing and Development Board has adjusted some of its housing policies to enable the elderly in Singapore to meet their housing needs in their retirement. This include extending the household income ceiling to encourage the elderly to stay with their children, relaxing the conditions for purchase of Studio Apartments and upgrading rental-flats with more elder-friendly features.


The Committee on Ageing has recommended shortening land leases to lower land cost and suggested that the Housing and Development Board (HDB) partner with the private sector to offer reverse mortgages for elderly HDB flat lessees.


With the elderly in Singapore’s population growing, there are business opportunities for companies targeting this age group. One such area is housing options for the senior citizens. The Committee on Ageing Issues has proposed retirement villages (locally and overseas) as well as retirement flats or condominium estates with healthcare facilities and social services needed by the elderly as desirable housing options.


Over the years, the housing authority has relaxed the regulations for singles to own a HDB flat. Nevertheless, the expenses incurred still outweigh that of staying with one’s parents and many still chose to live with them. Dr. Lum Sau Kim, Assistant Professor at the National University of Singapore, Department of Real Estate, pointed out that this would deter the efforts of the authorities to enhance the elderly financial situation to either rent out a room or downgrade to a smaller home.


According to feedback from Members of Parliament, it is revealed that the elderly preferred to live on their own for three reasons, namely, to avoid constant spats with their children, not wanting to live in overcrowded households and the desire for an independent lifestyle.


Extended families residing in separate but uniquely designed flats while other home buyers could pick the ambience they would like for their flat are some of the latest trends in public housing that have been implemented all over Singapore.

The Housing and Development Board unveiled a scheme to buy back the “tail-end of a flat lease at market valuation, leaving a 30-year lease for the household”. It would pay market rate for the lease purchased and this money would be credited to the new Central Provident Fund Life annuity in the flat owner’s name.


Mr. Lim Boon Heng, Minister in the Prime Minister’s Office and Chairman of the Ministerial Committee on Ageing shared his insights on Singapore’s approach to the ageing issues. He taps into ideas gleaned from his visits to nursing homes, hospitals and retirement villages in Japan, South Korea, Britain, Australia, Finland and elsewhere. He concludes that for the four areas the Ministerial Committee on Ageing has prioritised: finances of the elderly and their employability; ageing in place (issue of accessibility); active ageing and health, Singapore had to devise its own approach to tackle the issues.


Tsao Foundation, a non-profit family foundation with focus on promoting successful and active ageing, started a programme: The Voices of Older People, to collate views and feedback from people (age 50 and older) on jobs and housing options. The collated feedback would be submitted to the relevant ministries for consideration.

Cheam, J. (2009, February 7). Lease buy-back for elderly from March; Eligible home owners urged to seriously consider the scheme. The Straits Times, Singapore.

Starting from March 1 2009, the elderly could apply to the Housing and Development Board to monetise the value of their homes while still residing in the apartments. Information about the Lease buy-back scheme is given by the Minister for National Development, Mr. Mah Bow Tan in Parliament on 6 February 2009.


Property developer, Frasers Centrepoin Homes initiated the ‘dual key’ apartments at two projects, Caspian at Lakeside and 8@Woodleigh. Different from the usual two-, three- or four-bedroom layout options, they are geared towards extended families buying new condominiums.

The Housing and Development Board would be making more housing options available to integrate the elderly through studio apartments and paired-unit flats, which allow them to live next door in a separate unit to their children or grandchildren. Design of the estates would incorporate barrier-free features and community spaces for the different generations to interact.


Property market players are in favour of the Government granting longer land leases for the development of retirement villages. This would help to get the advantages of economies of scale and offset higher building costs.


The writer argued that seniors-only housing did not necessarily undermine family values. He pointed out that retirement villages in Australia and the United States house up to three generations of older folks, and their families often visited them.


The writer put forth the notion that isolated retirement villages need not be the only housing solution for the elderly. He postulated that it would be more meaningful for the elderly to age in place in the neighbourhoods they had lived in for years.

Cheam, J. (2011, October 16). Housing income ceiling raised for singles and elderly as well - Record 8,000 flats next month to meet demand. The Straits Times, Singapore.

The Housing and Development Board (HDB) made announcements related to raising the income ceiling for homebuyers ranging from families to singles and the elderly. The income ceiling for Central Provident Fund housing grant for singles as well as the household income ceiling for a new studio apartment for buyers aged above 55 have been lifted. The HDB would be releasing a record 8000 flats on the market and was planning to offer 50,000 new units in 2011 and 2012. It is hoped that these revisions will help ease the demand in the resale market.


The Lease Buy-back Scheme of the Housing and Development Board (HDB) allows elderly flat owners of three-room or smaller flats to own a 30-year lease on their flats and give the rest to the HDB. In return, they would get S$5000 and monthly annuity payments for life. However, with the rising cost of living, MP Hri Kumar Nair proposed that the HDB allow these owners “to sell five-year or
10-year portions of their HDB leases back to the HDB” to meet their financial needs in other areas.


Members of Parliament expressed their concerns and asked that the Government continue to engage the people for policies on housing, health care and transport.


Under the Housing and Development Board facilities upgrading project for the elderly, the Alarm Alert System is installed in one-room rental flats at two separate locations, namely, the living room and bathroom. Once activated, it would notify nearby residents as well as staff working at a voluntary welfare organisations located on the ground floor of the apartment block.


Health Minister, Mr. Gan Kim Yong highlighted in his speech certain key factors, which he believed are important in dealing with the ageing population. He shared his views on what pilot projects on housing the elderly should focus on, e.g. the advantages of maintaining a healthy lifestyle when nearing ageing and the roles of the Ministerial Committee on Ageing.


In his annual Budget Statement, Deputy Prime Minister and Finance Minister, Mr. Tharman Shanmugaratnam announced that the Government is introducing a Silver Housing Bonus to enable more older Singaporeans to monetise the cost of their HDB apartments. The scheme is targeted at those aged 55 and above who want to sell their existing flat and then move to a smaller unit.

Lim, L. & Tay S. C. (2012, February 20). Elderly not ready to leave flats for Silver Housing Bonus; Familiarity with area, hassle of moving among their reasons to stay put. The Straits Times, Singapore.

The new Silver Housing Bonus gives the elderly an opportunity to utilise their housing asset savings. But, many stated that they are not yet willing to move to smaller flats. Based on a survey done on over 30 seniors in estates such as Queenstown, Toa Payoh, Serangoon and Tampines, only a minority stated that they would consider moving to a smaller apartment.

With the growing number of elderly people living alone, it is needful to address issues concerning isolated seniors. The broadening of the scope of senior activity centres (SACs), as well as the adoption of technology such as wireless motion sensor systems in the flats of elderly, are some ways to reach out to such vulnerable seniors.


A white paper by property consultancy, Colliers International suggested that there is room for more private sector involvement and policy tweaks in the housing provision needs for both the elderly and singles if the Government offered longer-tenured land for retirement villages.


The Ministry of National Development introduced enhancements to the Lease Buyback Scheme and Silver Housing Bonus to attract more elderly Singaporeans to take up the schemes.


The number of group homes for the elderly will be substantially increased in bid to support the elderly with little or no family support to age within the community instead of in nursing homes.


Property agents have begun promoting units at Singapore’s first retirement housing development. But, experts say preliminary prices indicated that the units at this privately developed project are rather exorbitant.

Channel News Asia. (2014). MND to study if reverse mortgages should be provided by private market or government. *Channel News Asia, Singapore.*

The Ministry of National Development (MND) is undertaking a study on whether in later years, reverse mortgages should be provided by the private market or by the Government. MND intends to refer to and involve industry partners, experts and the elderly as part of the study.


The Urban Redevelopment Authority (URA) said that it would check and revise the outcome of Singapore’s first retirement village prior to concluding if it would release more land for similar projects.

Three seniors who worked with seniors painted a vision of their ideal retirement home. They include comfortable units with common lounge areas to facilitate two-way communication, together with health care and social activities. This article highlights the four basic needs of senior citizens, namely, health, housing, dignity and meaning.


Respondents’ opinions on what is marketed as Singapore first retirement resort indicates concerns on having be a more stringent age criteria on the purchasers and reservations about the lack of regulations to ensure elderly-focused services and facilities that are marketed would be provided when the condominium is up and running.


Dual-key apartments are apartments with a main unit and an adjoining studio unit that have separate entrance, kitchen and bathroom. The studio units in such two-door apartments are meant to be occupied by elderly parents.


The Enhanced Silver Housing Scheme provides extra aid to lower-income elderly households who downsize from a larger flat and use the money earned from selling their larger flats to add to their retirement money.


The Singapore Government embarks on a nation-wide consultation to gather information on initiatives to celebrate ageing. The plan covers seven aspects: “lifelong learning for seniors, employment, volunteerism, urban infrastructure, healthcare, retirement adequacy and research into ageing”.


Health Minister, Mr. Gan Kim Yong announced that his Ministry will put in place necessary provisions to change the perception of ageing from one of worrying to celebration. The Ministry would hold a series of public consultations involving voluntary welfare groups, businesses, unions and the academia to seek their inputs on the initiatives needed to promote successful ageing.

The Singapore Government is developing a comprehensive plan for the elderly, covering areas such as “employment, volunteerism, urban infrastructure, health care, retirement adequacy and research into ageing”.


Prime Minister, Mr. Lee Hsien Loong noted that Singapore could learn much from Japan on how they managed the living arrangements for seniors in their country. He also added that Japan may pick up pointers on how Singapore handled population issues such as immigration and foreign workers.

Chia, A. (2014, May 30). President’s speech sets the right tone, say MPs. *TODAYonline.

With the announcement of the Pioneer Generation Package, Speaker of Parliament, Halimah Yacob expresses her wish to see initiatives, which support the elderly to age in the community in the form of home-based care and assistance to the care-givers.


Parents might receive incentives from the Government. This is aimed at encouraging them to move out of the old mature estates and join their children in newer ones. In addition, the Government would free up space in mature estates to allow multiple generations living together.


Analysts and residents are not hopeful of the success of National Development Minister, Mr. Khaw Boon Wan’s new bid to encourage family bonding and incentivise parents moving out of mature estates. A subsidy of S$40,000 is expected to be the minimum amount that can motivate parents to leave their familiar surroundings in mature estates and move closer to their children in newer towns.


The Housing and Development Board tested the Smart Elderly Monitoring and Alert System (Semas) that keeps track of the elderly’s daily habits using motion sensors and notifies their caregivers when they are irregularities. Embedded with a portable panic button, the elderly can press when they require assistance from others. Following the initial test, with all households supported its use, the HDB is implementing them in two upcoming housing projects.

This article highlights the new Two-Room Flexi scheme for Housing and Development Board flats, combining two existing schemes: the studio apartment and the two-room flat schemes, which have various lease period and wide price differences.


One-third of those residing in the MacPherson constituency are over the age of 60. The over-60 demographic has raised requests for more age-friendly facilities such as building lifts and speed bumps on roads. To address their concerns, the Government is in the process of carrying out enhancements to make the area more suited to the needs of elderly people.


St. Bernadette Lifestyle Village is Singapore’s first-ever retirement community. It provides supervised housing and aims to assist the elderly in living as independently as possible.


A company called Spark has proposed a new retirement housing concept, known as Homefarm. Homefarm will allow seniors to live in a garden environment where they may also be employed. It incorporates vertical farming and rooftop soil planting to flexible housing that has been designed to cater to the needs and preferences of seniors.


The Enhancement for Active Seniors (Ease) scheme allows homeowners to renovate their flats with aged-friendly features such as grab bars, ramps and anti-slip treatment for tiles. The minimum age of application is also lowered from 70 to 65.
2.3 Asia (Except Singapore)

2.3.1 Hong Kong


This article discusses the housing difficulties faced by the aged in Hong Kong, the relationship between housing and family care and the effects of housing policies on the elderly.


The faculty of the Department of Social Work and Social Administration of the University of Hong Kong produced this book to report on the housing situations of the elderly in Hong Kong.


This paper describes the housing schemes drawn up for the elderly and singles in Hong Kong and the plans by the Hong Kong Housing Authority to satisfy the housing needs of the elderly.


This paper examines the problems that the elderly faced in the growing economy of Hong Kong, which had resulted in the urban renewal of older housing, making way for newer, more expensive ones. It argues that changes should be made to accommodate the older person’s needs and has proposed housing policy directives.


This study investigates how being happy with one’s living conditions affects the psychological wellbeing of the elderly in Hong Kong. The local environment is shown to be of high importance to the elderly who may suffer from restricted mobility.


This paper argues that in a society where the custom of elderly parents living with the children is disintegrating, it would not be scientifically possible to forecast
elderly housing needs for planning and policy purposes. Public rental housing is perceived as the most secure type of housing. This preference indicates that there are shortcomings in policies pertaining to the aged, particularly the lack of elderly housing choices and high costs of these homes.


This paper documents how older women at the Tai Hang Tung Estate are resistant to moving to a different housing estate and joined force to find alternative new homes to stay in. The writer applied qualitative methods through cultural analysis instead of the traditional sociological approach to this issue of housing and rent in Hong Kong.


This article examines the challenges faced by the private sector and public sector in achieving ageing in place for the growing ageing population in Hong Kong. Despite urban redevelopment affecting older people’s ability to remain in their original homes, the Government’s community care policy could help in attaining in situ relocation to avoid dislocating the older people physically and socially from their original community.


This study seeks to find out about the educational requirements of members of the public and related professional disciplines to enhance the public awareness of elderly issues pertaining to physical health. A survey was done to understand the knowledge gaps and misconceptions. The sample size involved 2694 subjects aged 16 and above.


The rapid rise in home prices in Hong Kong has brought focus on housing and housing wealth, that it is vital to “enhancing the financial security for families and individuals” as they neared retirement. Policymakers face serious challenges in the light of “societal, economic and political issues related to the elderly people in Hong Kong”. The findings reveal the expectations of owning a property when individuals enter into their retirement age.

This article reviews the responses of 55 respondents to understand how active elderly people planned their everyday lives, how they maintain a quality lifestyle with assistance from the urban environment. The respondents commented on the city’s extent of being elder-friendly. The findings show that older people who are in good health and possess sufficient resources strive for an active life.


This paper traces how the Hong Kong Government together with its advisory body for ageing policy, the Elderly Commission, derived the active ageing framework, encompassing security, social and economic participation and health maintenance. It outlines three main active ageing schemes and annual themes for elderly projects from 1991 to 2012.


To encourage ageing in place, innovative design initiatives are taken into account in low-rent housing design. The authors studied housing design for the aged in Hong Kong over the past 30 years.


This paper describes the situation in Hong Kong where the elderly are encouraged to keep active by learning actively. Since the 1980s, the Elderly Commission of Hong Kong has attempted to promote active ageing in a variety of ways. This has, over the decades, been significantly beneficial to the elderly.


In this study, prospect theory is used to investigate elderly housing. A linear regression model is used to analyse factors that influenced whether the aged are happy with their living conditions. The results show that more wealthy respondents are highly satisfied with current housing as compared to those living in public housing. It concludes that the Government’s housing policy should be formulated such that elderly people could age in place more comfortably in a familiar environment.


The paper analyses the income inequality caused by poverty among the aged. As family support as a means of retirement protection is phasing out over the years, the
Hong Kong Government has to evaluate alternative options on how to insure low-income households against old-age poverty.


The Elderly Resources Centre (ERC) has been set up by the Hong Kong Housing Society to promote ageing in place in Hong Kong. The three basic elements that are focused on to help older people to age in place are: suitable living environment, healthy ageing and safety living.


This newspaper article highlights an on-going rental housing project developed by the Hong Kong Housing Society, which allows the elderly in Hong Kong to apply for. Constructed in Tanner Hill, it is expected to complete in early 2016. The elderly will be able to live in the flats on a long-term basis. The housing project includes elder-specific facilities, a rehabilitation centre and a day care centre.

### 2.3.2 Japan


Based on findings in a report submitted to the Housing Construction Division of the Ministry of Construction, Japan, this paper provides an update on some design guidelines and requirements for an ageing society to better meet the needs of the elderly. The guidelines, targeted at assisting elderly when their physical and mental abilities decrease, allow for adjustable equipment and facilities in the house and for adaptation to be easy and economically feasible.


This paper examines the policy initiatives to tackle Japan’s ageing population and proposes potential solutions. The Ministry of Construction has played an important part to deliver policies designed to house the elderly such as supplying public housing for sale or for rent, financial assistance in housing loans, interest subsidy and so on.

This study aims to find out the relationship between the mortality of frail old people living at home and the condition of their houses. The results indicate that survival rates are higher in people living in good house conditions. The author proposes programmes to improve the housing conditions for disabled elderly.


This article examines how useful different public policy initiatives are when trying to provide homes for the aged after World War II. It discusses recent incentives aimed at housing design. It emphasises the ways in which the general public are convinced to accept the ideas of dwellings designed for everybody, throughout life.


The article discusses the effort by the public sector in Japan to provide housing for the elderly such as silver housing. The designs of these houses are based on barrier-free concept, especially in building elements and facilities. The research group visited 4 housing sites and recorded the actual living conditions of the elderly so as to develop design guidelines for elderly housing in Japan.


This paper reports the findings of a new fair housing audit (2002 Osaka Audits), in which housing discrimination against elderly home-seekers is studied. The paper suggests that the risks pertaining to the elderly’s future income changing, potential fire risk, having a lack of a permanent dwelling for an extended period of time and their preference for location of housing, affected housing discrimination against elderly home-seekers.


This study evaluates what might be needed to implement reverse mortgages (RMs) in Japan. Demand for RMs are projected to be low due to dropping residential housing prices together with low interest rates and long life expectancies.

This article discusses the housing policies in Japan to fit a ‘super aging society’. Guidelines of housing design devised to cope with aged society have been announced by the Ministry of Construction. This has led to housing adaptations to fit the needs for the elderly in collective housing, senior housing and nursing homes, etc.


This research studies the mental health conditions (and the factors affecting them) of the elderly people who participated in a communal housing project, the Silver Peer Housing Project. Interviews were conducted to evaluate these residents’ mental health. The results suggest that it will be good to provide more comfort in design, psychogeriatric day treatment and a common shared space.


The paper analyzes the housing policy of the Silver Peer Housing Project, a communal housing solution for the elderly. It examines two issues in detail: the disabilities associated with old age, and the limitations of the physical and social environment and its impact on the elderly.


This article explains the “Design for All Ages” concept. In 1987, the Japanese Construction Ministry implemented a five-year research and development project on design for the ageing society. “Design for All Ages” is the main concept that moved away from the traditional concept of “special design for the aged”. It is drawn up based on the premise that residents would remain in their homes and that their homes could be adapted to meet their needs.

A situation analysis of housing condition of the elderly is conducted in Fukuoka Prefecture, Japan. It found that old people living in houses that necessitate reconstruction are more willing to utilise institutional care services.


This study compares housing situations for the elderly and housing welfare policy in Korea and Japan. The study focuses on those who could live independently. It suggests that there are more living independently in the Republic of Korea compared to those in Japan.


This report emphasises barrier-free rental housing for the elderly population. The proposed scheme involves funding rental housing with a securities investor, property management and decreasing rent costs. The plan would require money to be raised to build barrier-free rental housing.


While it is commonplace for elderly people to stay with their family for support, there are increasing numbers of old people staying along or as a couple among those more than 65 years old. This paper shares alternative housing projects where a group of people live together in a communal form.


This paper explores the issues, which decreased the purchasing rate of existing housing in Japan. Proposed plans to address these issues and to lure the current housing market are presented. The plans include using a hedonic price function where appropriate methods are decided for valuing existing housing, defects insurance for homes that people are selling, emphasising fixed-term housing leases and providing an transitional service between the elderly and subsequent home buyers.


This article describes how the elderly in Japan may get adaptive homes to facilitate their independence. Two surveys on the elderly in Japan were carried out and the
main finding is the pressing need to improve current housing design to make it more elder-friendly.


This article examines the housing policy of Japan and how it has developed and improved the housing support services to cater to an ageing population.


This book chapter shares new housing options for the Japanese elderly with a case study from Edogawa Ward on the outskirts of Tokyo.


This paper proposes a conceptual model of high-rising housing to facilitate the daily life and activities of elderly, through a comparison study between Indonesia and Japan.


This article advocates the importance of a sense of home for old people to enjoy a high standard of life. The author shares case studies from UK, Japan and the Netherlands to illustrate the importance of architecture design in housing the elderly.


This dissertation describes and introduces experiential living for the Japanese elderly. The core concept is to provide a network of sanctuaries located in the suburban area, designed to facilitate a community model of living among the elderly. Residents could explore the natural environments, engage local communities and their culture. It is hoped that these activities may better help the older people prepare themselves for peaceful ageing physically and mentally.


The study aims to find out more about older adults in homes without air-conditioning. A study carried out in Misato City in July 2013 shows that most elderly individuals lived in air-conditioned homes. Elderly men who are single, living alone or living in an apartment are mostly living without air conditioning.
The book studies various older population living alone. The first study is on aged people living alone in Yamagata prefecture. From there, the author offers three main conclusions. First, the aged should be allowed to live independently if they prefer to do so. Second, declining health conditions is normal in aging so the aged who live independently should attend health check-ups. Third, the elderly living alone should not be isolated from mutual support by others around them. In another study, the author found that there are more elderly persons living alone in Kagoshima prefecture compared to any other prefectures in Japan. Elders living alone in Kagoshima are, however, aided by those around them, unlike the aged living independently in Yamagata.


The Integrated Community Care policy in Japan aims to help older people to age in place. This study explores the association between the Integrated Community Care system and the number of nursing homes. Through data analysis, the author concludes that the ageing in place policy should revise and improve the Integrated Community Care system for areas with limited resources.


The book chapter traced the various policy and programme measures for successful ageing in Japan. For example, in 1985, the Ministry of Construction has implemented a Housing Plan for Senior Citizens, which requires every local government to have a long-term plan for the aged. Age-friendly homes have various features such as the removal of threshold steps, hand rails and bars. There are even arrangements for on-site care. In 1995, the Ministry of Construction has launched the Design Guidelines of Dwelling for an Ageing Society, which uses the concept of universal design, aimed at benefitting everyone.

2.3.3 Republic of Korea


The percentage of aged persons has increased in the Republic of Korea while the Korean tradition of supporting elderly parent(s) is declining. Despite the general
consensus that older persons wish to live together with their children, some recent surveys have shown that there is a market for private nursing homes in Korea.


The Republic of Korea is experiencing numerous changes that would lead to a greater need for seniors housing in the coming decades. Older people want housing that allows for privacy and independence from family members.


This article offers insight into how changes in preferences for elderly housing impact South Korean elderly people economically, demographically and culturally. It also describes the type of housing that South Korean elderly people currently live in.


Using cross-sectional data from 2003 Social Statistic Survey conducted by National Statistical Office in the Republic of Korea (N = 8430 aged 65 and over), this paper examines whether the different living arrangements of the elderly matter for life satisfaction. The findings conclude a gender difference in the relationship between living arrangements and life satisfaction, and suggest that living arrangements can create different demands and resources for men and women.


This study compares housing situations for the elderly and housing welfare policy in Korea and Japan. The study focuses on those who could live independently. It suggests that there are more elderly living independently in the Republic of Korea, compared to those in Japan.


This study examines how the lifestyle of senior citizens correlates to the choices of retirement communities. The survey results reveal that most respondents prefer to be near Seoul and a pleasant surrounding environment with physical equipment and facilities. Medical services and community services are desired facilities in these retirement communities.

The study surveys residential technological systems for the elderly from the literature. Elderly Koreans are then asked to evaluate these various technological systems including high-tech housing amenities. The findings show the elderly participants’ willingness to adapt to technological systems without any fear of technology and their ranked priority on elderly safety needs.

*Age Friendly City, Seoul. (2011). Survey Results of Age-friendliness of the City of Seoul.*

This study is promoted by the Seoul Metropolitan Government Basic Ordinance on Senior Welfare to Realize an Age-Friendly City, which requires the conduct of a survey at least once every two years in order for the city to systematically cope with changes, largely due to rapid population aging.


The article analyses the government-insured reverse mortgage programme started by the Korean government in 2007. The usefulness of the Korean reverse mortgage model is evaluated. Alternative payment schemes that could work in tandem with social security systems are discussed. It suggests guidelines for future operation of the reverse mortgage system.


The writer examines the housing choices of Korean elderly where the wealth of the elderly is primarily locked away in housing equity. Family relationships and life values in housing choices are discussed. The findings reveal that though the trend towards nuclear families is growing, the elderly still want to be in proximity to their children. This greatly influences their housing decisions.


This study examines the relationship between residential environment and old people’s health in South Korea. The author proposes ways to improve the facilities for the elderly including a safe, barrier-free environment to cater to their physical conditions and a continuous protection system that takes care of their sociopsychological health.
2.3.4 China (Except Hong Kong)

Liu, Z. (1997). Planning for the elderly in the development and construction of new residential areas in Shanghai. *Cities, 14*(2), 77-84. [http://dx.doi.org/10.1016/s0264-2751(96)00045-5](http://dx.doi.org/10.1016/s0264-2751(96)00045-5)

A survey was done in a new residential district of Shanghai. With respect to this survey, the article discusses the problems of the elderly, paying attention to 3 issues of concern. The first is choosing the types of dwelling units for new residential areas. The second is the ability to construct adapted housing to better meet the needs of the elderly. The third is how the residential environment of the new communities can be made more age-friendly.


This article studies how changes in housing policy in China have affected the older population in urban areas. Greater support networks and more available paid care for the aged are some of the ways the older person has been impacted thus far.


This article focuses on the housing choices and preferences of older Chinese vacationers to the Pearl River Delta. The authors discover that choices in the location and design of housing have affected the housing preferences of these vacationers.


The aging population affects the socioeconomic and cultural development of China. Housing reverse mortgages enable the older person to monetise property values and increase pension to improve the quality of life in old age.


A survey was done on almost 200 older Chinese in 3 major cities. The author reports a change in the priorities that is shaping the patterns of future home ownership. The older population requires support services to help them in their daily lives. In developing an efficient method of service delivery, the long-term care system should intertwine health and housing.

The article reviews and evaluates current elderly housing conditions in China. Major issues include affordability, inadequate community facilities, transportation, healthcare and housing environment. The elderly respondents as a whole are generally satisfied with their housing though there are different home ownerships and residential satisfaction.


Researching on existing living arrangements of the elderly in China, the authors found that housing and community facilities for the elderly are insufficient. In particular, grab bars, fitness facilities, handicapped facilities and senior activity centres are wanted by the elderly.


This book examines housing for the elderly in urban China. An important issue is ageing in place. This issue is linked to social stratification. With support from national statistics, the authors propose policies to improve housing provision, more vocational training for geriatric nurses, etc.


This paper studies how demographic transition affects housing consumption and discovers that the elderly dependency ratio and housing consumption in China are related in a non-linear manner. The authors project that with more elderly in the community, housing consumption will increase. But, once a turning point is attained for the elderly dependency ratio, housing consumption will decrease. This turning point will be dependent on the relocation patterns of the older population.


This book chapter focuses on research on housing choices of the older population in urban Beijing, in particular, on restrictions from danwei communities and traditional norms. Elderly mobility in China is more heavily influenced by the family than by any other things.

This study involved over 900 older urban Chinese. It reports that their living arrangement is, in general, no longer a traditional co-residence pattern. Rather, it promotes independence and self-reliance. It further found that living with children has affected the older adults’ mental health positively.


The aim is to study the elderly’s needs and ageing in place as this would be useful to promoting ageing in place. The authors surveyed some elderly people in Hangzhou over a 2-year period. The general finding is that older people desire to age in place since they are happy in their current communities.


This paper discusses how residential segregation affected the wellbeing of both local and migrant older population in Shanghai. The conclusion is that residential segregation between local and migrant elderly people in Shanghai has led to inequality in wellbeing.


The authors carried out a survey on 25 empty-nester elderly in Beijing. They found that this group of people generally prefers home-based care over institutional care should they be unable to independently care for themselves.


The authors identified 6 categories of ageing communities: traditional inner-city communities, traditional danwei residential communities, commercial housing ageing communities, danwei compound ageing communities, immigrant ageing communities, and rural ageing communities. They found that clustering of the elderly in each community forms differentiation patterns, the result of urban development and housing policies.
2.3.5 India


This article provides an overview on ageing in India as well as the cultural practices in caring for the older person in India. It further explores existing housing facilities for the older population in urban India including city slums and old-age homes.


This article gives an overview of the living conditions of senior citizens in India. It discovers that most older adults in both urban and rural locations own their homes. While the urban elderly enjoy a comfortable everyday life, the rural older population continues to be deprived of the basic needs such as water, electricity and sanitation.


As part of a senior living project, a housing project was built in Dehradun, India, incorporating a contemporary approach by considering the physiological and psychological needs of the elderly. The article provides insight on the challenges faced when designing and building the project as well as the unique features of this housing project.


This article showcases different senior citizen housing projects around India, highlighting their unique features and facilities, and how some of these new housing solutions have addressed the needs of the elderly.


This article explains briefly a unique housing development that aims to house the elderly. The aim is to provide a space for the elderly, from all social and economic backgrounds, where they can get along. Design considerations include barrier-free designs, easy accessibility to services and facilities, feasibility of financial model, etc.
2.3.6 South-East Asia (Except Singapore)


The article reports that two-thirds of elderly Malaysians co-reside with an adult child. One of the factors is the government’s housing priority to families if the elderly parents co-reside with them, mirroring some of the housing policies of neighbouring Singapore.


Drawing on 26 focus group discussions with elderly Thai individuals and adults with elderly parents, this paper seeks to provide perspectives on various issues in the elderly’s living arrangements. The discussions highlight that government institutional facilities for Thai elderly are available only on a token basis and there are limited plans for expanding such facilities.


The paper presents findings on the living arrangements of elderly in Thailand—that most elderly respondents lived on separate dwelling units adjacent to their married children’s homes with separate addresses. It also discusses the challenges of using surveys to do measurements. These include defining a household, complex links to children who do not co-reside, different perspectives of living arrangements, etc. The suggestion is for careful and informed design survey questionnaires when conducting such studies.


The authors analysed the socioeconomic status of households of Cambodian older adults where they noted that 74.9 % of the population has the most basic house type, with someone aged 60 or older as the head of household. The most basic house type refers to those that did not have modern qualities such as piped water, electricity or a sewer or septic tank for a toilet. The authors proposed future research to develop a national policy to assist the older adults including housing.


Thailand’s public policy and social norms encourage the elderly to stay with children for family support. But, there is a gradual shift away from this norm among
young people due to Western influences. The article surveys the acceptance of 4 types of U.S. retirement housing options among pre-retirees in Thailand. Co-relation is found between acceptance and gender, income and innovative traits.


This paper studies the willingness of older people (2240 households) in rural Vietnam to use and pay for different community living care models. It concludes that mobile team care is the most requested service and people’s willingness to use services decreases when potential fees increase. Community-centric elderly care will be used if it is supplied by the government or associations and partly paid for by the individual.


Although Myanmar and Thailand share similar cultural views, their economic developments are distinct from each other. The difference extends to living arrangements, related inter-generational support and housing quality, which are discussed in this article.


This paper explores Kuala Lumpur elderly’s preference for independent living in terms of current home satisfaction and future housing plans. Most of the elderly expressed that they are satisfied with their current housing arrangements and neighbourhoods, and have no plans to move, with reasons attributed to a sense of attachment and familiarity of the vicinity. The authors suggested to incorporate how living environment affect ageing when developing policies and measures for the elderly in Malaysia.


This paper aims to study the extent of ageing population and elderly housing issues in Indonesia as well as the potential to provide housing options for the elderly. A literature review is done across several other countries to form the basis for a SWOT analysis, leading to the conclusion that Indonesia needs an integrated policy that takes into consideration its local culture.
2.4 Canada, United States and United Kingdom


A survey was done on 400 people aged 60 and older living in a mid-western, middle class community of the United States. The study found that old people who have a greater degree of satisfaction with their residential areas are more skeptical of new environments, are happier with their lives, live in their current homes for a longer period of time, are home owners, and are less likely to be in financial trouble.


This study has two objectives. One is to evaluate the impact of housing (micro) and neighbourhood (macro) environmental conditions on residential satisfaction. The other is to find out the significance of housing relative to neighbourhood elements using a sample of urban elderly men in USA. The conclusion is that residential satisfaction is mainly based on neighbourhood environmental conditions like neighbourhood beauty, safety, interest level and quietness.


Residential satisfaction is found to be crucial to the general wellbeing of the elderly. This paper investigates residential satisfaction from the perspective of independent living arrangements. A study done on 88 elderly women living alone in the US reveal that the objective environmental variables (based on basic human needs) account for a similar percentage of the variance in satisfaction with housing and the variance in neighbourhood satisfaction.


The article first outlines the historical development of residential care for the elderly. Changes in the distribution of residential care are then provided. It concludes by examining the possible results of changes in the structure of residential care and lifestyle of individual elderly people.


This book synergises the experiences of several countries to highlight effective approaches and propose directions to create and adapt housing for older and frail
citizens. The chapters provides the latest in housing of countries such as Denmark, Sweden, Great Britain, United States, among others.


This book addresses the challenge of how to design supportive and appealing environments for a society with an increasing ageing population. It encourages professionals to see the problem in a new angle, to recognise housing enriched with assisted living functionalities as an alternative to healthcare institutions. This book won the 1994 Progressive Architecture Award for Architectural Research.


This is the report of a national survey of US citizens aged 45 and older conducted by AARP, which aims to study the opinions and behaviours of American elderly on housing related issues. A key area of focus is home modifications that improve safety and convenience.


This second edition of Housing Policy in the United States includes the impact resulting from the housing market collapse in 2007. It details policy changes by the Obama administration and contains data on housing trends and housing programme budgets.


This article analyzes data from an ethnographic study of home care in 16 homes of Canada. Although respondents indicated a preference for home care instead of institutional care, the experiences and practical aspects demonstrate disruptions and changes due to healthcare needs.


This paper explores the housing situation and sentiments of older people in the UK. Several conclusions are made. First, the home is a crucial component in the management of people’s lives and thus, a critical determining factor for their quality of life. Second, special needs housing design is seen as a shift towards a balance between housing and elderly care. But, decreased space in such facilities may result in less positive mentality and psychological wellbeing among older people.

This reports the results of a randomised trial of a multi-component home intervention. In order to reduce older adults’ functional difficulties, fear of falling and home hazards, a multi-component intervention was tested to allow those with chronic conditions to adaptively cope and enhance their self-efficacy. The multi-component intervention includes home modifications and training the older adults on how to use them, problem-solving strategies, fall recovery techniques, etc. The results show life quality improvements with on-going benefits over a year.


This paper evaluates if low-income elderly people are sufficiently represented by the situations of general elderly population in the U.S. It calls for a public policy debate to help such old people to age in place in comparison to providing them alternative housing options.


Although previous studies on home-based intervention have shown that it reduces functional difficulties, this study evaluates its long-term mortality effect and found that levels of survivorship have increased up to 3.5 years compared to their initial mortality risk level with minimal difference of up to 2 years. This proves that home-based intervention could be a non-clinical tool to delay the decline of functionality and mortality.


This article shows the results of a survey done in the US by AARP in 2010. Over 1000 people age 45+ participated. The findings show that the majority of older adults did not want to relocate, that they want to remain close to friends and family, and that they want to be in proximity to places they need to go to.


By surveying almost 300 age-friendly community initiatives in the United States, the paper dives into the possibility of meeting the older person’s needs without having to increase the government’s intervention. It also deliberates over the
sustainability of existing efforts, and accessibility to less fortunate individuals and communities.


This paper discusses the OASIS community-based model for successful ageing. Older Adult Service and Information System (OASIS) is a US-based national non-profit organisation that addresses the diverse needs and interests of people age 50+. It seeks to promote successful ageing through intellectual stimulation, active and independent lifestyles, and meaningful contributions using evidence-based programmes. It operates in more than 35 cities across the US.


This paper reports the development of a research-based design model for elderly housing design. The Architectural Research Consortium started by Orfield Laboratories (Minneapolis, USA) has since 2009 studied the relationship between sensory and cognitive activity decline and proposed building performance standards for seniors housing architecture and design. This research-based design programme helps to overcome definitional problems when designing buildings for the older person.


Based on a random sample of 1670 older adults in Atlantic Canadian community, this paper seeks to find out the housing preferences of elderly adults and the factors that determine their housing preferences. It used hierarchical logistic regression to decide on the types of housing and support services preferred. It provides insights to housing developers in the public, private and non-profit sectors on how to be responsive to the needs of older community.


This article reviews past and present housing policies and their impact for low-income elderly population in USA. It assesses the trend of traditional public housing being replaced with subsidised housing options and suggests options to ensure that vulnerable older population can afford their retirement housing in a market-driven economy.

In Canada, there is currently a shortage of affordable housing that caters to the needs of the elderly. In consequence, the waiting lists for elderly housing in some states are over 2 years. A senior advocate said that because of this, many of the elderly are rushed into nursing homes. Canada needs to take the cue from other countries including Singapore and Hong Kong about providing more affordable age-friendly dwellings.


The paper reports a 12-month prospective cohort study of 250 older homeless adults in Boston, Massachusetts, USA. Conducted in 2010 with a 12-month follow-up, the researchers evaluated the effect of obtaining housing on geriatric conditions and the use of acute medical care. It found that 41 % of the subjects who got housing within a year are less likely to suffer from ailments such as depression compared with those who remained homeless. It is also less likely for them to require extensive medical care.


This article describes elder-friendly devices that can be added to homes. They include grab bars in the bathroom, motion trackers and some other installations that may aid the elderly in their everyday lives.


The book chapter discusses the ways in which providers of retirement housing can best help residents to live comfortable lives in their old age.


Over the past few years, physical space of homes in Britain is getting smaller. This article reviews space standards in Europe and found that these standards often help to prevent too many rooms being crammed onto shrinking floor plates. In particular, increased space in residential areas would contribute positively to family life with people of any age. Drawing on interviews with regulators, architects and other building professionals in Turin, Italy, the authors went on to show that an appropriate and context-specific balance between flexible regulation and innovation in design is often needed to attain greater functionality and liveability in new housing.

There are insufficient available and affordable homes in Teton County, Wyoming, thus leading to housing anxiety for those who have difficulty securing permanent housing. Taking this as the departure point, the author studies how housing anxiety affects people, both physically and mentally. He analyzes measures taken to address housing anxiety. People with housing anxiety are found to be more likely to suffer physical ailments due to exposure to unhealthy environmental stimulants. In the case of the elderly, they are more likely to be afflicted by premature ageing and alcohol abuse.


Builders of senior housing are racing ahead of demand, with the supply quickly increasing in many major metropolitan areas across the Sunbelt and elsewhere in USA. Analysts predict this may lead to higher vacancy rates and lower rent increases for real estate firms that own housing for the elderly.


An advocacy group, LiveOn NY, reported their findings from a study that there are 39 under-utilised parking lots in New York City, which can be potentially converted into housing for the older population.


Patel Taylor was assigned by the London Borough of Barking and Dagenham in August 2012 to develop a housing design suited to the needs of the borough’s ageing population. The scheme is based on the concept of traditional English almshouse and designed to be low-cost, wheelchair accessible and comply with current national and local planning policy guidelines. Built on two brownfield sites, the 39 units of courtyard housing are designed so that the elderly could age as peacefully as possible in their own homes.


This qualitative study investigates traditional houses and new houses installed with low carbon heating systems. It found that old people are rather sensitive to the thermal conditions of a house and would take actions to improve the thermal
conditions in order to meet their preference. Some would value thermal comfort over energy efficiency. The low carbon heating system was observed not to cause much dissatisfaction though some respondents showed a preference for traditional heating means.

2.5 General (Other Regional Works)


This book chapter discusses how residential and activity behaviours of older people impact on their environmental experiences. This has implications for quality of life, which is often assessed by people’s views and beliefs of the environment. Their responses to their environment’s subjectively interpreted content are referred to in this chapter as people’s environmental experiences or experiential environment.


The authors of this book chapter believe that it is unlikely that extended family support systems will lead to reduced external community support services for the elderly. They add that many of the elderly would like to move into supportive housing should they be unable to care for themselves independently.


This chapter discusses whether the older population living in the suburbs differ in their degree of satisfaction with their current living arrangements, the belief that they will need to relocate soon, and their degree of interest in varying residential options. The authors found that generally, older people have a high degree of satisfaction with their current living arrangements.


This book presents and analyzes the issues associated with aging in place. It address the issue of control and how access to society and being allowed to have choices about services and facilities increases independence among the elderly.

Using data from a 1987/1988 survey conducted in seven developing countries under an United Nations project, this article reviews living arrangements of the older population and concludes that the elderly typically choose to live together with their children despite changing socioeconomic and demographic settings. The findings suggest that individual characteristics and socioeconomic factors affect living arrangements of the elderly more in some geographical areas than others.


This chapter discusses how residential environments for the elderly need to be improved. The authors seek to bridge the gap between theory (the theoretical framework used by researchers to understand the environment) and practice (application of decisions by housing designers and urban planners).


This book has two parts. The first part focuses on barrier-free design in Japan, United States, Canada, Netherlands as well as Israel and Singapore. The second part covers the phenomenon of elderly persons ageing in place in subsidised housing and discusses possible future implications for ageing population.


The author raises two factors that have made ageing in place a prominent concern in policymaking. First is the exponential growth rate of people who own their own homes after World War II. The other is that many old people end up in nursing homes while they can and should age in place at home.


This book chapter aims to assess housing quality of the older person. It emphasises that the home is a safe space for the elderly and discusses a public health framework for elderly housing quality.

This book elaborates on the importance of living arrangements and social relationships in the lives of older people. It discusses the availability of relatives, structure of the family and social networks, among other things.


This book covers two major public policy debates. The first is about who has to take care of elderly people. The second is how income, health, social services and housing need to work in tandem to support the older person. The solutions to these two debates may be different in different countries. However, all countries has the overarchig aim to promote a supportive environment to the elderly. Countries reviewed include Australia, Denmark, Hong Kong, India, Israel, Japan, Korea, the Netherlands, Singapore and Taiwan.


As the elderly population in the world increases, changes in housing provision that take account of the importance of designing with improved standards of accessibility and safety will become pertinent. The authors compared prevailing European standards and the likely effectiveness of future Asian initiatives. The authors propose the need for higher standards of housing for the elderly and a wide range of alternatives for elder-friendly housing in the future.


This article compares the different approaches to housing vulnerable older people in Western industrialised nations against those of the recently industrialised countries and developing Asian nations.


This book shares a variety of views and multi-disciplinary research on how space and place play an important role in older people’s lives and those who are taking care of them. Some of the topics covered include issues and perspectives in geographical gerontology, home as the physical site for providing care, physical ageing and use of space, etc.


Offering international and multi-disciplinary viewpoints, the authors examined the definition of home to the older person and the ways in which this meaning could be sustained, endangered or adapted according to changes related to growing old.

This article describes recent developments in senior housing in different countries. The data collected by the author hints at two important issues faced by traditional societies in the design of housing for the elderly. One is the possible encounter between Western code of regulations and cultural belief systems. The other is the contradiction with cultural norms concerning privacy and intimacy in Eastern cultures.


This study aims to find out the meaning of home from the perspective of elderly who live alone in Sweden. The authors have categorised the responses into two key areas: the significance of home in terms of security and freedom, and conclude that the home environment influences old people’s way of life and activities that they may engage in.


This paper explores the correlation between aspects of objective and perceived housing and healthy aging. The relationships between housing and healthy ageing in five European countries are compared, namely, Sweden, Germany, Britain, Hungary and Latvia. The findings imply that home modification and relocation should be negotiated with older people rather than prescribed to them.


East Asian countries have been studying European systems of housing and related policies, especially that of United Kingdom. In this volume, six East Asian countries—Singapore, Hong Kong, China, Republic of Korea, Japan and Taiwan—are compared with housing systems in United Kingdom and other European countries.


Based on evidence from focus groups discussions with caregivers and service providers, this report by the World Health Organisation presents older people’s descriptions of the advantages and limitations of their city living in 8 areas including housing, which is featured in Part 7. Part 7 includes an age-friendly housing checklist, covering essential factors to be considered when providing housing for the elderly.

A study on what liveability means to those working with older adults was carried out. The two regions covered in this study are Minnesota in the United States and Yangcheong-gu in the Republic of Korea. The results show that a consumer-driven approach and working in tandem with the community are necessary to achieve liveability for the elderly. Four common themes on liveability are identified, that is, affordability, safety, accessibility and active engagement.


This study explores the relationship between health and home from the experiences of Swedish elderly who live alone. The results reveal that the home is ‘the hub of health’, both as a source of support for health as well as an inner driving motivation to maintain good health. The implication is a need to consider health in intervention for optimum housing arrangements for the elderly.


With more than 15 expert contributions, this manual provides the principles and processes of planning and design for the elderly, providing insights from sustainability to the design of home interiors and outdoor spaces.


This article provides content analysis findings of the extant literature on age-friendly communities. The literature includes peer-reviewed articles, ageing research institutes websites or databases as well as grey literature searched and identified via Google search engine. Emerging policy trends and models are evaluated. Future research focus and directions are recommended.


This article describes the effects of housing in elder-friendly communities, the problems faced when living in conventional housing as people grow older and the necessity to adapt existing housing for older people. It discusses various ways to help the elderly with home modification, universal design, relocation options and resources for low-income older people.

This paper compares the origins and growth of hospice and palliative care (HPC) in Japan, Republic of Korea and Taiwan. It discusses how HPC started, the meanings behind the language and symbols, religious reasons, cultural issues, how HPC is used, government involvement in HPC and the problems that affect people’s choice and decision to use HPC. It identifies the factors that influence people’s perceptions and acceptance of hospice.


An introductory article to a special issue, it puts together issues to get an in-depth understanding about ageing, family, community and social policy. It addresses housing issues such as “Aging in Place through Home Modifications”, which encourages and reduces forced move from current residential locations, avoiding relocation stress syndrome or transfer trauma among older people.


This paper discusses the responsibilities of providing housing, health and personal care, psychosocial emotional care, financial security and old people as useful human resource in Asian countries that have an increasing ageing population. It concludes that this responsibility should be an effort made in tandem between the public and private domains.


This paper examines policy responses of three East Asian economies: Japan, Singapore and the Republic of Korea. Home ownership for the elderly is intended to make them less reliant on family support. Governments have introduced mechanisms where older people are able to realise some of the equity they have developed through the housing market. The mechanisms include downsizing, rental solution and forms of reverse-mortgage products.


This volume compares public housing in Asian countries (China, Taiwan, Singapore, Japan, Republic of Korea) with those in the West (North America, Sweden, Netherlands and UK). It traces the development of housing and discusses the policies for public and social housing in these countries with discourse on elderly households and housing for seniors.

This paper presents a methodology to investigate the risk of falling associated with the architectural design of staircase in order to suggest best practices to create elder-friendly design that enhances safety for older adults. The proposed methodology uses the concept of evidence-based assessment to evaluate staircase elements such as handrail and step design.


The paper examines the correlation between the range of housing aid provided to support ageing in place and the housing system. Research was conducted on eight European countries with various housing and welfare systems: Austria, Germany, Czech Republic, Hungary, Italy, Poland, Slovakia and Slovenia. The results show that with less people owning homes and more living in rental housing, there is a higher probability for a wider supply of housing subsidies and options available to the elderly along with more innovative features.


The paper argues that in the absence of standards, guidelines and specific requirements for the physical environment for the elderly in Europe at the present time, housing for the older population is often a handicap rather than a comfortable, inspirational or safe environment. It offers a first translation of a guideline for indoor environment (acoustics, light, air quality and indoor thermal climate) for independent and vital elderly. The effect on non-vital elderly (i.e. those suffering from dementia) is not included in this study.


This paper aims to fill the gaps of past studies on how technologies could support the lifestyles of the elderly in their homes. The study specifically looks at the lower socioeconomic status group within their homes in both rural and urban settings. The findings conclude with insights for researchers and designers in building technologies to support this population group to age in place.

This paper showcases the results of three architectural competitions on elderly housing. It concludes that the connection between architectural design and the needs of the older population has not been properly addressed. There is a requirement for further work in the area of housing for Swedish older people.


This paper reports the findings from the European InnovAge project, which aims to develop an innovative ICT tool to help the elderly in Europe to search for better housing. Using a participatory design focus and user involvement (experts, professionals and people with different disabilities), identifying differences in potential users, user priorities, housing options and accessibility will support the development of a user-friendly tool, which allows the older adult to search for housing options in a more efficient manner.


Co-housing schemes in Finland are designed to enable social contacts and mutual support for the older adults. A study was done on a senior co-housing community in Finland. The aim is to find out from the older residents what “sense of community” means to them by getting examples about how a sense of community becomes visible in their daily lives. The findings reveal that the development of a sense of community is an on-going process and that instead of ageing in place, later life moves (motivated by factors such as the search for a better life and happiness) to a new living environment of their own liking can proactively improve and offer a meaningful life in old age. It can enact housing solutions that bring about a sense of community among the elderly.


More than 90 % of the elderly people in Iceland live independently in their own homes. Nevertheless, the service and home care are not in pace to cater to the accompanying needs of an ageing population. Guidelines on integrated service housing need to be in place, from the government. Such service will improve the elderly’s quality of life for better independent living.

Wiseman’s 1980 Behavioural Model of Elderly Migration is a framework that provides insights into behaviours and conditions of the older person. Understanding Wiseman’s model may enable those working with old people to make certain that the elderly reside in areas that can fulfil their wants and needs.


This paper studies the ways that the aged could be active participants by allowing them to participate in the planning and assessment process of developing local neighbourhoods. The crucial factors for aging in place are accessible housing and local networks for elderly services.


Deciding where an elderly person is to reside is not a simple task. This is because the older person can have impaired mobility, health problems and may require prolonged care. It therefore requires team effort. The article mentions that such team comprises of different professionals including geriatric care managers, attorneys, financial planners and general practitioners.


This article discusses housing allowance, which is an economic benefit for the elderly in Norway. It reports a study of Norwegian elderly who have been receiving such housing allowances. The results indicate that they still feel financially in need despite the perceived importance of financial support that the allowance offers.
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